

Community & Senior Center of Colebrook Newsletter



March

2023

*Happy St.
Patrick's
Day!*

NEWS FROM THE FIRST SELECTMAN'S OFFICE

MARCH 2023

SEEKING LIFEGUARDS FOR THE 2023 SEASON

We are current seeking life guards for the 2023 season at the Colebrook Pond. Applicants must be at least 16 years old and have Red Cross certification. Any interested Colebrook resident who is not yet certified may have the opportunity to do so through the town. For further information please contact Karen Odell in the First Selectman's Office @ 860-379-3350 Ext. 201 or email kodell@colebrooktownhall.org

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. You must call **860-379-1662** by Thursday of each week for Friday morning pickup.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

WINTER SAND

Sand mix is available for COLEBROOK RESIDENTS ONLY by hand bucket at the Town Garage, 43 Sandy Brook Road. Limit 2 hand buckets per resident per storm event. Any questions call the Town Garage 860-379-8306

ENERGY ASSISTANCE APPLICATIONS BEING ACCEPTED

The Selectman's Office is now making appointments for energy assistance applications. Please contact Karen to set an appointment, or if you have any questions. 860-379-3359 ext.201 or email kodell@colebrooktownhall.org

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201 or email kodell@colebrooktownhall.org

News from the Community & Senior Center of Colebrook (CSCC): March 2023

Hello everyone. I hope you are pushing your way through the Winter and the crazy seasonal weather we have been having. In like a Lion, is an accurate statement so far and we can only expect that when it goes out like a lamb, Spring will be upon us! With Spring comes new life, energy and growth. I am feeling a sense of excitement here at CSCC with planning many events that will be new and will help facilitate the connection of the community in Colebrook since the Covid 19 pandemic. It's time...CSCC will be hosting a Spring Fling Community Social on May 7, 2023 from 1-4pm. This will be a great opportunity to connect with neighbors and friends and make new acquaintances. We'll provide Finger Foods, Ice Cream, Beverages and Music. You provide the conversations. We'll also have some local business people, volunteer organizations and town employees available for questions and conversations. Bring your family, invite your friends and come out and help us celebrate Spring at this old-time Community Social.

We have a lot of upcoming events:

An evening and Day of Scrapbooking on Friday March 10, 2023 from 4-8pm and Saturday March 11, 2023 from 9am-6pm. See the flyer for more details.

St. Pat's Day Lunch & Bingo on March 15, 2023 starting at 11:30am at Crystal Peak, Torrington. Please RSVP and purchase your ticket by March 7, 2023. See the flyer for more details.

A St. Patrick's Day Luncheon on March 16, 2023 at 12:00pm

A 2nd presentation on Tiger Tales by Laurie Desjardins on March 16, 2023 at 12:30pm

The Garden Group's first meeting Thursday April 13, 2023 at 1:30pm. Get your Garden ready for Spring and plan some wonderful trips!

We will be bringing back sharing time here at CSCC with The Colebrook Consolidated School students starting in April 2023. The tentative date is breakfast on Tuesday April 25, 2023 and the students will be sharing their Nature's Classroom experience. More details will be coming soon!

Spring Fling Community Social Sunday May 7, 2023 from 1-4pm. Details Above!

(Please see the flyers and newsletter for more information)

We had a great group head down to The Hartford Garden and Flower Show! It was amazing to see the beautiful displays of fully functioning Gardens. I only wish we could have walked into the displays and been able to have a personal experience to be engulfed by their beauty. Most of the flowers were forced to bloom well before the season allows them to, which made you feel like Spring had already arrived! This was an awesome feeling and certainly welcomed, at this time of year. All of the work and effort that goes into such a successful event overwhelmed me and excited me as the upcoming Spring Fling Event and new programs are being planned. Please think about how you can participate in making The Spring Fling Community Social a great old-time event, and I hope to see you there!

We are forever grateful and thankful for your continued support. Come and share some time here with us, and see what we are all about at The Community & Senior Center of Colebrook!

Have a Very Happy St. Patrick's Day!

Debbie

We Wish you a Very Happy Birthday!!

March Birthdays:

Ben Eveland	3/1	Nicholas Pisani	3/16
Herman Parent	3/3	Betty Foglia	3/17
Deborah Schoenherr	3/4	David Mapes	3/17
Doris Geer	3/8	John Young	3/20
Lee Gangaware	3/11	Sharon Haggart	3/27
Corrine Roudi	3/14	Janine LaPlante	3/28
Carol Sherwood	3/14	Maureen Bascetta	3/28
Eric Wanner	3/14	Cindy Fixer	3/31

We will be having a **Birthday/St. Patrick's Day Lunch Celebration** on **March 16, 2023 at 12:00 pm**. Birthday Attendees receive a free lunch!

The menu consists of:

Shepherd's Pie and Irish Soda Bread, Drink and Birthday Cake. Please RSVP by **March 14, 2023** to book your reservation. On that day come and join us for a 2nd talk of Tiger Tales, presented by Colebrook resident, Laurie Desjardins. She will be sharing pictures and her experiences about rescuing Lions, Tigers and even a few bears. We hope to see you there.

Community & Senior Center (CSCC) Memberships: \$5 Membership runs January 1, 2023 - December 31, 2023. With your paid membership or donation of at least \$5, you will receive a \$5 coupon to use towards any meal or event that is scheduled through CSCC. This is a way to let us offer your membership for **zero cost** to you. You will also receive a free birthday lunch (\$6 value) in your birthday month. If you aren't a member, please stop by and fill out a new membership form. Come and join in the fun!

Newsletter Mailings are \$12 per year. If you would like to be added to the mailing list, send a check to CSCC for \$12 with all of your information. Otherwise, the newsletter will be available at The Community & Senior Center of Colebrook (CSCC), The Colebrook Town Hall, The Colebrook Post Office, and The Colebrook Store, The Beardsley Library, The Norfolk Library. It will also be available at The Barkhamsted Senior Center, The New Hartford Senior Center, The Winsted Senior Center, The Torrington Senior Center, The Canton Senior Center promoting "Seniors with no Boundaries". Please grab a copy and share or share via email.

Newsletter via Email: In keeping with being eco-friendly and conserving paper, it would be more beneficial if we could email you a copy of the newsletter. If you would like to receive the Monthly Newsletter via email, please email me @ seniordirector@colebrooktownhall.org with your name, address, phone number, and email address.

Transit Information: If you need medical transportation call 860-738-9521 and leave a message. If it's an emergency, call 860-379-3359 Ext 201 (Town Hall) If you would like to be included on a trip, come in and sign up and pay the fee and you will secure your reservation. There will be no exceptions. Please see the Trip Policy.

Trip Policy: January 1, 2023

Upon signing up for a trip, **it is required that each person pay for the trip and the van cost immediately when he or she signs up for the trip. This will insure your reservation.** *** The bus fare fee will be determined on the mileage of the trip and how many people attend. This increase in price is because of the rising cost of gas and the van only getting 10 miles per gallon. The more people that join in on trips; the less the cost. Thank you for your understanding. * If there isn't enough interest in a trip (6 or more, local van trips) and the trip doesn't happen because of this, your van trip money will be returned to you, or you can use it on another trip. *If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted.

We Need Your Support: The Community & Senior Center of Colebrook (CSCC) will be offering a wide variety of opportunities for Meals, Activities, Exercise, Health, Social Wellbeing, Recreation and trips. They are wonderful programs that we hope to be able to continue to offer to the community so long as there is continued interest for them. We will need your support in attending them. Our programs and trips are open to anyone. "Seniors Without Boundaries" We are always open to new ideas and suggestions.

Programs:

Breakfast and Lunch:

(All meals can be enjoyed in the Center or can be made to go!)

- **New Update: Please *RSVP for Lunch on the Tuesday of the lunch week by 2:00 pm.** It is very important to *RSVP, in order for me to shop cost effectively and prepare appropriately to avoid waste. I am trying to keep costs low and minimize my trips to the grocery stores. I appreciate your understanding with the rising costs of groceries and gas.

Breakfast: We will be serving breakfast on Tuesdays from 8 to 9:30am. Last order in at 9:15am. The price will be \$5.00. ** Breakfast will be available for dining in or take out. Please specify when ordering.

No RSVP needed!

Lunch: We will be serving lunch on **Thursday's at 12:00pm. Please *RSVP by 2:00 pm on Tuesday.** The price is \$6.00. Lunch will be available for dining in or take out. Please specify when ordering.

Bingo: We will be playing Bingo on **Tuesdays in March at 1:00pm.** Come join in on the fun. ** I am looking for volunteers to help with this program! We are looking for Bingo callers, I can show you how. If you could help, it would be greatly appreciated.

Feet First: Foot Clinics by Visiting Nurse and Hospice of Litchfield County

The first step is to call 860-379-8561 for a telephone Screening. Appointments must be made to attend the clinics, which are located in Torrington and Winsted for which there is a \$30 charge collected at the time the care is given. The clinics are open to persons who do not have peripheral vascular disease, diabetes or have extreme foot swelling. **The Foot Clinic will no longer be offered in Colebrook.**

Blood Pressure Clinic: Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month (**March 21, 2023**) from 8:40am to 9:40am, free of charge!

Dancercise: Come and join us for Dancercise: Fun, lively music of all kinds is used in this class. Work out to easy-to-follow dance and exercise moves. No experience necessary. Come try it with Margaret on **Mondays at 10:30 am**. Classes are \$5

Yoga: Yoga is a mind and body practice. Various styles of yoga combine physical postures, breathing techniques, and meditation or relaxation to promote mental and physical well-being. Join in with Wendy on **Tuesdays at 4:30pm**. Classes are \$5.

Qigong: Qigong is a mind-body-spirit practice that improves one's mind and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Join in with Tina on **Thursdays at 8:30am**. Classes are \$5. March 2 and 9 are available via Zoom. Please call and get the sign in information.

Line Dancing: (NEW) Line dancing is a choreographed dance in which a group of people dance along to lively music in a repeating sequence of steps while arranged in one or more lines or rows. It is a great way to get you movin... and groovin... Join in with Sharon on **Mondays at 1:30pm**. Classes are \$5.

Quilting and Crafts: Come and spend some time being creative and socializing with The Quilting and Crafts group on **Wednesdays 10am to 2pm**. Join us for Quilting, scrapbooking, coloring, jewelry making, knitting, crocheting, or any other craft you enjoy doing. This is a great group that shares Coffee and great conversation. Please feel free to bring your own lunch or snacks. Give it a try and finish up that ongoing craft in no time at all. For more information, please call Phylis Bernard at 860-480-7210 and leave a message.

People who attended the Temari demonstration will be continuing to learn the craft on March 1, 2023 from 9:30 to 10:30.

A walk down Memory Lane: Share a Memory: (NEW Day & Time Change) We will be having this program on **Monday's at 12:00pm** at the Center. Please feel free to bring your lunch. Sit, write or share a story about the good old days! To most people the old days are still in our memory and why not share it between ourselves and make a scrapbook that could be kept at CSCC for future events that younger people can read. There are so many events that we could discuss: A few are: What was your family life like? How were Holidays spent? Where did you spend your vacations? Did you live in the country or city? What kind of car did your family have? When did you get your first TV? We all come from different ethnic backgrounds. Let's share some experiences we had with our family and in our lives and start leaving a legacy. Once you start thinking and talking, the memories will be endless.

The Garden Group: Spring is coming... The next Garden Group meeting will be **April 13, 2023 at 1:30**. The Garden Group meets on the 2nd Thursday of the month at 1:30 pm, from April to October. If you would like to join the Garden Group, please contact Carol Sherwood at cs06098@charter.net with any questions or requests for more information. It's a fun, informal group which I think anyone interested in gardening would enjoy. We do take fun trips and have 3 master gardeners available to answer questions or concerns.

Scrapbooking: (New) Come join in our new scrapbooking evening. We will be having an evening Scrap on **March 10, 2023 at 4pm**. Please bring your dinner or we can order out if you like to eat at CSCC. We will continue on to have a day of Scrapping on **March 11, 2023, from 9am to 6pm**. You can leave all your items on Friday evening and continue on Saturday. Continental Breakfast will be provided along with beverages. Please bring your own lunch and we will be ordering take out for dinner to eat at CSCC. Bring your supplies. Hope to see you there. Everyone is welcome! Come and give it a try, or continue on a project that you hold close to your heart! See the flyer enclosed!

Trips:

Bus Time:	Date:	Destination:	Bus Fee:	RSVP:
11:00am	3/10/23	Rowley Grill Lunch (\$\$) American Mural Project	\$3 \$10 ticket	3/8/23
10:30am	3/23/23	Lunch (TBD) (\$\$) Seven Angels Theater Secondo	\$5 \$38 ticket	3/16/23
9:00am	3/31/23	Little Poland Trip (New Britain) Lunch (TBD) (\$\$)	\$5	3/29/23

* Please sign up for all trips at The Senior and Community Center (CSCC) Please refer to the Trip Policy for additional information. Anyone is welcome! Please Join us! ***These trips are subject to change.

Future Trips: *These are trips scheduled through the Winsted Senior Center. If interested, please contact them directly at 860-379-4252. **See the Winsted Senior Flyer!** These look like great trips.

*****I would like to get a group of CSCC members together to all go on one of Winsted's Big trips. Let me know your thoughts! *****

Our website:

You will always find more information on the Community & Senior Center of Colebrook's (CSCC) website, the Colebrook Town Hall website and the Facebook Page. Please check often for further information on what is happening and any changes that may occur during the month, especially during Covid 19, the flu and RSV. We will try our best to keep you informed and updated. Thank You!

Our Newsletter:

** If you would like to add any events to this newsletter, be sure to have them to Deborah Crowell by the 15th of the previous month. Thank You

** Hall Rentals

The Community & Senior Center of Colebrook (CSCC) has a Fully Equipped Kitchen, Hall Capacity: Table seating 90 persons. Auditorium Seating: 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Call the Community & Senior Center at 860-738-9521 for information or to reserve the hall.

**Advertising:

If you would like to Advertise in our Newsletter to promote your business, items for sale, help wanted ad, etc. Pricing is as follows: 3 Lines: \$10.00 per month. Business Card Size: \$25.00 per month. Please call Deborah Crowell if you are interested.

**Survey (CSCC)

Do you have any suggestions or ideas on what you would like to see happen at CSCC? What programs would you be interested in coming to attend? What community events would you like to see? You could call 860-738-9521 or email seniordirector@colebrooktownhall.org. with your ideas or suggestions. Thank you in advance for you input.

** **CSCC Wish List:** Sometimes we are in need of items to help here at the Center (CSCC). We currently are in need of a **CD /AM/FM radio unit**. Please call me and see if we might be able to use your items that you are no longer needing. Thank You in advance for your help.

Breakfast Only \$5: Tuesdays 8 – 9:30 am Last order in at 9:15am.

We will be offering a variety of Breakfast Items. Come in and join us and have a great breakfast. Eggs, bacon, sausage, hash browns, assorted toast, Bagels, French Toast, Pancakes, Waffles, Omelets, Coffee, Juice and so much more. Different items weekly. Check the menu on our Facebook page, or Website.

Lunch Only \$6: Thursdays 12:00 pm *RSVP by Tuesday 2pm please! *

- 3/2/23 Yummy Hearty Beef Stew, Roll
- 3/9/23 Antipasto Salad (Deb's Way), Italian Bread
- 3/16/23 Birthday Lunch:
 Shepherd's Pie (Happy St. Patrick's Day), Irish soda bread
- 3/23/23 Homemade Mexican Soup and Quesadilla's
- 3/31/23 Pasta & Meatballs with sauce, cheesy bread

All Meals are served with a drink and dessert!

**** Remember all meals can be made to enjoy here at the Center or are available for take out!!! **All of this information is subject to change as we maneuver our way through the Covid 19 Pandemic, The Flu and RSV. We will do everything possible to keep you informed of any changes. Thank you for your patience and understanding!**

Please remember to stay healthy and safe. Our community depends on it!

We hope to see you very soon! Come join in on the Fun!

Wishing you and yours a Very Happy St. Patrick's Day!

Debbie

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Quilting & Crafts 10-2 Temari Class 9:30-10:30	2 Qigong 8:30 Lunch 12:00 RSVP Ukulele Class 6:30-8:00pm	3	4
5	6 Dancercise 10:30 Share a Memory 12:00 Line Dancing 1:30	7 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30 RSVP Lunch 3/9	8 Quilting & Crafts 10-2 Temari Class 9:30-10:30	9 Qigong 8:30 Lunch 12:00 RSVP Ukulele Class 6:30-8:00pm	10 Scrapbooking 4-8 pm Rowley Grill/AMP 11am	11 Scrapbooking Day 9am-6pm
12	13 Dancercise 10:30 Share a Memory 12:00 Line Dancing 1:30	14 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30 RSVP Lunch 3/16	15 Quilting & Crafts 10-2 Temari Class 9:30-10:30 Crystal Peak St Pat's Day & Bingo 11:00	16 Qigong 8:30 Birthday Lunch 12:00 RSVP 2 nd Tiger Tales Presentation 12:30	17 HAPPY ST. PATRICK'S DAY	18
19 Recreation Dept. Pasta Dinner Fund-raiser 4-7pm	20 Dancercise 10:30 Share a Memory 12:00 Line Dancing 1:30 FIRST DAY OF SPRING	21 Breakfast 8-9:30 BP Clinic 8:40 - 9:40/Foot Clinic Bingo 1:00 Yoga 4:30 RSVP Lunch 3/23	22 Quilting & Crafts 10-2 Temari Class 9:30-10:30	23 Qigong 8:30 Lunch 12:00 RSVP Ukulele Class 6:30-8:00pm	24	25
26	27 Dancercise 10:30 Share a Memory 12:00 Line Dancing 1:30	28 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30 RSVP Lunch 3/30	29 Quilting & Crafts 10-2 Temari Class 9:30-10:30	30 Qigong 8:30 Lunch 12:00 RSVP Ukulele Class 6:30-8:00pm	31 Little Poland Easter shopping/Lunch Trip 9am	



Scrapbooking Event

Date: Friday March 10, 2023 4-8pm

Date: Saturday March 11, 2023 9am-6pm

*Where: (CSCC) Community & Senior Center
of Colebrook (CSCC) 2 School House Road*

Colebrook, CT 06021

*Friday: Bring your own dinner or we can
order take out, beverages provided*

*Saturday: Continental Breakfast, beverages
provided, bring your own lunch, we will be
ordering dinner for take out to eat at CSCC*

*Please RSVP @ 860-738-9521 or email
seniordirector@colebrooktownhall.org by
3/8/23 to reserve your spot.*

*We would appreciate you sharing this
information with other scrapbooking friends.*

We hope to see you there!

St. Pat's Day Lunch & Bingo



Where: At Crystal Peak

When: Wednesday March 15, 2023

Time: Starting at 11am

Cost: \$25 Includes Tax & Tip

Let's join together with Barkhamsted, Winsted and New Hartford Senior Center members for some socializing, a delicious lunch including Braised corn beef brisket, cabbage, carrots, potatoes, Irish soda bread and a cupcake for dessert then an afternoon of BINGO with new friends from neighboring towns.



Get your tickets by March 9th. Payment needed when you sign up! Thank You!

Please join us for the **2nd Tiger Tales Presentation** by:

Laurie Desjardins, a local Colebrook resident.

Date: March 16, 2023

Time: 12:30 pm

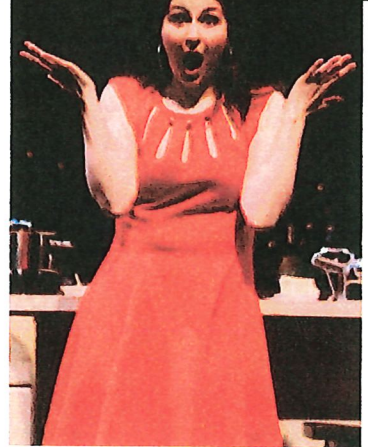
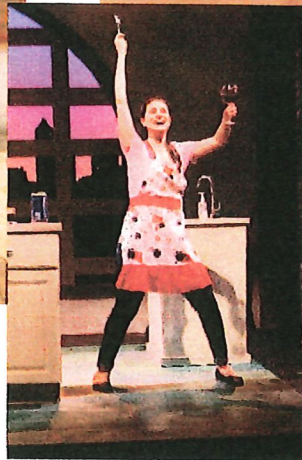
**Place: Colebrook Senior and Community Center
(CSCC)**

Laurie will be sharing her pictures, experiences and stories about rescuing Lions, Tigers and even a few Bears! Join us for the Birthday/ St. Patrick's Day Lunch at 12:00pm. and enjoy a leisurely presentation at 12:30pm. Please call 860-738-9521 by 3/14/23 to RSVP for lunch. We hope you will join us!



A Fabulous Show You Won't Want to Miss at Seven Angels Theatre!

A new play by Jacques Lamarre, the writer who brought us the hits *I Loved, I Lost, I Made Spaghetti*, and *Italian Mom Loves You...*



**Come to the Thursday, March 23, 2PM
Matinee and see *Secondo*.**

Two Hours of Total Fun!

On the evening of her 10th wedding anniversary, we join Giulia in her kitchen to discover how married life has provided unexpected delights and challenges. While Giulia rushes to prepare her anniversary dinner, we learn that a boyfriend from the past has resurfaced to complicate her recipe for a happy marriage. **SECONDO** serves up new stories, delicious food and a bellyful of laughs.

Tickets: \$38

Groups of 40 or more: \$33

**For more information and to book this performance contact Scott Kealey
at GroupSales@SevenAngelsTheatre.org**



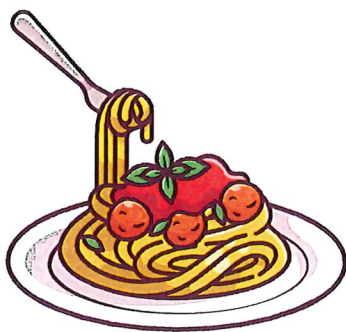
1 Plank Road, Waterbury 203-757-4676 SevenAngelsTheatre.org

Pasta DINNER

FUNDRAISER FOR COLEBROOK RECREATION

Sunday
March 19th
4-7pm

multiple seating times and to go option



Colebrook Senior Center

Adults \$12

Rigatoni Pasta
Homemade Meatballs
Side Dish
Dessert

Children \$8

Gluten free option will be available

Raffles

Fill out a pre-order form by **3/11/23**
CLICK HERE or scan code FOR TICKETS



Tickets at the door will be \$2 more per meal

Contact colebrookrec@yahoo.com for information

Colebrook Organization Contacts

Colebrook Volunteer Fire Dept.

Ben Bartlett, Fire Chief

True emergencies: 911

Forge Fire Station 860-379-1551

Todd Hiller, Deputy Chief

300 Colebrook River Road

Box 5, Colebrook, CT 06021

Center Fire Station 860-379-8989

Craig Carfiro, Deputy Chief

31 Bunnell Street

PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary 860-738-4151

Laura Bartlett

Colebrook Consolidated School 860-379-2179

www.colebrookschool.org

PO Box 9, Colebrook, CT 06021

Colebrook Consolidated School PTO

President: Colette Hiller

Vice President: Ashley Truskauskas

PO Box 9, Colebrook, CT 06021

Camp Jewell YMCA 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op 203-231-7176

Laura Stotler

Colebrook Lions Club 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Chris Waring

PO Box 5, Colebrook, CT 06021

Historical Society 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church 860-238-7633

Rev. Steven P. Blackburn, Ph.D.

471 Smith Hill Road

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair

860-379-3359 x 201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook CT 06021

info@colebrooklandconservancy.org

Useful Phone Numbers

Animal Control Mike Coleman 860-806-1983

Colebrook Consolidated School 860-379-2179

Colebrook Town Garage 860-379-8306

Colebrook Town Hall 860-379-3359

Essential Info Line 211

Farmington Valley Health 860-352-2333

FEMA Disaster Assistance 800-621-3362

Fire Marshall 860-379-3359 x 201

Hartford Healthcare (ER, lab) 860-738-5900

Helping Hands Home Care 860-379-4900

Meals on Wheels 860-482-4151

NW Center for Family Services 860-482-8561

Northwest Transit 860-489-2535

NWCC College 860-738-6300

Region 7 Middle & High School 860-379-8525

Poison Control 800-222-1222

Post Office 860-379-2834

Salvation Army 860-379-8444

Senior & Community Center 860-738-9521

Suicide and Crisis Lifeline 988

USA Hauling & Recycling 860-379-1662

Visiting Nurse & Hospice of Litchfield County

860-379-8561

Western CT Area Agency on Aging (info on

Medigap, Medicare, Medicaid insurance,

homecare, senior employment) 800-994-9422

Winsted Health Center 860-379-0888

State Representative: Jay Case 860-842-1423

State Senator: Lisa Seminara: 800-842-1421

US Representative: John Larson: 860-278-8888

US Senator: Richard Blumenthal: 860-258-6940

US Senator: Christopher Murphy: 202-224-4041

Colebrook Senior and Community Center
P.O. Box 5
Colebrook, CT 06021



COLEBROOK SENIOR AND COMMUNITY CENTER

2 School House Road, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521

Fax: (860) 738-9521

E-Mail: seniordirector@colebrooktownhall.org

Website:

<https://colebrookseniorcommunitycenter.weebly.com>

Town of Colebrook Website: www.townofcolebrook.org