

Community & Senior Center of Colebrook Newsletter



June 2025

NEWS FROM THE FIRST SELECTMAN'S OFFICE

JUNE 2025

COLEBROOK POND OPENING

The Colebrook Pond will be opening for the season on Saturday June 14th. Lifeguards will be on duty on Saturdays and Sundays. Monday through Friday, the gate will be open from 8:30am to 4:30pm.

HOUSEHOLD HAZARDOUS WASTE DAY

There will be a household hazardous waste collection day on Saturday June 21st, 2025, at the Falls Village Public Works Garage from 9am - noon. For more information, or to obtain a ticket, contact Karen Odell 860-379-3359 ext. 201 kodell@colebrooktownhall.org

BULK TRASH PICKUP

Bulk trash pickup is available every week for items that will not fit in your bin. You must call **860-379-1662** by Thursday of each week for Friday morning pickup.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

LABOR DAY FAIR

The Colebrook Labor Day Fair will be Saturday, August 30th. There are many volunteer opportunities at the fair. If you are interested in volunteering, please reach out to the Selectmen's office, 860-379-3359.

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201, or email kodell@colebrooktownhall.org

JUNE IS DOG LICENSING MONTH - A license is a lost dog's ticket home!

Did you know? All dogs over six months must be licensed; all dogs must have a current rabies vaccination and licenses must be renewed each June. Licensing also provides vaccination and sterilization benefits for pets. The Town Clerk's Office issues new licenses and renews licenses in person, via mail, and for those with current rabies documentation on file with the Town Clerk, online renewals will be available on a temporary basis. Check the town website for more information, or call the Town Clerk at 860-379-3359 ext. 203

Happy June everyone!

We hope you are all having a great spring and are getting ready for the summer months.

Thank you to everyone who attended and to those who donated a snack or a treat for our Spring Tea. We were able to donate \$470 to Pinney Stables. What a wonderful way to come together to help those in our community.

Thank you also to those who donated food items to the Post Office through The Stamp Out Hunger Food Drive. The donations helped us to fill the food pantry.

We will be hosting another CPR/First Aid Course on Wednesday, June 4th at 5pm. Please contact us to sign up at 860 738-9521 or seniordirector@colebrooktownhall.org

We also have an exciting presentation from Walter Banzhaf, one of the twelve survivors of the Sea Surveyor. See the enclosed flyer for details.

Just a reminder that the Center will be closed on June 19th in observance of Juneteenth.

We would like to welcome Kate Roux to the Center. Kate will be Co-Director. We are excited to have her here at the Center, and we can't wait to see all the wonderful ideas that she brings. Next time you see her, give her a warm welcome!

We hope to see you all at The Center soon!!! Have a great June!

~Serena and Kate

Birthdays:

Laurel Saramak 6/4	John Lukens 6/23
Robert Cormier 6/7	David Whitman 6/23
Thomas Corvo 6/12	Carol Young 6/23
Donald McDonald 6/13	Susan Schieb 6/24
Ben Bartlett 6/20	

We Wish you a Very Happy Birthday!!!

We will be having a **Birthday Lunch Celebration:**
June 26, 2025 at 12:00 pm.
Birthday Attendees receive a free lunch! Please **RSVP by June 24, 2025** to book your reservation.

Breakfast: Only \$6.00 including 1 glass of juice. Any additional juice is \$1.00.

Tuesdays 8 – 9:15 am.

We will be offering a variety of Breakfast Items. Come in and join us and have a great breakfast. Eggs, bacon, sausage, hash browns, assorted toast, Bagels, French Toast, Pancakes, Omelets, Coffee, Juice and so much more. Different items weekly.

Lunch: Cost \$7.00 for Dine-In and \$7.50 for Take-Out. Thursdays 12pm ***RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday before please!**

*** If you've signed up for lunch and can't make it, please let us know!**

06/05/25: Chef Salad, Roll, and Dessert

06/12/25: Shepards Pie, Roll, and Dessert

06/19/25: **NO LUNCH. CENTER CLOSED IN OBSERVANCE OF JUNETEENTH**

06/26/25 **BIRTHDAY LUNCH:** BBQ Chicken, Scalloped Potatoes, Vegetable, and Birthday Cake

July Lunch Preview: 07/03/25: Chicken, Broccoli, Pasta Alfredo, Salad, Roll, and Dessert.

****Remember all meals can be made to enjoy here at the Center or are available for take-out!!!**

The items in this newsletter are subject to change due to unforeseen circumstances.

Trips

Trip	Date	Bus Time	Bus Fee for Members	Bus Fee for Non-Members	Ticket Fee	RSVP By
Shakespeare Gardens Lunch: TBD	6/6/25	9:30 am	\$7.00	\$12.00		6/3/25
Norbrook Farm Brewery, in Colebrook. Brewery Tour, Meet the Animals, and Lunch	6/13/25	12:00 pm	No Bus	No Bus		6/5/25
Acers Garden in Deep River Lunch: Rocky's Aqua in Clinton	6/27/25	9:30 am	\$8.00	\$13.00		6/24/25

Trip Policy: Upon signing up for a trip, it is required that each person pay for the trip and the van cost immediately when he or she signs up for the trip. This will ensure your reservation. If there isn't enough interest in a trip (6 or more) and the trip doesn't happen because of this, your van trip money will be returned to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. **There is an additional fee of \$5.00 for Non-Members.** Please sign up for all trips at The Senior and Community Center (CSCC). Anyone is welcome! Please Join us! ***These trips are subject to change.

PROGRAMS

Breakfast and Lunch: All meals can be enjoyed in the Center or can be made to go!

Breakfast: We will be serving breakfast on **Tuesdays** from 8 to 9:15am. The price is \$6.00. ** Breakfast will be available for dining in or take out. Please specify when ordering.

Lunch: We will be serving lunch on **Thursdays** at 12 pm. Please RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday prior. Lunch will be available for dining in or take out. The price for Lunch is \$7.00 for dine-in and \$7.50 for take-out. Please specify when ordering.

Bingo: WE ARE IN GREAT NEED OF BINGO CALLERS!!! If you have any questions about volunteering for Bingo, please call the center and we can let you know how you can help. **You can also sign up to call Bingo on our Sign-Up Genius at <https://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo>** THANK YOU TO ALL WHO HAVE ALREADY SIGNED UP TO CALL. WE REALLY APPRECIATE IT!!!

Feet First: Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at the time the care is given. The Locations are now in Winsted and Torrington. The clinics are open to persons who do not have peripheral vascular disease, diabetes or have extreme foot swelling. **The Foot Clinic will no longer be offered in Colebrook.**

Blood Pressure Clinic: Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am to 9:40am, free of charge! **June 17th**

Colebrook Ukulele Beginner's Society (C.U.B.S.) Meetings: **June 9th and 23rd 5:30- 7:00pm.** An informal, self-paced practice group for beginner to intermediate level ukulele enthusiasts, with a focus on fun and friendship. Meets alternate Mondays 5:30 to 7:00 PM. For more information, please call or email Sue at (860) 605-7671 or suluca2@yahoo.com

Chair Yoga: Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8

Quilting and Crafts: Come and spend some time being creative and socializing with The Quilting and Crafts group on **Wednesdays 10am to 2pm.** Join us for Quilting, scrapbooking, coloring, jewelry making, knitting, crocheting, or any other craft you enjoy doing. This is a great group that shares Coffee and great conversation. Please feel free to bring your own lunch or snacks. Give it a try and finish up that ongoing craft in no time at all. For more information, please call Phylis Bernard at 860-480-7210 and leave a message.

The Garden Group: The Garden Group meets on the **2nd Thursday** of the month at 1:30 pm, from April to October. If you would like to join the Garden Group, please contact the Center at 860 738-9521. It's a fun, informal group. We do take fun trips and have 3 master gardeners available to answer questions or concerns. **June 12th**

Scrapbooking/Crafting: Come join in our scrapbooking/crafting event. Everyone is welcome! Come and work on any project you are interested in or continue on a project that you hold close to your heart! **We will resume in the Fall**

Do you know me? Legacy Project: We have some photo albums here at the Center from years past. If you would like to come in and take a look to see if you recognize anyone in the photos, that would be great! We would appreciate you putting a sticky note on the photo with the person's name. This is a really great way to preserve the history at CSCC!

Grief Support Group: Every other Thursday run by Paula Petty-Barber, RN who is trained in hospice. Suggested donation \$20. RSVP at 860 738-9521 or seniordirector@colebrooktownhall.org **June 11th and June 26th PLEASE NOTE JUNE 11TH IS A WEDNESDAY**

Walking Group: Come and join us for a fun time walking inside around the perimeter of The Center or weather permitting, walking down to the ballfield. Thursdays from 9-11am.

Colebrook Food Pantry: The Colebrook Associates along with CSCC are working together to have a food pantry option in Colebrook at CSCC in the front foyer. **Hours are Monday thru Thursday 8:30am-4:30pm and Fridays 8:30-12:00.** The Food Pantry is for Colebrook residents and visitors to the Community and Senior Center of Colebrook (CSCC) only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity with your participation. Thank you! **The Food Pantry cannot use products without expiration dates on them so please make sure they contain an expiration date. Also PLEASE CHECK THAT THE FOOD IS NOT EXPIRED. Thank you again for your generosity!**

Colebrook Food Pantry Wish List: Personal Hygiene Products

Community & Senior Center (CSCC) Memberships: \$5 Membership runs January 1, 2025 - December 31, 2025. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. If you aren't a member, please stop by and fill out a new membership form. Come and join in the fun!

Newsletter via Email: In keeping with being eco-friendly and conserving paper, it would be more beneficial if we could email you a copy of the newsletter. If you would like to receive the Monthly Newsletter via email, please email me @ seniordirector@colebrooktownhall.org with your name, address, phone number, and email address.

Transit Information: If you need medical transportation call 860-738-9521 and leave a message. If it's an emergency, call 860-379-3359 Ext 201 (Town Hall)

We Need Your Support: The Community & Senior Center of Colebrook (CSCC) will be offering a wide variety of opportunities for Meals, Activities, Exercise, Health, Social Wellbeing, Recreation and trips. They are wonderful programs that we hope to be able to continue to offer to the community so long as there is continued interest for them. Our programs and trips are open to anyone.

****Our website:**

You will always find more information on the Community & Senior Center of Colebrook's (CSCC) website. <https://colebrookseniorcommunitycenter.weebly.com> or the Colebrook Town Hall website. We also have a Facebook Page under The Community & Senior Center of Colebrook. Please follow us to keep up to date on any changes that may occur.

****Our Newsletter:**

** If you would like to add any events to this newsletter, be sure to have them to Serena Brainard by the 15th of the previous month. If you would like the Newsletter Mailed to you, the cost is \$15 per year. If you would like to advertise in our Newsletter to promote your business, items for sale, help wanted, etc. Pricing is as follows: 3 Lines: \$10.00 per month. Business Card Size: \$25.00 per month. Please call CSCC at 860-738-9521 or email seniordirector@colebrooktownhall.org if you are interested. Thank you!

**** Hall Rentals:**

The Community & Senior Center of Colebrook (CSCC) has a Fully Equipped Kitchen, Hall Capacity: Table seating 90 persons. Auditorium Seating: 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call CSCC at 860-738-9521 or email seniordirector@colebrooktownhall.org for information or to reserve the hall.

****Survey (CSCC):**

Do you have any suggestions or ideas on what you would like to see happen at CSCC? What programs would you be interested in coming to attend? What community events would you like to see? You could call 860-738-9521 or email seniordirector@colebrooktownhall.org with your ideas or suggestions. Thank you in advance for your input.

**** CSCC Wish List:**

Sometimes we are in need of items to help here at the Center (CSCC). Please call me and see if we might be able to use your items that you are no longer needing. We could use these items: **Coffee and Maple Syrup**. Thank you in advance for your help and your donations.

****Equipment available to use:**

We have several items available. If you or someone you know could use these items, please contact Serena or Dana at 860 738-9521 or email us at seniordirector@colebrooktownhall.org

COMMUNITY HAPPENINGS

The Colebrook Historical Society will host an Open House on Sunday, June 1st from 3 to 5 PM, where they will unveil their 2025 exhibit - "Clothed in History".

Clothes from the past reveal much about the period in which they were worn and the people who wore them. On display will be dresses, hats, shoes, purses, gloves and fans from Colebrook's past, such as Mrs. Edward Carrington's wedding shoes and a christening gown that's been in the Judge family for four generations. Also on display are the print ads from which the people of Colebrook selected their fashions. The exhibit can also be viewed on Saturdays and Sundays during the summer from 11AM to 1 PM.

The Open House will feature refreshments. It will be held at the home of the CHS, the Seymour Inn, located at the intersection of Routes 183 and 182A in Colebrook Center. For further information contact Carol Lord at carol.9508@yahoo.com or 860-738-8244.

COMMUNITY HAPPENINGS

For CT Trails Day, on Saturday, June 7 from 1-2:30pm, **the Conservation Commission** is co-sponsoring a walk with the US Army Corps of Engineers at its property on Rt. 8.

Here are the details:

<https://link.edgepilot.com/s/7b7184da/qF8oazoL3kqWom8yifkFIA?u=https://trailsday.org/events/beaver-pond-walk-at-us-army-corps-of-engineers-colebrook-river-lake-property/>

Saturday, June 7, 2025

1:00 - 2:30 pm; about 1 mile

Enjoy a walk around the Beaver Pond trail at the scenic 388-acre Colebrook River Lake property owned and maintained by the US Army Corps of Engineers. Afterwards, you can drive over the Colebrook River Dam for views of the watershed and flood control measures.

Leaders Joyce Hemingson, Colebrook Conservation Commission, and James Jylkka, [US Army Corps of Engineers](#)

No rain date. Please, no dogs.

Meeting Location Details

426A Colebrook River Road, Colebrook CT 06021

Directions: From Rt. 44 in Winsted by Northwest CT Community College, turn north and go 5.5 miles on Rt. 8 (Colebrook River Road).

From Colebrook, drive to Rt. 8 and go north to entrance for US Army Corps. Turn right at entrance to US Army Corps (gate will be open) and drive a short distance to the Administration Building on the left and park in its parking lot. Note: the boat launch area is farther up on Rt. 8 and is NOT where we will meet.

426A Colebrook River Road, Colebrook CT 06021

https://link.edgepilot.com/s/fc1ef9c6/Y1iAtciJN0O5B6aI_hHdQg?u=https://maps.app.goo.gl/Y3GJsAUx4mUwM7zW9

June 2025

Community & Senior Center of Colebrook

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Breakfast 8-9:15 Bingo 1:00 RSVP for Lunch	4 Quilting & Crafts 10-2 Chair Yoga 11am CPR Course 5pm	5 Walking Group 9-11am Lunch 12:00	6 Shakespear Gardens 9:30	7
8	9 C.U.B.S 5:30	10 Breakfast 8-9:15 Bingo 1:00 RSVP for Lunch	11 Quilting & Crafts 10-2 Chair Yoga 11am Grief Support Group 6pm	12 Walking Group 9-11am Lunch 12:00 Garden Group 1:30	13 Norbrook- Tour and Lunch 12:00	14
15 FATHER'S DAY	16	17 Breakfast 8-9:15 BP Clinic Bingo 1:00 No lunch at Center Thursday!	18 Quilting & Crafts 10-2 Chair Yoga 11am	19 JUNETEENTH CENTER CLOSED	20	21 SUMMER BEGINS
22	23 C.U.B.S 5:30	24 Breakfast 8-9:15 Bingo 1:00 RSVP for Lunch	25 Quilting & Crafts 10-2 Chair Yoga 11am Maritime Adventure Presentation 7pm	26 Walking Group 9-11am Birthday Lunch Grief Support Group 6pm	27 Acers Garden 9:30	28
29	30					

Community & Senior Center of Colebrook Presents

Walter Banzhaf Incredible story of the sinking of the R/V Sea Surveyor

Please join us Wednesday, June 25 at 7pm

2 School House Road, Colebrook, CT 06021

This event is free; however, feel free to give a donation to Walter

WE ARE VERY LIKELY TO DIE:

THE INCREDIBLE TRUE STORY OF THE SINKING OF THE R/V SEA SURVEYOR

On January 6th, 1969, a 118 ft. research vessel named the R/V Sea Surveyor departed Groton, CT on a testing mission for the US Navy. She never made it to her destination and never returned to port.

Learn about the R/V Sea Surveyor, her mission, and the incredible experience twelve crewman had after her sinking. Presented by Walter Banzhaf, one of the twelve survivors of the Sea Surveyor.

Please contact us to RSVP at 860 738-9521 or seniordirector@colebrooktownhall.org

HANDMADE BUTTERFLY QUILT

60" long x 44"

Drawing date 12/13/2025

Raffle Tickets \$1.00

For tickets call the Senior Center — 860-738-9521



COLEBROOK LIONS CLUB

Father's Day Pancake Breakfast
Sunday, June 15th | 8-11 A.M.



Everyone is invited to enjoy, pancakes, sausage and eggs at the Colebrook Lions Club annual Father's Day Pancake Breakfast fundraiser on Sunday, June 15th from 8-11 A.M. at the Colebrook Community & Senior Center.

Price is \$8 for adults and \$4 for children, payable at the door.

Proceeds Fund Scholarships & Other Local Initiatives

Other Local Initiatives Include: 23-B Stand Down for Veterans | Beardsley & Memorial Library | Colebrook Church in the Wildwood | Colebrook Congregational Church | Colebrook Consolidated School 6th Grade Trip | Colebrook Fire Department | Colebrook First Responders | Colebrook PTO | Colebrook Recreation Department | Colebrook Senior Center | Foothills VNA | Helping Hands Home Care | Norfolk Food Pantry at Church of Christ | Norfolk Volunteer Ambulance | Open Door Soup Kitchen | Pinney Stables | Project Graduation - Region 7 | Winsted Area Ambulance

Beaver Pond Walk

Join us for a walk around the Beaver Pond Trail (about 1 mile) at the scenic 388-acre Colebrook River Lake property owned and maintained by the US Army Corps of Engineers. Afterwards, you can drive over the Colebrook River Dam for amazing views!

SAT, JUNE 7

1:00 - 2:30 PM

**NO RAIN DATE
NO DOGS**

📍 426 Colebrook River Road, Colebrook
CT 06021

🌐 <https://trailsday.org/events/beaver-pond-walk-at-us-army-corps-of-engineers-colebrook-river-lake-property>



Colebrook Organization Contacts

True emergencies: 911

Colebrook Volunteer Fire Dept.

Sean Barry, Fire Chief

Forge Fire Station 860-379-1551

Todd Hiller, Deputy Chief

300 Riverton Road

PO Box 5, Colebrook, CT 06021

Center Fire Station 860-379-8989

Craig Carfiro, Deputy Chief

31 Bunnell Street

PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary 860-738-4151

Laura Bartlett

Colebrook Consolidated School 860-379-2179

www.colebrookschool.org

PO Box 9, Colebrook, CT 06021

Colebrook Consolidated School PTO

President: Colette Hiller

Vice President: Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

Camp Jewell YMCA 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates 860-469-2208

PO Box 118

Colebrook, CT 06021

Northwest Community Co-op 203-231-7176

Laura Stotler

Colebrook Lions Club 860-738-4231

Mlazzaro1@hotmail.com

Recreation Board 860-379-3359 x 201

PO Box 5, Colebrook, CT 06021

Katie Martin

Historical Society 860-738-8244

PO Box 85, Colebrook, CT 06021

Carol Lord

Colebrook Congregational Church

860-379-6775

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair

860-379-3359 x 201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook CT 06021

info@colebrooklandconservancy.org

Useful Phone Numbers

Animal Control, Mike Coleman 860-806-1983

Colebrook Consolidated School 860-379-2179

Colebrook Town Garage 860-379-8306

Colebrook Town Hall 860-379-3359

Community & Senior Center 860-738-9521

Essential Info Line 211

Farmington Valley Health 860-352-2333

FEMA Disaster Assistance 800-621-3362

Fire Marshall 860-379-3359 x 201

Hartford HealthCare (ER, lab) 860-738-5900

Helping Hands Home Care 860-379-4900

Meals on Wheels 860-482-4151

NW Center for Family Services 860-482-8561

Northwest Transit 860-489-2535

NWCC College 860-378-6300

Region 7 Middle & High School 860-379-8525

Poison Control 800-222-1222

Post Office 860-379-2834

Salvation Army 860-379-8444

USA Hauling & Recycling 860-379-1662

Visiting Nurse & Hospice of Litchfield

County 860-379-8561

Western CT Area Agency on Aging (info on

Medigap, Medicare, Medicaid insurance, homecare, senior employment) 800-994-9422

Winsted Health Center 860-379-0888

State Representative: Jay Case 860-842-1423

State Senator: Paul Honig: 860-240-0598

US Representative: John Larson 860-278-8888

US Senator: Richard Blumenthal 860-258-6940

US Senator: Christopher Murphy 860-549-8463

Community and Senior Center of Colebrook

P.O. Box 5

Colebrook, CT 06021

Community and Senior Center of Colebrook

2 School House Rd, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521

Email: seniordirector@colebrooktownhall.org

Website: <https://colebrookseniorcommunitycenter.weebly.com>

Town of Colebrook Website: www.townofcolebrook.org

Face Book: Community and Senior Center of Colebrook