Community & Senior Center of Colebrook Newsletter



Thank you for giving me the opportunity to be the Director of CSCC. I will miss you all and will be with you in spirit as life is everchanging. I appreciate your kindness, generosity and volunteerism, and mostly your friendship. Please stay in touch!

Debbie

March

2024

NEWS FROM THE FIRST SELECTMAN'S OFFICE

MARCH 2024

SEEKING LIFEGUARDS FOR THE 2024 SEASON

We are current seeking life guards for the 2024 season at the Colebrook Pond. Applicants must be at least 16 years old and have Red Cross certification. Any interested Colebrook resident who is not yet certified may have the opportunity to do so through the town. For further information please contact Karen Odell in the First Selectman's Office @ 860-379-3350 Ext. 201 or email kodell@colebrooktownhall.org

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. Please call 860-379-1662 by Thursday of each week for Friday morning pickup.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

WINTER SAND

Sand mix is available for COLEBROOK RESIDENTS ONLY by hand bucket at the Town Garage, 43 Sandy Brook Road. Limit 2 hand buckets per resident per storm event. Any questions call the Town Garage 860-379-8306

ENERGY ASSISTANCE APPLICATIONS BEING ACCEPTED

The Selectmen's Office is now making appointments for energy assistance applications. Please contact Karen to set an appointment, or if you have any questions. 860-379-3359 ext.201 or email kodell@colebrooktownhall.org

SELECTMEN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectmen's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201 or email kodell@colebrooktownhall.org

News from the Community and Senior Center of Colebrook (CSCC) March 2024

Hello everyone,

Serena Brainard will be stepping in at CSCC as the interim Director once again. I am so grateful that she is willing to fill in until the town is able to find a replacement for the position. If you haven't heard, I will be moving to KY at the end of March 2024 to be with my daughter and her family and retire, or so I think! We'll see. Please read my personal note to the friends of Colebrook at the end of the newsletter. Thank you for having me serve as Director of CSCC in these past 3 years. I have made many friends and I am so grateful for the opportunity. I will certainly miss the daily ins and outs of CSCC, the meals, events and activities, but I will miss the people the most. I promise to come back and visit when I come to visit CT and even volunteer.

We are very excited to announce that there is a **Colebrook Food Pantry** located at CSCC in the foyer. The Colebrook Associates and CSCC are working together on providing this service for Colebrook Residents and Visitors of the Community and Senior Center of Colebrook (CSCC) only. The hours will be 8:30-4:30 Mon, Tues, Thurs. 8:30-6:30 Wed. 8:30-12:00 Fri. All donations can be kindly left in the foyer by the pantry or in the box at the Post Office. We appreciate your kindness and generosity to help with this mission. Please check the expiration dates on products as we cannot accept expired products. **This month, to get the New Food Pantry started. please bring a non-perishable food item to donate to the Pantry! We thank you in advance for your help! Thank You!**

We have mailed the 2023 Annual Appeal in January 2024. This is our biggest Fund Raiser that helps us do all the wonderful things we do here at CSCC for our community. Please be as generous as you can to help us carry on with our various programs and offerings throughout the upcoming year. Please note that your contribution automatically makes you a member. Thank you so much for your continued support for our Community and Senior Center of Colebrook. (CSCC)

This month there is so much going on here at CSCC. Breakfast, Lunch, Exercise Classes, Ukulele Class, Bingo, Quilting and Crafting, and more. Check the Calendar for all the details!

We will be going to Farley Mac Restaurant in Granby and Grass Roots Ice Cream to celebrate a St. Patick's Day lunch, Little Poland Shopping and lunch in New Britain, and Foxwoods/Tanger Outlets for a day of exploring.

Please sign up at CSCC to participate in these trips.

Have a Happy St. Patrick's Day and Easter!

My Best always,

Debbie

We Wish you a Very Happy Birthday!!

March Birthdays:

Ben Eveland	3/1	Betty Foglia	3/17
Herman Parent	3/3	David Mapes	3/17
Jennifer Truss	3/6	John Young	3/20
Deborah Schoenherr	3/10	Sharon Haggart	3/27
Rev. Lee Gangaware	3/11	Janine LaPlante	3/27
Carol Sherwood	3/14	Maureen Bascetta	3/28
Corrine Roudi	3/14	Cheryl Hellman	3/29
Eric Wanner	3/14	Dana Lent	3/29
Walter Esker	3/15	Cindy Fixer	3/31
Nicholas Pisani	3/16		

We will be having a Birthday Lunch Celebration: March 14, 2024 at 12:00 pm. Birthday Attendees receive a free lunch! Please bring your free coupon! The menu consists of: Meatball Grinders with Pasta Salad, Birthday Cake and a Drink. Please RSVP by March 12, 2024 to book your reservation. Please join us and let us celebrate with you in your birthday month.

Community & Senior Center (CSCC) Memberships: \$5 Membership runs January 1, 2024 - December 31, 2024. With your paid membership or donation of at least \$5, you will receive a \$5 coupon to use towards any meal or event that is scheduled through CSCC. This is a way to let us offer your membership for zero cost to you. You will also receive a free birthday lunch (\$6 value) in your birthday month. If you aren't a member, please stop by and fill out a new membership form. Come and join in the fun!

Newsletter Mailings are \$15 per year. If you would like to be added to the mailing list, send a check to CSCC for \$15 with all of your information. Otherwise, the newsletter will be available at The Community & Senior Center of Colebrook (CSCC), The Colebrook Town Hall, The Colebrook Post Office, and The Colebrook Store, The Beardsley Library, The Norfolk Library. It will also be available at The Barkhamsted Senior Center, The New Hartford Senior Center, The Winsted Senior Center, The Torrington Senior Center, The Canton Senior Center promoting "Seniors with no Boundaries". Please grab a copy and share or share via email.

Newsletter via Email: In keeping with being eco-friendly and conserving paper, it would be more beneficial if we could email you a copy of the newsletter. If you would like to receive the Monthly Newsletter via email, please email me @ seniordirector@colebrooktownhall.org with your name, address, phone number, and email address.

Important UpdateWebsite: Please visit our website:

https://colebrookseniorcommunitycenter.weebly.com. We also have a Facebook page under The Colebrook Senior and Community Center. Please **follow** our page, **like** our page and **share** our page. This is the best way to spread the word digitally to get the news of CSCC out to the public. Also add us to your **notifications** and get the information quicker and more efficiently. This is the most effective way to share the great things that are happening at CSCC. We appreciate it!

Trip Policy: January 1, 2024

Upon signing up for a trip, it is required that each person pay for the trip and the van cost immediately when he or she signs up for the trip. This will insure your reservation. *** The bus fare fee will be determined on the mileage of the trip and how many people attend. This increase in price is because of the rising cost of gas and the van only getting 10 miles per gallon. The more people that join in on trips; the less the cost. Thank you for your understanding. * If there isn't enough interest in a trip (6 or more, local van trips) and the trip doesn't happen because of this, your van trip money will be returned to you, or you can use it on another trip. *If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted.

<u>Transit Information</u>: If you need medical transportation call 860-738-9521 and leave a message. If it's an emergency, call 860-379-3359 Ext 201 (Town Hall)

We Need Your Support: The Community & Senior Center of Colebrook (CSCC) will be offering a wide variety of opportunities for Meals, Activities, Exercise, Health, Social Wellbeing, Recreation and trips. They are wonderful programs that we hope to be able to continue to offer to the community so long as there is continued interest for them. Our programs and trips are open to anyone. "Seniors Without Boundaries" We are always open to new ideas and suggestions.

Programs:

Breakfast and Lunch:

(All meals can be enjoyed in the Center or can be made to go!)

<u>Breakfast:</u> We will be serving breakfast on Tuesdays from 8 to 9:30am. Last order in at 9:15am. The price will be \$5.00. ** Breakfast will be available for dining in or take out. Please specify when ordering.

Lunch: ***New Update for March 2024*** Due to the change in the CSCC Director position, we will not be having lunches in March, with the exception of the Birthday Lunch on March 14, 2024 and a Pot Luck Lunch on March 28, 2024 at 12:00pm. Please RSVP by Tuesday March 12, 2024 by 2:00pm. for the Birthday Lunch (\$6) and 3/26/24 for the Pot Luck Lunch. Lunch will be available for dining in or take out. Please specify when ordering.

<u>Bingo</u>: ***New Update for March 2024*** Due to the change in the CSCC Director position, we are asking Volunteers to run Bingo on Tuesdays at 1:00pm. There is a sign-up sheet for Bingo Callers, set up and clean up. If you have any questions about volunteering for Bingo, please call the center and we can let you know how you can help.

Feet First: Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561.

There is a \$35 charge collected at the time the care is given. The Locations are now in Winsted and Torrington. The clinics are open to persons who do not have peripheral vascular disease, diabetes or have extreme foot swelling. **The Foot Clinic will no longer be offered in Colebrook.**

<u>Blood Pressure Clinic:</u> Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday (March 19, 2024) of the month from 8:40am to 9:40am, free of charge!

Dancercise: Come and join us for Dancercise: Fun, lively music of all kinds is used in this class. Work out to easy-to-follow dance and exercise moves. No experience necessary. Come try it with Margaret on Mondays at 10:30 am. Classes are \$5

Colebrook Ukulele Beginner's Society (C.U.B.S.) Meetings: March 4rth and March 18th, 2024; 5:30-7:00pm. If you are new to the Ukulele, join us for this most fun an interesting musical adventure! Bring your Ukulele if you have one, pen & pad, or device to take notes. To sign up, or for more information, please call or text 860-605-7671 or email suluca2@yahoo.com. Hope to see you there!

<u>Yoga:</u> Yoga is a mind and body practice. Various styles of yoga combine physical postures, breathing techniques, and meditation or relaxation to promote mental and physical well-being. Join in with Wendy on **Tuesdays at 4:30pm.** Classes are \$5.

Qigong: Qigong is a mind-body-spirit practice that improves one's mind and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Join in with Tina on Thursdays at 8:15am. Classes are \$5. Classes are only also available via Zoom. https://us02web.zoom.us/j/326155172?pwd=Si8veUtsVytwcElWMVRmWS9DbGVhZz09 Meeting ID: 326 155 172 Passcode: Winsted

Quilting and Crafts: Come and spend some time being creative and socializing with The Quilting and Crafts group on Wednesdays 10am to 2pm. Join us for Quilting, scrapbooking, coloring, jewelry making, knitting, crocheting, or any other craft you enjoy doing. This is a great group that shares Coffee and great conversation. Please feel free to bring your own lunch or snacks. Give it a try and finish up that ongoing craft in no time at all. For more information, please call Phylis Bernard at 860-480-7210 and leave a message.

<u>The Garden Group:</u> (Resumes in Spring) The Garden Group meets on the 2nd Thursday of the month at 1:30 pm, from April to October. If you would like to join the Garden Group, please contact the Center at 860 738-9521. It's a fun, informal group which I think anyone interested in gardening would enjoy. We do take fun trips and have 3 master gardeners available to answer questions or concerns. The first Garden Group meeting is April 11, 2024 1:30pm.

<u>Scrapbooking/Crafting: (New)</u> Come join in our scrapbooking/crafting event. Everyone is welcome! Come and work on any project you are interested in or continue on a project that you hold close to your heart! We will not have an event in March, but we are scheduling our next event on April 27, 2024. Details will be coming soon!

Do you know me? Legacy Project: I came across lots of photo albums here at CSCC and I am at a loss of who some of these people are. The albums were here before me so I would like you to take a look and if you know someone, I would appreciate you putting a sticky note on the photo and I can mark the names at a later date. This is a really great way to preserve the history at CSCC. Thank you for your help in this project and I bet you will appreciate and smile at the past events, people and the memories made while participating at CSCC. Thank you for your help. Come in anytime and take a look! Take a walk down Memory Lane! Please help us keep the History of CSCC alive!

***(New) Coming Soon: Colebrook Food Pantry: The Colebrook Associates along with CSCC are working together to have a food pantry option in Colebrook at CSCC in the front foyer.

The Food Pantry will be available on March 4, 2024. Hours will be 8:30-4:30 Mon, Tues, Thurs. 8:30-6:30 Weds. 8:30-12:00 Fri. The Food Pantry is for Colebrook residents and visitors to the Community and Senior Center of Colebrook (CSCC) only. All donations can be kindly left by the pantry or in the box at the Post Office. Please check the expiration dates prior to dropping off donations. We cannot accept expired products. We are very excited about this new venture and appreciate your kindness and generosity with your participation. Thank you!

Trips

Date	Bus	Bus	Ticket	RSVP By
	Time	Fee	Fee	
3/15/24	11 am	5		3/12
3/22/24	9am	5		3/19
3/27/24	7·45am	10		3/25
3/2//24	/.43am	10		3/23
	3/15/24	Time 3/15/24 11am 3/22/24 9am	Time Fee 3/15/24 11am 5 3/22/24 9am 5	Time Fee Fee 3/15/24 11am 5 3/22/24 9am 5

^{*} Please sign up for all trips at The Senior and Community Center (CSCC) Please refer to the Trip Policy for additional information. You must pay prior to the RSVP date; this will determine if the trip will be going. Anyone is welcome! Please Join us! ***These trips are subject to change.

**Our website:

You will always find more information on the Community & Senior Center of Colebrook's (CSCC) website. https://colebrookseniorcommunitycenter.weebly.com or the Colebrook Town Hall website the Facebook Page. (CSCC) Please check often for further information on what is happening and any changes that may occur during the month. We will try our best to keep you informed and updated. Thank You!

**Our Newsletter:

** If you would like to add any events to this newsletter, be sure to have them to Deborah Crowell by the 15th of the previous month. If you would like the Newsletter Mailed to you, the cost is \$15 per year. If you would like to advertise in our Newsletter to promote your business, items for sale, help wanted, etc. Pricing is as follows: 3 Lines: \$10.00 per month. Business Card Size: \$25.00 per month. Please call CSCC at 860-738-9521 or email seniordirector@colebrooktownhall.org if you are interested. Thank you!

** Hall Rentals

The Community & Senior Center of Colebrook (CSCC) has a Fully Equipped Kitchen, Hall Capacity: Table seating 90 persons. Auditorium Seating: 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call CSCC at 860-738-9521 or email seniordirector@colebrooktownhall.org for information or to reserve the hall.

**Survey (CSCC)

Do you have any suggestions or ideas on what you would like to see happen at CSCC? What programs would you be interested in coming to attend? What community events would you like to see? You could call 860-738-9521 or email seniordirector@colebrooktownhall.org, with your ideas or suggestions. Thank you in advance for your input.

** CSCC Wish List: Sometimes we are in need of items to help here at the Center (CSCC). Please call me and see if we might be able to use your items that you are no longer needing. We could use these items: A portable CD/ Radio player, Large Microwavable Mixing Bowls, 9X13 cake pans, Coffee Carafes and dispensers, small kitchen step stool, tea pot, oven mitts and kitchen shears. Thank you in advance for your help and your donations.

Breakfast Only \$5: Tuesdays 8 – 9:30 am Last order in at 9:15am.

We will be offering a variety of Breakfast Items. Come in and join us and have a great breakfast. Eggs, bacon, sausage, hash browns, assorted toast, Bagels, French Toast, Pancakes, Omelets, Coffee, Juice and so much more. Different items weekly. Check the menu on our Facebook page, or Website.

Birthday Lunch Only in March Cost \$6: Thursday March 14, 2024 at 12pm *RSVP by Tuesday March 12, 2024 2pm please! *

3/14/24 Meatball Subs with pasta Salad and Birthday Cake!

3/28/24 Potluck lunch with live music! Sign up at CSCC!

**Remember all meals can be made to enjoy here at the Center or are available for take-out!!!

The items in this newsletter are subject to change due to unforeseen circumstances. We will do everything possible to keep you informed of any changes. Thank you for your patience and understanding!

Dear Friends of Colebrook,

As you may have heard, my last day at CSCC will be upon us shortly. Serena Brainard will once again step into an interim position until they find a new Director while the town looks at updating the position for the upcoming year. I will be moving to KY hopefully by the end of March 2024, to be with my daughter and her family and hopefully retire. I want to thank you from the bottom of my heart for all of your support in these past years. I couldn't have done it without the support of my wonderful friends, volunteers and community. I have made some very special friends through the years and I am so grateful for that. It has been a pleasure and privilege to have served as the Director of CSCC. I will miss you all and I hope you will stay in contact with me going forward. I wish you all the best of Good Health and Happiness always.

Please join in on a Pot Luck Lunch on March 28, 2024 at 12pm with some live music for a celebration and some time to spend together, before I go. It has never been my preference to say "Goodbye", I'd rather say "See you later". I hope to see you there. Please remember to stay healthy and safe. Our community depends on it! We hope to see you very soon! Come join in on the Fun! Thank you for supporting CSCC! Wishing you and yours a Very Happy St. Patrick's Day and Easter!

March 2024

Saturday			ω	m	0
Friday	1 2	ω	15 Farley Mac Restaurant/Grass Roots Ice Cream 11am	22 Little Poland Shopping/Lunch 9am	29 30 CLOSED GOOD FRIDAY
Thursday		7 Qigong 8:15 Zoom No Lunch	14 Qigong 8:15 Zoom Birthday Lunch 12:00 RSVP	21 Qigong 8:15 Zoom	Qigong 8:15 Zoom Debbie's sendoff Pot Luck Lunch 12:00 RSVP Live Music 12:30 – 1:30
Wednesday		6 Quilting & Crafts 10-2	13 Quilting & Crafts 10-2	20 Quilting & Crafts 10-2	27 Quilting & Crafts 10-2 Foxwoods/Tanger Outlets 7:45am
Tuesday		5 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30	12 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30 RSVP Lunch 3/14	19 SPRING Breakfast 8-9:30 BP Clinic Bingo 1:00 Yoga 4:30	26 Breakfast 8-9:30 Bingo 1:00 Yoga 4:30 RSVP Lunch 3/28
Monday		4 Dancercise 10:30 C.U.B.S. 5 :30	11 Dancercise 10:30	18 Dancercise 10:30 C.U.B.S. 5 :30	25 Dancercise 10:30
Sunday		m	10	17 HAPPY ST. PATRICK'S DAY	24 31 HAPPY EASTER

Pot Luck Lunch



Live Music by Cameron Sutphin

Date: March 28, 2024

Time: 12:00pm

Please come join us for a Pot Luck Lunch and Live Music at CSCC. Please bring your favorite dish to share. Sign up at CSCC We hope to see you!

APRIL 2, 2024

PRESIDENTIAL PREFERENCE PRIMARY ELECTION

A Presidential Preference Primary is an election where voters in a political party vote for the candidate of that party that they would like to be their presidential candidate in the upcoming General Election.



EARLY VOTINGMARCH **26 27 28 30**

10 am - 6 pm

ADDITIONAL VOTER REGISTRATION AND PARTY ENROLLMENT INFORMATION

January 2, 2024

Last day to switch parties prior to the April 2nd election

March 25, 2024 at Noon

Deadline for unaffiliated voters who want to vote during the early voting period to enroll in a party

Voter Registration for Early Voting

If you are not yet registered but want to vote during the early voting period before the Presidential Preference Primary, file your voter registration application (for a party holding a primary) with the registrars of voters in your town by noon on the business day before the day you want to vote

April 1, 2024 at Noon

Deadline for registering in person with the registrar of voters or town clerk in your town of residence to vote on April 2

Deadline for unaffiliated voters to enroll in a party in person for voting on April 2

To find your Early Voting location, and for all you need to know about elections in Connecticut, visit **MyVote.CT.gov** or call **860-509-6200**



Stephanie Thomas, Connecticut Secretary of the State

Follow us @CTSOTS:











EARLY VOTING

YOUR SAY, YOUR DAY,

WHAT is Early Voting?

Early Voting allows you to vote in person safely and securely before Election Day.

WHICH ELECTION WILL BE THE FIRST to have Early Voting available?

Early Voting will begin with the Presidential Preference Primary. The Early Voting dates for this election have been modified to reflect the Good Friday holiday and Easter Sunday. Early Voting will be held Tuesday, March 26 through Thursday, March 28 and Saturday, March 30. Presidential Preference Primary Day is Tuesday, April 2, 2024.

WHAT SHOULD I EXPECT at the Early Voting location?

When you arrive at the Early Voting location, you will check in and be verified as an eligible voter. You will then receive your ballot with an envelope. You will complete your ballot at a privacy booth and seal it in the approved envelope. Before you leave, place the sealed envelope in the secure receptacle as instructed by the election officials. Ballots will be secured unopened until Election Day.

WHEN will ballots be counted?

Ballots cast during Early Voting will be sealed and stored securely in each town. They will be opened and counted on Election Day.

HOW DOES EARLY VOTING DIFFER from voting by absentee ballot?

Absentee Ballot voting requires a reason (from a list of six, found at **MyVote.CT.gov**). Early Voting is available to every eligible voter without a specific reason. Early Voting may be done only in-person, not via mail or drop box.

HOW MANY EARLY VOTING LOCATIONS will be in each city or town?

Each town or city will have at least one Early Voting location. If the population is 20,000 or more, the local legislative body will decide whether to have additional locations. Check your municipality's website in March for its Early Voting location or visit **MyVote.CT.gov**.

CAN I VOTE on weekends?

Yes. Early Voting includes Saturdays and Sundays for most elections (see calendar for specific dates).

HOW IS IT ENSURED people do not vote twice?

The election official at your Early Voting location will record that you have cast your ballot, preventing you from voting early at any other location, submitting an absentee ballot, or voting on Election Day.

MAY I REGISTER TO VOTE during the Early Voting period?

You may register and vote on the same day during the Early Voting period before regular general elections. For Primary Election details, see detailed instructions on **MyVote.CT.gov**.

DOES EARLY VOTING EXIST in other states?

Although new to Connecticut this year, 46 other states already offer some form of Early Voting.

WHAT hasn't changed?

You can still vote via Absentee Ballot or on Election Day as usual. Elections in Connecticut are still safe and secure.



VIEW YOUR SAMPLE BALLOT
WHEN IT IS AVAILABLE
MyVote.CT.gov/sampleballots



Colebrook Organization Contacts

Colebrook Volunteer Fire Dept.

Sean Barry, Fire Chief True emergencies: 911

Forge Fire Station 860-379-1551

Todd Hiller, Deputy Chief

300 Colebrook River Road Box 5, Colebrook, CT 06021

Center Fire Station 860-379-8989

Craig Carfiro, Deputy Chief

31 Bunnell Street

PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary 860-738-4151

Laura Bartlett

Colebrook Consolidated School 860-379-2179

www.colebrookschool.org

PO Box 9, Colebrook, CT 06021

Colebrook Consolidated School PTO

President: Colette Hiller

Vice President: Ashley Truskauskas PO Box 9, Colebrook, CT 06021

Camp Jewell YMCA 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op 203-231-7176

Laura Stotler

Colebrook Lions Club 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Chris Waring

PO Box 5, Colebrook, CT 06021

Historical Society 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church 860-238-7633

Rev. Steven P. Blackburn, Ph.D.

471 Smith Hill Road

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair

860-379-3359 x 201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook CT 06021

info@colebrooklandconservancy.org

Useful Phone Numbers

Animal Control Mike Coleman 860-806-1983

Colebrook Consolidated School 860-379-2179

Colebrook Town Garage 860-379-8306

Colebrook Town Hall 860-379-3359

Essential Info Line 211

Farmington Valley Health 860-352-2333

FEMA Disaster Assistance 800-621-3362

Fire Marshall 860-379-3359 x 201

Hartford Healthcare (ER, lab) 860-738-5900

Helping Hands Home Care 860-379-4900

Meals on Wheels 860-482-4151

NW Center for Family Services 860-482-8561

Northwest Transit 860-489-2535

NWCC College 860-738-6300

Region 7 Middle & High School 860-379-8525

Poison Control 800-222-1222

Post Office 860-379-2834

Salvation Army 860-379-8444

Senior & Community Center 860-738-9521

Suicide and Crisis Lifeline 988

USA Hauling & Recycling 860-379-1662

Visiting Nurse & Hospice of Litchfield County

860-379-8561

Western CT Area Agency on Aging (info on

Medigap, Medicare, Medicaid insurance,

homecare, senior employment) 800-994-9422

Winsted Health Center 860-379-0888

State Representative: Jay Case 860-842-1423 State Senator: Lisa Seminara: 800-842-1421

US Representative: John Larson: 860-278-8888 US Senator: Richard Blumenthal: 860-258-6940

US Senator: Christopher Murphy: 202-224-4041

Community and Senior Center of Colebrook

P.O. Box 5

Colebrook, CT 06021

Community and Senior Center of Colebrook

2 School House Rd, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521

Email: seniordirector@colebrooktownhall.org

Website: https://colebrookseniorcommunitycenter.weebly.com

Town of Colebrook Website: www.townofcolebrook.org

Face Book: Colebrook Senior and Community Center