

Community & Senior Center of Colebrook Newsletter



July 2025

NEWS FROM THE FIRST SELECTMAN'S OFFICE

JULY 2025

LABOR DAY FAIR

The Colebrook Labor Day Fair will be Saturday, August 30th, this year. There are many volunteer opportunities at the Fair. If you are interested in volunteering, please contact the First Selectman's office. Vendors are also needed. The vendor form is available at townofcolebrook.org, or contact Karen kodell@colebrooktownhall.org

INDEPENDENCE DAY GARBAGE PICKUP

Trash pickup will be adjusted the week of July 4th. Friday pickup will be on Saturday.

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. Call **860-379-1662** by Thursday of each week for Friday morning pickup.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled. If you have any questions about what can be recycled, please call Town Hall at 860-379-3359 Ext. 201.

TAXES DUE

Taxes are due July 1st, 2025. If not paid on or before August 1st, 2025 the tax becomes delinquent and subject to interest from the due date. Bills will be available July 1st, 2025, to view and/or pay online at www.townofcolebrook.org. If you have not received a motor vehicle bill, or have received it from the wrong town, please contact the Assessor at 860-379-3359 Ext. 206 or assessor@colebrooktownhall.org. The Tax Collector's Office is open Mondays, Wednesdays and Thursdays 9am- 12pm. The office will be open Friday, August 1st, from 9am - noon. Contact Laura Bartlett with any questions at 860-379-3359 Ext. 204 or lbartlett@colebrooktownhall.org

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling 860-379-3359 ext. 201, or email Karen at kodell@colebrooktownhall.org.

Happy July everyone!

Happy July everyone!

We hope everyone had a great month of June. We would like to thank Norbrook for hosting us back in June. It was a beautiful day, and we all had a wonderful time touring the brewery, having a delicious lunch, and meeting the animals.



We are going to celebrate Christmas in July with a cookie exchange on July 24th at 1pm. Come join us for lunch at noon and stay for the cookie exchange or just have fun exchanging some delicious cookies at 1pm. Make two dozen cookies to bring and share. If you are interested in attending, please call us at 860-738-9521 or email us at seniordirector@colebrooktownhall.org

The Colebrook Fair is fast approaching. It will be held on August 30th this year, and we are in need of volunteers, food donations, raffle baskets, and pie donations for our Slice a Pie Event. If you are interested in donating, please call us or email us. We will have sign ups at the Center and keep an eye out for our sign-up genius which we will have soon!

We have had a wonderful crowd for breakfast on Tuesdays. It is great seeing everyone. Don't forget about our lunches on Thursdays. We hope you can join us for a delicious lunch and friendly company.

We hope to see you all at The Center soon!!! Just a reminder that we will be closed July 4th. Have a happy Independence Day!

~Serena and Kate

Birthdays:

Helen Campbell 7/1	Ashley Jasmin 7/13
Erina Smith 7/1	Arlene Vanleer 7/19
Francis Jasmin 7/4	Rita Jasmin 7/26
Lou LaRosa 7/4	June Williams 7/27
Tracy Quinn 7/9	Marty Neal 7/30
Jonathan Moran 7/11	Gary Shelesky 7/30
	

We Wish you a Very Happy Birthday!!!

We will be having a **Birthday Lunch Celebration:**
July 24, 2025 at 12:00 pm.
Birthday Attendees receive a free lunch! Please **RSVP** by **July 22, 2025** to book your reservation.

Breakfast: Only \$6.00 including 1 glass of juice. Any additional juice is \$1.00.

Tuesdays 8 – 9:15 am.

We will be offering a variety of Breakfast Items. Come in and join us and have a great breakfast. Eggs, bacon, sausage, hash browns, assorted toast, Bagels, French Toast, Pancakes, Omelets, Coffee, Juice and so much more. Different items weekly.

Lunch: Cost \$7.00 for Dine-In and \$7.50 for Take-Out. Thursdays 12pm *RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by **1pm the Tuesday before** please!

* If you've signed up for lunch and can't make it, please let us know!

07/03/25: Chicken, Broccoli, Pasta Alfredo, Salad, Roll, and Dessert

07/10/25: BLT, Chips, and Dessert

07/17/25: OUT TO LUNCH. NO LUNCH AT THE CENTER

07/24/25: **BIRTHDAY LUNCH:** Pulled BBQ Pork Sandwich, Coleslaw, Fries, and Birthday Cake

07/31/25: Nacho Bowls with Rice and Dessert

August Lunch Preview: 08/07/25: Loaded Baked Potato with Broccoli and Cheese or Chili with Cheese and Dessert.

**Remember all meals can be made to enjoy here at the Center or are available for take-out!!!
The items in this newsletter are subject to change due to unforeseen circumstances.

Trips

Trip	Date	Bus Time	Bus Fee for Members	Bus Fee for Non-Members	Ticket Fee	RSVP By
Out to lunch: Greenhouse Café and Tavern in Burlington	7/17/25	11:30 am	\$3.00	\$8.00		7/14/25
Picnic Lunch at Harkness Memorial State Park in Waterford. Everyone brings a dish or something to share. We have a sign up here at the Center	7/25/25	8:30 am	\$9.00	\$14.00		7/22/25
Foxwoods Casino We will be leaving the Casino at 2pm	7/30/25	7:45 am	\$11.00	\$16.00		7/27/25

Trip Policy: Upon signing up for a trip, it is required that each person pay for the trip and the van cost immediately when he or she signs up for the trip. This will ensure your reservation. If there isn't enough interest in a trip (6 or more) and the trip doesn't happen because of this, your van trip money will be returned to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. **There is an additional fee of \$5.00 for Non-Members.** Please sign up for all trips at The Senior and Community Center (CSCC). Anyone is welcome! Please Join us! ***These trips are subject to change.

PROGRAMS

Breakfast and Lunch: All meals can be enjoyed in the Center or can be made to go!

Breakfast: We will be serving breakfast on **Tuesdays** from 8 to 9:15am. The price is \$6.00. ** Breakfast will be available for dining in or take out. Please specify when ordering.

Lunch: We will be serving lunch on **Thursdays** at 12 pm. Please RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday prior. Lunch will be available for dining in or take out. The price for Lunch is \$7.00 for dine-in and \$7.50 for take-out. Please specify when ordering.

Bingo: WE ARE IN GREAT NEED OF BINGO CALLERS!!! If you have any questions about volunteering for Bingo, please call the center and we can let you know how you can help. **You can also sign up to call Bingo on our Sign-Up Genius at** <https://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo> **THANK YOU TO ALL WHO HAVE ALREADY SIGNED UP TO CALL. WE REALLY APPRECIATE IT!!!**

Feet First: Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at the time the care is given. The Locations are now in Winsted and Torrington. The clinics are open to persons who do not have peripheral vascular disease, diabetes or have extreme foot swelling. **The Foot Clinic will no longer be offered in Colebrook.**

Blood Pressure Clinic: Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am to 9:40am, free of charge! **July 15th**

Colebrook Ukulele Beginner's Society (C.U.B.S.) Meetings: An informal, self-paced practice group for beginner to intermediate level ukulele enthusiasts, with a focus on fun and friendship. Meets alternate Mondays 5:30 to 7:00 PM. For more information, please call or email Sue at (860) 605-7671 or suluca2@yahoo.com **NO MEETINGS IN JULY**

Chair Yoga: Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8 **NO CLASS JULY 9th**

Quilting and Crafts: Come and spend some time being creative and socializing with The Quilting and Crafts group on **Wednesdays 10am to 2pm**. Join us for Quilting, scrapbooking, coloring, jewelry making, knitting, crocheting, or any other craft you enjoy doing. This is a great group that shares Coffee and great conversation. Please feel free to bring your own lunch or snacks. Give it a try and finish up that ongoing craft in no time at all. For more information, please call Phylis Bernard at 860-480-7210 and leave a message.

The Garden Group: The Garden Group meets on the **2nd Thursday** of the month at 1:30 pm, from April to October. If you would like to join the Garden Group, please contact the Center at 860 738-9521. It's a fun, informal group. We do take fun trips and have 3 master gardeners available to answer questions or concerns. **July 10th The Garden Group will meet at the Center at 1:00pm and then reconvene at 50 Prock Hill Road, Colebrook. Stacey Caren has so generously agreed to host our Garden Group and give us a tour of her beautiful gardens. Please RSVP by Tuesday, July 8th. If it rains, we will continue our meeting at the Center at 1pm.**

Scrapbooking/Crafting: Come join in our scrapbooking/crafting event. Everyone is welcome! Come and work on any project you are interested in or continue on a project that you hold close to your heart! **We will resume in the Fall**

Do you know me? Legacy Project: We have some photo albums here at the Center from years past. If you would like to come in and take a look to see if you recognize anyone in the photos, that would be great! We would appreciate you putting a sticky note on the photo with the person's name. This is a really great way to preserve the history at CSCC!

Grief Support Group: Every other Thursday run by Paula Petty-Barber, RN who is trained in hospice. Suggested donation \$20. RSVP at 860 738-9521 or seniordirector@colebrooktownhall.org **July 10th and July 24th**

Walking Group: **We have cancelled the walking group due to lack of interest at this time.**

Colebrook Food Pantry: The Colebrook Associates along with CSCC are working together to have a food pantry option in Colebrook at CSCC in the front foyer. **Hours are Monday thru Thursday 8:30am-4:30pm and Fridays 8:30-12:00.** The Food Pantry is for Colebrook residents and visitors to the Community and Senior Center of Colebrook (CSCC) only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity with your participation. Thank you! **The Food Pantry cannot use products without expiration dates on them so please make sure they contain an expiration date. Also PLEASE CHECK THAT THE FOOD IS NOT EXPIRED. Thank you again for your generosity!**

Colebrook Food Pantry Wish List: Canned fruit and baking items (cake mixes, frosting, etc.)

Community & Senior Center (CSCC) Memberships: \$5 Membership runs January 1, 2025 - December 31, 2025. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. If you aren't a member, please stop by and fill out a new membership form. Come and join in the fun!

Newsletter via Email: In keeping with being eco-friendly and conserving paper, it would be more beneficial if we could email you a copy of the newsletter. If you would like to receive the Monthly Newsletter via email, please email me @ seniordirector@colebrooktownhall.org with your name, address, phone number, and email address.

Transit Information: If you need medical transportation call 860-738-9521 and leave a message. If it's an emergency, call 860-379-3359 Ext 201 (Town Hall)

We Need Your Support: The Community & Senior Center of Colebrook (CSCC) will be offering a wide variety of opportunities for Meals, Activities, Exercise, Health, Social Wellbeing, Recreation and trips. They are wonderful programs that we hope to be able to continue to offer to the community so long as there is continued interest for them. Our programs and trips are open to anyone.

****Our website:**

You will always find more information on the Community & Senior Center of Colebrook's (CSCC) website. <https://colebrookseniorcommunitycenter.weebly.com> or the Colebrook Town Hall website. We also have a Facebook Page under The Community & Senior Center of Colebrook. Please follow us to keep up to date on any changes that may occur.

****Our Newsletter:**

** If you would like to add any events to this newsletter, be sure to have them to Serena Brainard by the 15th of the previous month. If you would like the Newsletter Mailed to you, the cost is \$15 per year. If you would like to advertise in our Newsletter to promote your business, items for sale, help wanted, etc. Pricing is as follows: 3 Lines: \$10.00 per month. Business Card Size: \$25.00 per month. Please call CSCC at 860-738-9521 or email seniordirector@colebrooktownhall.org if you are interested. Thank you!

****Hall Rentals:**

The Community & Senior Center of Colebrook (CSCC) has a Fully Equipped Kitchen, Hall Capacity: Table seating 90 persons. Auditorium Seating: 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call CSCC at 860-738-9521 or email seniordirector@colebrooktownhall.org for information or to reserve the hall.

****Survey (CSCC):**

Do you have any suggestions or ideas on what you would like to see happen at CSCC? What programs would you be interested in coming to attend? What community events would you like to see? You could call 860-738-9521 or email seniordirector@colebrooktownhall.org with your ideas or suggestions. Thank you in advance for your input.

****CSCC Wish List:**


Sometimes we are in need of items to help here at the Center (CSCC). Please call me and see if we might be able to use your items that you are no longer needing. We could use these items: **Coffee and Maple Syrup**. Thank you in advance for your help and your donations.

****Equipment available to use:**

We have several items available. If you or someone you know could use these items, please contact Serena or Dana at 860 738-9521 or email us at seniordirector@colebrooktownhall.org

July 2025

Community & Senior Center of Colebrook

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Breakfast 8-9:15 Bingo 1:00 RSVP for Lunch	2 Quilting & Crafts 10-2 Chair Yoga 11am	3 Lunch 12:00	4  CLOSED	5
6	7	8 Breakfast 8-9:15 Bingo 1:00 RSVP for Lunch	9 Quilting & Crafts 10-2 NO CHAIR YOGA	10 Lunch 12:00 Garden Group 1:00 *See newsletter for details/location Grief Support Group 6pm	11	12
13	14	15 Breakfast 8-9:15 BP Clinic Bingo 1:00 No Lunch at the Center Thursday	16 Quilting & Crafts 10-2 Chair Yoga 11am	17 Out to Lunch 11:30am No Lunch at Center	18	19
20	21	22 Breakfast 8-9:15 Bingo 1:00 RSVP for Lunch	23 Quilting & Crafts 10-2 Chair Yoga 11am	24 Birthday Lunch 12:00 Christmas in July Cookie Exchange 1pm Grief Support Group 6pm	25 Picnic Lunch at Harkness Park 8:30am	26
27	28	29 Breakfast 8-9:15 Bingo 1:00 RSVP for Lunch	30 Quilting & Crafts 10-2 Chair Yoga 11am Foxwoods Casino 7:45am	31 Lunch 12:00		

COMMUNITY HAPPENINGS

The Colebrook Historical Society will host a "Friday Night Gathering" on July 25th from 7-9 PM. The evening will begin at the home of the CHS with conversation and refreshments. Circa 7:30 PM the gathering will move next door to the Colebrook Town Hall Meeting Room for a presentation by special guest, author/historian Peter Vermilyea – "Litchfield County and the Civil War".

Union victory in the Civil War was far from guaranteed. The Northern war effort depended upon local communities to raise the troops and supplies needed for the battlefield.

The history of Litchfield County highlights the challenges Northern communities faced. Armed confrontations erupted over the flying of secession flags. Supporting the war effort provided women with skills and experiences that would aid in the suffrage movement. Scandal swirled around the local army medical examiner. Mr. Vermilyea uses first-hand accounts, many never published before, to investigate these events and show how the process of preparing for war created a lasting bond between a community and its soldiers.

Mr. Vermilyea teaches history at Housatonic Valley Regional High School and the University of Western Connecticut. He is the author or editor of five books, including "Hidden History of Litchfield County" which won the 2015 Culture Max Award.

Following the presentation Mr. Vermilyea will take questions. Then the gathering will return to the CHS for more refreshments. All are most welcome to attend. The Colebrook Historical Society and Museum is located at the intersection of Routes 183 and 182A in Colebrook Center. For further information contact Carol Lord at carol.9508@yahoo.com or 860-738-8244.



The Colebrook Associates

Present



4TH *Of* JULY IN COLEBROOK



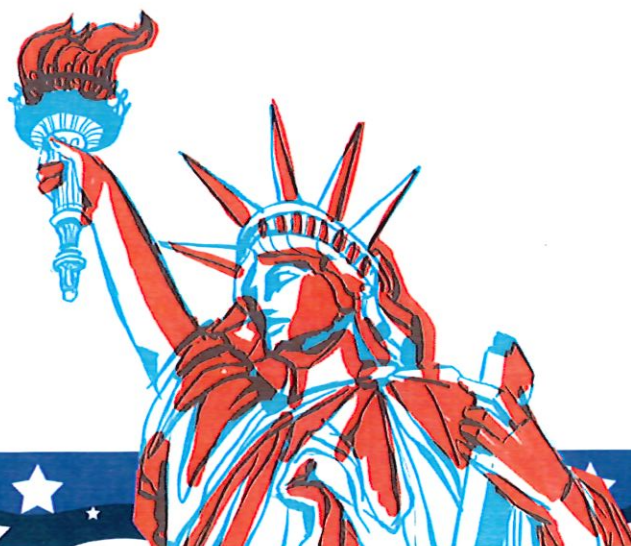
Join us for a talk on local history, some
patriotic music, and ice cream!

July 4th 2025

10:45 AM - Bike Parade (Starting at Colebrook School)

11:00 AM - Event starts inside the Meeting House

12:00 - Ice Cream Social in front of the Historical Society



Colebrook Organization Contacts

Colebrook Volunteer Fire Dept

Sean Barry, Fire Chief

True emergencies: 911

Forge Fire Station 860-379-1551

Terry Phelan, Deputy Chief

300 Colebrook River Road

Box 315, Colebrook, CT 06021

Center Fire Station 860-379-8989

Craig Carfiro, Deputy Chief

31 Bunnell Street

PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary 860-738-4151

Laura Bartlett

Colebrook Consolidated School 860-379-2179

www.colebrookschool.org

PO Box 9, Colebrook, CT 06021

Colebrook Consolidated School PTO

President: Colette Hiller

Vice President: Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

Camp Jewell YMCA 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op 203-231-7176

Laura Stotler

Colebrook Lions Club 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Katie Martin

PO Box 5, Colebrook, CT 06021

Historical Society 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church 860-379-6775

PO Box 14

Colebrook, CT 06021

Colebrook Fair & Holiday Fair

860-379-3359 x201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook CT 06021

info@colebrooklandconservancy.org

Useful Phone Numbers

Animal Control Mike Coleman 860-806-1983

Colebrook Consolidated School 860-379-2179

Colebrook Town Garage 860-379-8306

Colebrook Town Hall 860-379-3359

Essential Info Line 211

Farmington Valley Health 860-352-2333

FEMA Disaster Assistance 800-621-3362

Fire Marshall 860-379-3359 x 201

Hartford Healthcare (ER, lab) 860-738-5900

Helping Hands Home Care 860-379-4900

Meals on Wheels 860-482-4151

NW Center for Family Services 860-482-8561

Northwest Transit 860-489-2535

NWCC College 860-738-6300

Region 7 Middle & High School 860-379-8525

Poison Control 800-222-1222

Post Office 860-379-2834

Salvation Army 860-379-8444

USA Hauling & Recycling 860-379-1662

Visiting Nurse & Hospice of Litchfield County
860-379-8561

Western CT Area Agency on Aging (info on
Medigap, Medicare, Medicaid insurance, homecare,
senior employment) 800-994-9422

Winsted Health Center 860-379-0888

State Representative: Jay Case 860-842-1423

State Senator: Paul Honig 860-240-0598

US Representative: John Larson: 860-278-8888

US Senator: Richard Blumenthal: 860-258-6940

US Senator: Christopher Murphy: 860-549-8463

Community and Senior Center of Colebrook

P.O. Box 5

Colebrook, CT 06021

Community and Senior Center of Colebrook

2 School House Rd, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521

Email: seniordirector@colebrooktownhall.org

Website: <https://colebrookseniorcommunitycenter.weebly.com>

Town of Colebrook Website: www.townofcolebrook.org

Face Book: Community and Senior Center of Colebrook