

QPR

Question. Persuade. Refer.



Three simple steps that anyone can learn to help save a life from suicide.

Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year, thousands of Americans like you are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in as little as 90 minutes.

As a QPR Trained Gatekeeper you will learn:

- How to recognize the warning signs of suicide
- How to offer hope
- How to get help and save a life

Upcoming Classes:

8/25 - 6-8pm

95 River Road, Canton

9/22 - 6-8pm

95 River Road, Canton

Call Justine to register
(860) 352-2333 x312