

Community & Senior Center of Colebrook Newsletter



July
2023

NEWS FROM THE FIRST SELECTMAN'S OFFICE

JULY 2023

STILL SEEKING LIFEGUARDS FOR THE 2023 SEASON

We are still seeking life guard applications for the 2023 season. Applicants must be at least 16 years old and have life guard certification. Interested parties who are not yet certified may have the opportunity to do so through the town. For further information please call Karen Odell in the First Selectman's Office @ 860-379-3359 ext. 201.

LABOR DAY FAIR

The Colebrook Labor Day Fair will be Saturday September 2nd this year. There are many volunteer opportunities at the fair. If you are interested in volunteering, please contact the First Selectman's office. Vendors are also needed, the vendor form is available at townofcolebrook.org or contact Amy or Karen agardner@colebrooktownhall.org or kodell@colebrooktownhall.org

INDEPENDENCE DAY GARBAGE PICKUP

Garbage pickup will be delayed one day the week of July 4 for Independence Day. Thursday pickup will be on Friday and Friday pickup will be on Saturday.

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. Call **860-379-1662** by Thursday of each week for Friday morning pickup.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled. If you have any questions about what can be recycled, please call the Town Hall at 860-379-3359 Ext. 201.

TAXES DUE

Taxes are due July 1st, 2023. If not paid on or before August 1st, 2023 the tax becomes delinquent and subject to interest from the due date.

If you have not received a motor vehicle bill or have received it from the wrong town, please contact the Assessor at 860-379-3359 Ext. 206 or assessor@colebrooktownhall.org. The Tax Collectors Office is open Mondays and Wednesdays 9am-12noon, Thursdays 9am-1pm. The office will be open Tuesday August 1st 9am -1pm. Contact Laura Bartlett with any questions 860-379-3359 Ext. 204 or lbartlett@colebrooktownhall.org

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling 860-379-3359 ext. 201 or email Karen at kodell@colebrooktownhall.org.

News from the Community & Senior Center of Colebrook (CSCC): July 2023

My dear friends in Colebrook, it is with a heavy heart that I will be taking a leave of absence for a 12-week period starting July 31, 2023, to attend to a medical condition with my daughter in KY. There will be an interim director stepping in while I am away. I ask for your understanding and patience with this circumstance and the transition. I will miss you all and I would certainly appreciate your prayers. Please stay in contact and I will see you when I return. Have a great summer and stay healthy! Please be sure to look over the newsletter and stay abreast of the happenings here in Colebrook. You can also look on our website and Facebook page for more information.

We have a lot of upcoming events:

July 4, 2023: The Colebrook Associates present 4th of July on the Church Green: See the flyer for the details.

July 12, 2023: Trip to Gillette's Castle and lunch. See the trips page in the Newsletter for more details.

July 15, 2023: Movie Night: Sonic 2 The Hedgehog. See the flyer for the details.

July 19, 2023. Trip to Hopkins Vineyard and Inn for lunch. See the trips page in the Newsletter for more details.

July 21, 2023: The Colebrook Historical Society Invites you to Friday night Gatherings. See the flyer for the details.

July 24, 2023: Trip to Ocean Beach Park, Harkness Memorial Park and lunch. See the trips page in the Newsletter for more details.

July 27, 2023: Lisa Seminara & Jay Case Legislative Update 12:00pm. Join us for lunch at CSCC.

July 28, 2023: Trip to The Farm at New Marlborough for dinner and shopping. See the trips page in the Newsletter for more details.

September 2, 2023 The Colebrook Fair. We are currently looking for vendors. Please call 860-379-3359 X201 if you are interested or need more information. Get in early, it fills up fast!

June Events:

We had a wonderful trip to the Drake Hill Flower Bridge, attended a presentation and history of this bridge and a great lunch at Abigail's restaurant in Simsbury. We also stopped at the Warner Nursery and Garden Center.

We had a successful day of Scrapbooking and enjoyed creating and making memories with great friends.

There was a traditional end of the year picnic for the 6th graders of CCS after a day at the Pond. Thank you for joining us and letting us provide the cook out meal. It was a great weather day and we all had a lot of fun!

We went to the 85 Main restaurant in Putnam, for a superb lunch, then off to Roseland Cottage in Woodstock for a tour of the Cottage and gardens. We had a great tour guide Charlene, who was very knowledgeable in the history of that time and the details of Henry Bowen's life. We were amazed that almost all of the décor in the house was original. We had to wear booties on our shoes and make sure that the items in the home were not handled. The architecture and the ornate woodworking were exceptional. They even had his wife's wedding dress available to see. It was quite an experience overall. If you haven't been, you should go and experience it for yourself. We also stopped for Ice Cream, our favorite pastime at Grass Roots in Granby, CT.

We will be going to Elizabeth Park and The Pond House for lunch on June 30th. I'm sure it will be a great time as usual... I bet we stop for Ice Cream on the way home!

We are forever grateful and thankful for your continued support. Come and share some time here with us, and see what we are all about at The Community & Senior Center of Colebrook! Have a Very Happy 4th of July!

Debbie

We Wish you a Very Happy Birthday!!

July Birthdays:

<i>Helen Campbell</i>	<i>7/1</i>	<i>Karen Odell</i>	<i>7/13</i>
<i>Marveen Pakalik</i>	<i>7/2</i>	<i>Arlene Vanleer</i>	<i>7/19</i>
<i>Francis Jasmin</i>	<i>7/4</i>	<i>Laurie Inglis</i>	<i>7/24</i>
<i>Luciano LaRosa</i>	<i>7/4</i>	<i>Alesia Maltz</i>	<i>7/28</i>
<i>Edward Lestinsky</i>	<i>7/5</i>	<i>Sandra Preston</i>	<i>7/29</i>
<i>Kate Wilcox</i>	<i>7/10</i>		

We will be having a **Birthday Lunch Celebration: July 20, 2023** at **12:00 pm**. Birthday Attendees receive a free lunch!

The menu consists of: Barbeque Chicken, Potato Salad, Cole Slaw, Birthday Cake and a drink. Please **RSVP by July 18, 2023** to book your reservation. Please join us and let us celebrate with you in your birthday month.

Community & Senior Center (CSCC) Memberships: \$5 Membership runs January 1, 2023 - December 31, 2023. With your paid membership or donation of at least \$5, you will receive a \$5 coupon to use towards any meal or event that is scheduled through CSCC. This is a way to let us offer your membership for **zero cost** to you. You will also receive a free birthday lunch (\$6 value) in your birthday month. If you aren't a member, please stop by and fill out a new membership form. Come and join in the fun!

Newsletter Mailings are \$12 per year. If you would like to be added to the mailing list, send a check to CSCC for \$12 with all of your information. Otherwise, the newsletter will be available at The Community & Senior Center of Colebrook (CSCC), The Colebrook Town Hall, The Colebrook Post Office, and The Colebrook Store, The Beardsley Library, The Norfolk Library. It will also be available at The Barkhamsted Senior Center, The New Hartford Senior Center, The Winsted Senior Center, The Torrington Senior Center, The Canton Senior Center promoting "Seniors with no Boundaries". Please grab a copy and share or share via email.

Newsletter via Email: In keeping with being eco-friendly and conserving paper, it would be more beneficial if we could email you a copy of the newsletter. If you would like to receive the Monthly Newsletter via email, please email me @ seniordirector@colebrooktownhall.org with your name, address, phone number, and email address.

****Important Update**Website:** Please visit our website: <https://colebrookseniorcommunitycenter.weebly.com>. We also have a Facebook page under The Colebrook Senior and Community Center. Please **follow** our page, **like** our page and **share** our page. This is the best way to spread the word digitally to get the news of CSCC out to the public. Also add us to your **notifications** and get the information quicker and more efficiently. This is the most effective way to share the great things that are happening at CSCC. We appreciate it!

Trip Policy: January 1, 2023

Upon signing up for a trip, **it is required that each person pay for the trip and the van cost immediately when he or she signs up for the trip. This will insure your reservation.** *** The bus fare fee will be determined on the mileage of the trip and how many people attend. This increase in price is because of the rising cost of gas and the van only getting 10 miles per gallon. The more people that join in on trips; the less the cost. Thank you for your understanding. * If there isn't enough interest in a trip (6 or more, local van trips) and the trip doesn't happen because of this, your van trip money will be returned to you, or you can use it on another trip. *If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted.

Transit Information: If you need medical transportation call 860-738-9521 and leave a message. If it's an emergency, call 860-379-3359 Ext 201 (Town Hall)

We Need Your Support: The Community & Senior Center of Colebrook (CSCC) will be offering a wide variety of opportunities for Meals, Activities, Exercise, Health, Social Wellbeing, Recreation and trips. They are wonderful programs that we hope to be able to continue to offer to the community so long as there is continued interest for them. Our programs and trips are open to anyone. "Seniors Without Boundaries" We are always open to new ideas and suggestions.

Programs:

Breakfast and Lunch:

(All meals can be enjoyed in the Center or can be made to go!)

- **New Update: Please *RSVP for Lunch on the Tuesday of the lunch week by 2:00 pm.** It is very important to *RSVP, in order for me to shop cost effectively and prepare appropriately to avoid waste. I am trying to keep costs low and minimize my trips to the grocery stores. I appreciate your understanding with the rising costs of groceries and gas.

Breakfast: We will be serving breakfast on Tuesdays from 8 to 9:30am. Last order in at 9:15am. The price will be \$5.00. ** Breakfast will be available for dining in or take out. Please specify when ordering.

Lunch: We will be serving lunch on **Thursday's at 12:00pm. Please *RSVP by 2:00 pm on Tuesday.** The price is \$6.00. Lunch will be available for dining in or take out. Please specify when ordering.

There will be NO lunch on July 13 2023!

Bingo: We will be playing Bingo on **Tuesdays in July at 1:00pm. No Bingo July 4, 2023.** Come join in on the fun. ** I am looking for volunteers to help with this program! **We are looking for Bingo callers, I can show you how. If you could help, it would be greatly appreciated.**

Feet First: Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561.

There is a \$30 charge collected at the time the care is given. The Locations are now in Winsted and Torrington. The clinics are open to persons who do not have peripheral vascular disease, diabetes or have extreme foot swelling. **The Foot Clinic will no longer be offered in Colebrook.**

Blood Pressure Clinic: Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month **(July 18, 2023)** from 8:40am to 9:40am, free of charge!

Dancercise: Come and join us for Dancercise: Fun, lively music of all kinds is used in this class. Work out to easy-to-follow dance and exercise moves. No experience necessary. Come try it with Margaret on **Mondays at 10:30 am.** Classes are \$5 **No Class on July 3, 2023.**

Yoga: Yoga is a mind and body practice. Various styles of yoga combine physical postures, breathing techniques, and meditation or relaxation to promote mental and physical well-being. Join in with Wendy on **Tuesdays at 4:30pm. No Class July 4, 2023.** Classes are \$5.

Qigong: Qigong is a mind-body-spirit practice that improves one's mind and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Join in with Tina on **Thursdays at 8:30am.** Classes are \$5. Classes are also available viz Zoom. Please call and get the sign in information.

<https://linkedepilot.com/s/390b9d23/kXFeH09Vf0C274We6LPaXw?u=https://us02web.zoom.us/j/326155172?pwd=Si8veUtsVytwcElWMVRmWS9DbGVhZz09> Meeting ID: 326 155 172 Passcode: Winsted

Quilting and Crafts: Come and spend some time being creative and socializing with The Quilting and Crafts group on **Wednesdays 10am to 2pm.** Join us for Quilting, scrapbooking, coloring, jewelry making, knitting, crocheting, or any other craft you enjoy doing. This is a great group that shares Coffee and great conversation. Please feel free to bring your own lunch or snacks. Give it a try and finish up that ongoing craft in no time at all. For more information, please call Phylis Bernard at 860-480-7210 and leave a message.

The Garden Group: **Spring is coming...** The next Garden Group meeting will be **July 13, 2023 at 1:30pm.** The Garden Group meets on the 2nd Thursday of the month at 1:30 pm, from April to October. If you would like to join the Garden Group, please contact Carol Sherwood at cs06098@charter.net. It's a fun, informal group which I think anyone interested in gardening would enjoy. We do take fun trips and have 3 master gardeners available to answer questions or concerns.

Scrapbooking: (New) Come join in our new scrapbooking evening. Everyone is welcome! Come and give it a try, or continue on a project that you hold close to your heart! **There is no scrapbooking date for July. Check back for a date in August.**

**** (New) ** Do you know me? Legacy Project:** I came across lots of photo albums here at CSCC and I am at a loss of who some of these people are. The albums were here before me so I would like you to take a look and if you know someone, I would appreciate you putting a sticky note on the photo and I can mark the names at a later date. This is a really great way to preserve the history at CSCC. Thank you for your help in this project and I bet you will appreciate and smile at the past events, people and the memories made while participating at CSCC. Thank you for your help. Come in anytime and take a look!

Trips:

Bus Time: Date: Destination: Bus Fee: Ticket: RSVP:

9am 7/12/23 Gillette's Castle \$8 \$6 7/10/23

Lunch (TBD)

Ice Cream

9:30 am 7/19/23 Hopkins Vineyard \$5 \$20 7/17/23

Hopkins Inn Lunch

9am 7/24/23 Ocean Beach \$10 \$5 7/22/23

Harkness Park

Ice Cream

4:30pm 7/28/23 Dinner @ \$3 7/26/23

The Farm New Marlborough

* Please sign up for all trips at The Senior and Community Center (CSCC)
Please refer to the Trip Policy for additional information. Anyone is welcome!
Please Join us! ***These trips are subject to change.

Future Trips: *These are trips scheduled through the Winsted Senior Center. If interested, please contact them directly at 860-379-4252. See the **Winsted Senior Newsletter for details!** These look like great trips.

Our website:

You will always find more information on the Community & Senior Center of Colebrook's (CSCC) website, the Colebrook Town Hall website and the Facebook Page. Please check often for further information on what is happening and any changes that may occur during the month. We will try our best to keep you informed and updated. Thank You!

Our Newsletter:

** If you would like to add any events to this newsletter, be sure to have them to Deborah Crowell by the 15th of the previous month. Thank You

** Hall Rentals

The Community & Senior Center of Colebrook (CSCC) has a Fully Equipped Kitchen, Hall Capacity: Table seating 90 persons. Auditorium Seating: 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Call the Community & Senior Center at 860-738-9521 for information or to reserve the hall.

**Advertising:

If you would like to Advertise in our Newsletter to promote your business, items for sale, help wanted ad, etc. Pricing is as follows: 3 Lines: \$10.00 per month. Business Card Size: \$25.00 per month. Please call Deborah Crowell if you are interested.

**Survey (CSCC)

Do you have any suggestions or ideas on what you would like to see happen at CSCC? What programs would you be interested in coming to attend? What community events would you like to see? You could call 860-738-9521 or email seniordirector@colebrooktownhall.org. with your ideas or suggestions. Thank you in advance for you input.

** **CSCC Wish List:** Sometimes we are in need of items to help here at the Center (CSCC). Please call me and see if we might be able to use your items that you are no longer needing. Thank You in advance for your help.

Breakfast Only \$5: Tuesdays 8 – 9:30 am Last order in at 9:15am.

We will be offering a variety of Breakfast Items. Come in and join us and have a great breakfast. Eggs, bacon, sausage, hash browns, assorted toast, Bagels, French Toast, Pancakes, Waffles, Omelets, Coffee, Juice and so much more. Different items weekly. Check the menu on our Facebook page, or Website.

Lunch Only \$6: Thursdays 12:00 pm *RSVP by Tuesday 2pm please! *

7/6/23 Turkey, Bacon, Lettuce, Tomato Wrap, Fries

7/13/23 NO Lunch served

7/20/23 Birthday Lunch: Barbeque Chicken, Potato Salad, Cole Slaw,

7/27/23 Strawberry Spinach Salad, Homemade dressing, roll

All Meals are served with a drink and dessert!

**** Remember all meals can be made to enjoy here at the Center or are available for take-out!!! The items in this newsletter are subject to change due to unforeseen circumstances. We will do everything possible to keep you informed of any changes. Thank you for your patience and understanding!**

Please remember to stay healthy and safe. Our community depends on it!

We hope to see you very soon! Come join in on the Fun!

Wishing you and yours a Happy 4rth of July!

Debbie

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 CLOSED HAPPY 4 TH OF JULY	4 CLOSED HAPPY 4 TH OF JULY RSVP Lunch 7/6	5 Quilting & Crafts 10-12	6 Qigong 8:30 Lunch 12:00 RSVP	7	8
9	10 Dancercise 10:30	11 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30	12 Quilting & Crafts 10-12 Gillette's Castle Lunch (TBD) 9am	13 Qigong 8:30 NO Lunch Garden Group 1:30pm	14	15
16	17 Dancercise 10:30	18 Breakfast 8-9:30 BP Clinic 8:40 - 9:40 Bingo 1:00 Yoga 4:30 RSVP Lunch 7/20	19 Quilting & Crafts 10-12 Hopkins Vineyard Hopkins Inn Lunch 9:30am	20 Qigong 8:30 Birthday Lunch 12:00 RSVP	21	22
23	24 Dancercise 10:30 Ocean Beach/ Harkness Park/ Lunch (TBD) 9am	25 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30 RSVP Lunch 7/27	26 Quilting & Crafts 10-12	27 Qigong 8:30 Lunch 12:00 RSVP Lisa Seminara Jay Case Legislative Update	28 The Farm at New Marlborough Dinner 4:30pm	29
30	31 Dancercise 10:30					

THE
COLEBROOK ASSOCIATES
PRESENT



JULY 4TH 2023 ON THE CHURCH GREEN

BRING A CHAIR, PACK A LUNCH, AND
WE'LL BRING THE ICE CREAM!

MUSIC BY
KYLE BRAZAUSKI

COMMENTARY BY
**REV. STEVEN P. BLACKBURN,
PH.D**

10:45 AM - KID'S BIKE PARADE (LINEUP AT CCS)
11:00 AM - COLOR GUARD AND WELCOME MESSAGE
11:15 AM - PATRIOTIC MUSIC PROGRAM
12:00 PM - ICE CREAM SOCIAL IN FRONT OF THE
HISTORICAL SOCIETY

FOOD AVAILABLE FROM THE COLEBROOK STORE!



MOVIE NIGHT!

At Colebrook Forge Fire House

Saturday, July 15th

Festivities start at 4:00pm - Movie starts at 7:30pm

FUN FOR THE WHOLE FAMILY!

OUR FEATURED MOVIE

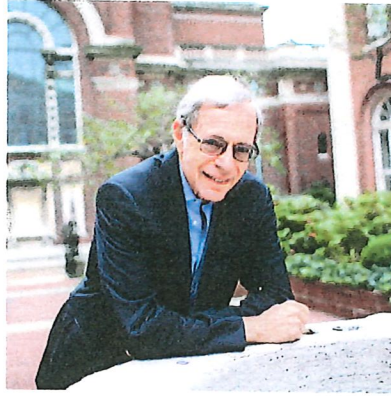


Cotton Candy
Hot Dogs
Shave Ice
Popcorn

Learn about fire fighters!
Explore a fire truck!
Shoot a fire hose!



300 Colebrook River Road - Route 8
For more information visit ColebrookFire-Forge.com



The Colebrook Historical Society Invites You!
FRIDAY NIGHT GATHERINGS

**The Second Founding: How the Civil War and Reconstruction
Remade the Constitution
by Dr. Eric Foner**

The Colebrook Historical Society will host a "Friday Night Gathering" on Friday, July 21. It will begin at 7:00 PM at the Seymour Inn, home of the CHS, with refreshments. Circa 7:30 the gathering will move to the Colebrook Town Hall Meeting Room for a presentation of highlights from his most recent book, "The Second Founding: How the Civil War and Reconstruction Remade the Constitution", by noted historian Dr. Eric Foner.

Dr. Foner, DeWitt Clinton Professor Emeritus of History at Columbia University, is one of this country's most prominent historians. Foner has written more than 20 heralded books on the Civil War era. In this latest he traces the roller-coaster history of the core acts of Reconstruction, the passage of the 13th, 14th, and 15th amendments to the Constitution. The 13th ended slavery, the 14th granted birthright citizenship and equal protection under the law and the 15th established voting rights for male African Americans. In effect these amendments did not just change the text; they created "a fundamentally new document" – hence a "Second Founding" of this country.

After the presentation Dr. Foner will take questions from the audience. The gathering will then move back to the Seymour Inn for more discussion and refreshments. The Inn is located at the intersection of routes 183 and 182A in Colebrook Center. All are most welcome.

For further information contact Carol Lord at carol.9508@yahoo.com or 860-738-8244.

Please Join
**State Senator Lisa Seminara &
State Representative Jay Case**
for a



State Senator
Lisa Seminara



State Representative
Jay Case

Legislative Update Colebrook Senior Center

Please join us as we discuss the 2023 Legislative Session

**Thursday • July 27, 2023
12:00 Noon**

**Colebrook Senior Center
2 Schoolhouse Road
Colebrook, CT**



For more information, please call Peggy Tibbals
at 1-800-842-1421 or e-mail at Peggy.Tibbals@cga.ct.gov





Car Show



Vendors

The

Sponsored by the Town of Colebrook, CT
Learn more at: www.townofcolebrook.org

COLEBROOK

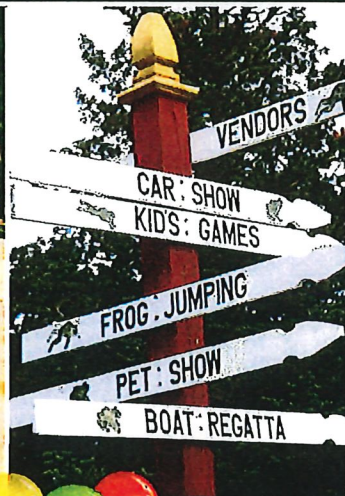
FAIR



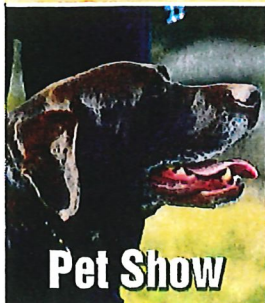
**Saturday
Sep. 2nd, 2023**



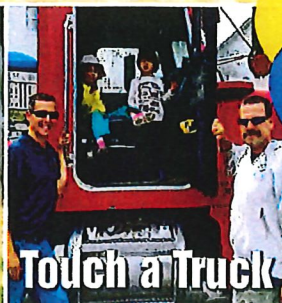
Frog Jumping Contest



Cardboard Boat Regatta



Pet Show

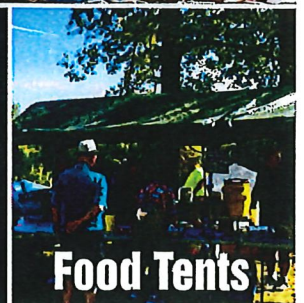


Touch a Truck



**Family Fun
since 1944**

Intersection of 182a & 183



Food Tents

Colebrook Organization Contacts

Colebrook Volunteer Fire Dept.

Ben Bartlett, Fire Chief

True emergencies: 911

Forge Fire Station 860-379-1551

Todd Hiller, Deputy Chief

300 Colebrook River Road

Box 5, Colebrook, CT 06021

Center Fire Station 860-379-8989

Craig Carfiro, Deputy Chief

31 Bunnell Street

PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary 860-738-4151

Laura Bartlett

Colebrook Consolidated School 860-379-2179

www.colebrookschool.org

PO Box 9, Colebrook, CT 06021

Colebrook Consolidated School PTO

President: Colette Hiller

Vice President: Ashley Truskauskas

PO Box 9, Colebrook, CT 06021

Camp Jewell YMCA 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op 203-231-7176

Laura Stotler

Colebrook Lions Club 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Chris Waring

PO Box 5, Colebrook, CT 06021

Historical Society 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church 860-238-7633

Rev. Steven P. Blackburn, Ph.D.

471 Smith Hill Road

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair

860-379-3359 x 201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook CT 06021

info@colebrooklandconservancy.org

Useful Phone Numbers

Animal Control Mike Coleman 860-806-1983

Colebrook Consolidated School 860-379-2179

Colebrook Town Garage 860-379-8306

Colebrook Town Hall 860-379-3359

Essential Info Line 211

Farmington Valley Health 860-352-2333

FEMA Disaster Assistance 800-621-3362

Fire Marshall 860-379-3359 x 201

Hartford Healthcare (ER, lab) 860-738-5900

Helping Hands Home Care 860-379-4900

Meals on Wheels 860-482-4151

NW Center for Family Services 860-482-8561

Northwest Transit 860-489-2535

NWCC College 860-738-6300

Region 7 Middle & High School 860-379-8525

Poison Control 800-222-1222

Post Office 860-379-2834

Salvation Army 860-379-8444

Senior & Community Center 860-738-9521

Suicide and Crisis Lifeline 988

USA Hauling & Recycling 860-379-1662

Visiting Nurse & Hospice of Litchfield County

860-379-8561

Western CT Area Agency on Aging (info on

Medigap, Medicare, Medicaid insurance,

homecare, senior employment) 800-994-9422

Winsted Health Center 860-379-0888

State Representative: Jay Case 860-842-1423

State Senator: Lisa Seminara: 800-842-1421

US Representative: John Larson: 860-278-8888

US Senator: Richard Blumenthal: 860-258-6940

US Senator: Christopher Murphy: 202-224-4041

Community and Senior Center of Colebrook

P.O. Box 5

Colebrook, CT 06021

Community and Senior Center of Colebrook

2 School House Rd, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521

Email: seniordirector@colebrooktownhall.org

Website: <https://colebrookseniorcommunitycenter.weebly.com>

Town of Colebrook Website: www.townofcolebrook.org

Face Book: Colebrook Senior and Community Center