

Colebrook Recreation July 1, 2020 Minutes

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Meeting via Zoom conference call (public invited via agenda)

Present: Chris Waring, Dan Ward, Dave Hotchkiss, Kim Janak, Katie Martin

JUL 06 2020

Absent: Justin Truskauskas, Roxanne Puhalski

COLEBROOK TOWN CLERK

1. **Called to order** at 6:33 p.m.
2. **June Minutes** – Motion to approve: Kim 1st, Dave 2nd, Minutes were amended and approved.
3. **Recreation finances-** N/A
4. **Summer Baseball clinic** – Discussion about feasibility with resumption protocol plan that Kim and Dave utilized from Torrington Little League as they are playing this summer following state COVID protocols. Discussion about areas of document to adjust. (See attached document). Fee for 4 weeks with two nights of practices: \$20 per player as minimal cost for extra cleaning supplies and thermometer purchases. Clinic to start this July 7 and end Aug. 6th. Question from Dan about insurance during this time. Dave will call Tom in am. Motion to approve summer baseball using "2020 Colebrook Baseball Season Resumption Plan" dependent upon approval from our insurance rider. Kim 1st, Dave 2nd. MOTION PASSED: 4 approved, Chris- Abstain.
5. **Summer soccer clinic** - Katie and Dan proposed to hold a soccer clinic for 3 weeks after baseball clinic conclusion. Starting the 2nd wk of Aug with 2 nights/wk possibly Tuesdays and Friday early evening. Will utilize protocol Dave is following for baseball. By that time, phase 3 of CT Covid protocol will be set and will monitor for further changes. Board to reconvene to review protocols and establish routine. Kim will create Covid protocol document with soccer wording and create a registration/waiver for the soccer clinic.
6. **Archery** – Kim suggested to hold one week of class as last year. All agreed with sharing equipment and sanitizing bow/arrows after each usage would be monotonous. Plus, with soccer clinics being held during August and having students have to choose between that Board thought best to hold next summer.
7. **Basketball tournament in Winsted** – Kim shared that Winsted holding a 3 vs 3 team tournament in August via a flyer received from Justin. Board apprehensive as basketball more of a contact sport. Speculation that hosting in Aug. as phase 3 of Covid state guidelines will be in effect as of July 17. Kim will tell Justin to share with his basketball player parents if interested in participating.
8. **Adjournment-** Kim adjourned meeting at 7:49 p.m. Dan 2nd.

Respectfully submitted,

Kim Janak

COLEBROOK RECREATION DEPARTMENT
SUMMER BASEBALL CLINIC -Youth waiver form
Starting Tuesday, July 7, 2020 – Thursday, August 6, 2020
(practices on Tues. and Thurs. nights at 6 p.m.)

***this form, Baseball Resumption Plan, and PAYMENT due night of first practice OR
NO PLAY!

PLAYER NAME _____ PHONE NUMBER(S) _____

DATE OF BIRTH _____ AGE ON 8/31/20 _____ GENDER _____

STREET ADDRESS _____

E-MAIL (include all) _____

ANY KNOWN MEDICAL CONDITIONS? _____

I/We, the parents/guardians of the above named player hereby give my/our approval to participate in any and all Colebrook Recreation Department Baseball League activities, including transportation to and from the activities. I/We know that participation in baseball or softball may result in serious injuries and protective equipment does not prevent all injuries to players, and do hereby waive, release, absolve, indemnify, and agree to hold harmless the Colebrook Recreation Department, Town of Colebrook, the organizers, sponsors, supervisors, participants, and persons transporting my/our child to and from activities from any claim arising out of any injury to my/our child whether the result of negligence or for any other cause. I/We agree to return upon request the uniform and other equipment issued to my/our child in as good condition as when received except for normal wear and tear. The Colebrook Recreation Department requires that all Minor and Major League male players wear an athletic cup for safety.

SIGNATURE(S) _____ DATE _____

PRINT NAME(S) _____

REGISTRATION FEE: ONLY \$20! Checks payable to Colebrook Recreation Department

**Payments must accompany this form on first night of practice along with Baseball Resumption Plan form or your child may not play.*

If you have any questions about the program, please contact Dave Hotchkiss @ 860 309-4811 or email at dave.hotchkiss@sbcglobal.net

**HEALTH FORM INFORMATION MUST BE
COMPLETED
(PLEASE SEE BACK OF THIS FORM)**

Parental Consent for Emergency Treatment for Minors

I authorize any licensed physician to provide proper treatment, order injections, hospitalize, give anesthesia or perform surgery for:

Name: _____ Age: _____

Telephone: _____ Address: _____

While participating in (name of sport): _____

Insurance requires that boys wear protective equipment (athletic supporters). I understand that this authorization is given prior to any need for medical care, but is given to avoid unnecessary delay in the treatment which a physician may deem available in the exercise of his/her best judgment. I presume reasonable attempt will be made to contact me at:

Telephone number (home) _____

Telephone number (work) _____

Telephone number (cell) _____

Medication: _____

Allergies: _____

Date of last tetanus shot: _____

Insurance Co: _____ Claim# _____

Child's Physician: _____

Physician's telephone number: _____

Alternate Physician (if any): _____

Alternate Physician telephone number: _____

I prefer the following hospital: _____

I prefer the following Surgeon: _____

Surgeon's telephone number: _____

PARENT(S) SIGNATURE: _____ DATE: _____

2020 COLEBROOK BASEBALL SEASON RESUMPTION PLAN

Playing is optional. The focus of this baseball clinic will be on player development and for the players to have fun learning and playing with each other.

Following the new guidelines is mandatory and non-negotiable. Anyone who does not follow social distancing or any said regulations, will be asked to leave the field with his/her child/player.

- Practices – Tuesdays and Thursdays starting July 7th – Colebrook Baseball field (road behind town hall). Baseball clinic ends Thursday, August 6th. Fee: \$20 per player
- **Medical waiver form, fee and this signed form MUST be returned to the coach prior to the first practice or no play!**

COLEBROOK ADDITIONAL GUIDELINES

Safety bins containing:

- Infrared, non-contact Thermometer (batteries)
 - Masks (for Coaches & players who want/don't own one)
 - Disposable Gloves
 - Hand Sanitizer (1 per team)
 - Disinfectant Spray/wipes
 - Paper towels
 - Tape measure
 - Caution tape
- Temperature checks will be taken upon arrival for EVERY player, coach, and parent/guardian of the player for EVERY practice. Anyone with a temperature of 100.4° (as recommended by the CDC in their definitions of symptoms of reportable illnesses) or higher will be asked to return home and not be able to participate that day. Coaches will keep a record of every temperature taken for every person at field.
 - Coaches and players will be asked to hand sanitize upon arrival to practice to ensure cleanliness and safety precautions during COVID
 - Keep team rosters to 9 or 10 players
 - All players must have their own:
 - **Baseball Glove**
 - **Bat**
 - **Helmet**
 - **Water bottle**
 - **Chair**
 - **Catcher's equipment (if wanting to play catcher)**
 - Coaches will clean, disinfect & distribute helmets to players who don't have one.
 - If a bat is shared, it MUST be wiped down immediately following the completion of the at-bat.

- All high-touch points will be disinfected after EVERY practice by each team's coach.

No Handshakes/Personal Contact Celebrations:

- Players and coaches should take measures to prevent all but the essential contact necessary to play. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
- Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of any practice or game to minimize unnecessary contact with players, coaches.

Drinks and Snacks:

- Athletes, managers/coaches, and umpires should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name.
- Individuals should take their own drink containers home each night for cleaning and sanitation or use single-use bottles.
- Players may not share beverages or snacks. Players should bring his/her own individual, pre-packaged food, if needed.
- The snack shack will not be open during this time.

Spitting, Sunflower Seeds, Gum, etc.:

- Sunflower seeds, gum, etc., should not be allowed in dugouts or on the playing field.
- All players and coaches are to refrain from spitting at all times!.

Personal Protective Equipment (PPE):

- All managers/coaches, volunteers, etc., should wear PPE whenever applicable and possible, such as cloth face coverings and protective medical gloves.
- Players should wear cloth face coverings when in close contact areas and in places where recommended social distancing is challenging or not feasible.
- Players will be permitted to wear a cloth face covering on the field during game play, if physically able to do so, based on any directive of a medical provider or individual determination of the player/parent/guardian.

Dugouts:• Dugouts will be permanently closed during this time.

Practice protocol:

- Coaches and players will be assigned spots along the fence so that they are at least six feet apart.
- Players are to stay at their assigned spots when on the bench or while waiting their turn to bat.

Player Equipment:

- Player equipment should be spaced accordingly outside the dugout to prevent direct contact.
- Players should have their own individual batter's helmet, glove, bat, and catcher's equipment.
- Measures will be enacted to avoid, or minimize, equipment sharing when feasible
- Some critical equipment may not be able to be obtained by every individual. When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA-approved disinfectant against COVID-19 and allowed sufficient time to dry before it can be used by a new player. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher's mask, helmets).
- Player's equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each use by a parent/guardian/caretaker, where applicable.
- Individuals disinfecting equipment are encouraged to use gloves while using disinfectants and follow the manufacturer's directions for use. All disinfectants should be stored properly, in a safe area, out of reach of children.

Baseballs:

- Baseballs will be rotated through on a regular basis, at least every two innings, to limit individual contact.
- Catchers should retrieve foul balls and passed balls where possible.
- Balls used in infield/outfield warm-up should be isolated from a shared ball container.
- Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. No spectators should retrieve the ball.

Equipment Inspection:

- Players will place individual equipment in a well-spaced out manner for inspection. Coaches should avoid direct contact with equipment where possible, when required, use hand sanitizer that contains at least 60 percent alcohol after the inspection of each individual piece of equipment.

Spread Out Scheduling of Practices:

- Ensure that practices follow all local and state directives regarding the number of people allowed to gather in one place.

Limiting Spectator Attendance:

- All spectators should follow best social distancing practices — stay six feet away from individuals outside their household; wear a cloth face covering; avoid direct hand or other contact with players/managers/coaches during play.
- Spectators will be limited to only essential volunteers and limited family members per household.
- Spectators should bring their own seating or portable chairs.
- Bleachers will be closed during this time.
- A spectator with any of the following conditions should not attend a practice or game until evaluated by a medical provider and given clearance to do so:
 - Active COVID-19 infection
 - Known direct contact with an individual testing positive for COVID-19
 - Fever
 - Cough
 - unable to follow state quarantine guidelines if traveled in high risk Covid states
- Those at higher risk for severe disease should consider consultation with their medical provider before attending a practice and should ensure the strictest adherence to guidelines regarding face coverings, distancing, and handwashing. Such groups include:
 - Those with a serious underlying medical condition, including heart disease, morbid obesity, diabetes, lung disease, immunocompromised, chronic kidney disease, chronic lung disease and those over 65

Post Information to Promote Everyday Preventive Actions:

- Posters and signs will be posted to frequently remind visitors to take steps to prevent the spread of COVID-19. These messages may include information about:

- o Staying home if you are sick or do not feel well, and what to do if you're sick or feel ill.
- o Using social distancing and maintaining at least six feet between individuals in all areas of the ball field and parking lot.

Member Communication:

• Information will be communicated to all families, volunteers, and spectators about the Coronavirus risk and the efforts the Recreation Board will be undertaking to mitigate those risks, as outlined above. Information should be disseminated by way of email, coach talks, and public announcements.

COLEBROOK PROCEDURE AWARENESS FORM

Thank you for your continued trust in Colebrook Baseball and the Colebrook Recreation Department.. As with the transmission of any communicable disease like a cold or the flu, you may be exposed to COVID-19, also known as "Coronavirus", at any time or in any place. Be assured that we are following regulations and recommended universal personal protection and disinfection protocols to limit transmission of diseases.

Despite the league's careful attention to sterilization, disinfection, and use of personal barriers, there is still a chance that you or someone in your family could be exposed to an illness, just as you might be at your gym, grocery store, or favorite restaurant. "Social Distancing" nationwide has reduced the transmission of the Coronavirus. Although we have taken measures to provide social distancing in our league, due to the nature of the activities we provide, it is not possible to maintain social distancing at all times.

By allowing your child to participate in the 2020 Colebrook Baseball summer clinic season, you are aware of these circumstances and the measures taken by the league and its volunteers to prevent them.

I am aware of Colebrook Baseball procedures and policies concerning the return to play for the 2020 season.

SIGNED NAME DATE PRINTED NAME