

Community & Senior Center of Colebrook



hello
December



GET IN TOUCH

Community & Senior Center of Colebrook

2 School House Road, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521 ext. 400

Email: seniordirector@colebrooktownhall.org

Website: colebrookseniorcommunitycenter.weebly.com

Town of Colebrook Website: www.townofcolebrook.org

Facebook: facebook.com/ColebrookSeniorandCommunityCenter/

DECEMBER 2025 NEWSLETTER

Get to Know Our Center



OUR MISSION

The Mission Statement of the Community & Senior Center of Colebrook is to provide appropriate services as needed to the town, to partner with the community civic activities, to offer nutrition programs to seniors and friends, to be an educational as well as recreational place for all ages, and to be an active participant in the Community.

COLEBROOK ORGANIZATIONS AND CONTACTS

Colebrook Volunteer Fire Department

Fire Chief, Sean Barry

True Emergencies: 911

Forge Fire Station | 860-379-1551

Deputy Chief, Terry Phelan

300 Colebrook River Rd, PO Box 315, Colebrook, CT 06021

Center Fire Station | 860-379-8989

Deputy Chief, Craig Carfiro

31 Bunnell St, PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary | 860-738-4151

Laura Bartlett

Colebrook Consolidated School | 860-379-2179

www.colebrookschool.org, PO Box 9, Colebrook, CT 06021

Colebrook Consolidated PTO

President, Colette Hiller

Vice President, Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

Camp Jewel YMCA | 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates | 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op | 203-231-7176

Laura Stotler

Colebrook Lions Club | 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Katie Martin

PO Box 5, Colebrook, CT 06021

Historical Society | 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church | 860-379-6775

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair | 860-379-3359 x201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook, CT 06021

info@colebrooklandconservancy.org

USEFUL PHONE NUMBERS

Animal Control, Mike Coleman | 860-806-1983

Colebrook Consolidated School | 860-379-2179

Colebrook Town Garage | 860-379-8306

Colebrook Town Hall | 860-379-3359

Essential Info Line | 211

Farmington Valley Health | 860-352-2333

FEMA Disaster Assistance | 860-621-3362

Fire Marshall | 860-379-3359 x201

Hartford Healthcare (ER, Lab) | 860-738-5900

Helping Hands Home Care | 860-379-4900

Meals on Wheels | 860-482-4151

NW Center for Family Services | 860-482-8561

Northwest Transit | 860-489-2535

NWCC College | 860-738-6300

Regional 7 Middle & High School | 860-379-8525

Poison Control | 800-222-1222

Post Office | 860-379-2834

Salvation Army | 860-379-8444

USA Hauling & Recycling | 860-379-1662

Visiting Nurse & Hospice of Litchfield County | 860-379-8561

Western CT Area Agency on Aging (info on Medigap, Medicare, Medicaid insurance, homecare, senior employment)
800-994-9422

Winsted Health Center | 860-379-0888

State Representative, Jay Case | 860-842-1423

State Senator, Paul Honig | 860-240-0598

US Representative, John Larson | 860-278-8888

US Senator, Richard Blumenthal | 860-258-6940

US Senator, Christopher Murphy | 860-549-8463

A Letter from the Directors

Hello everyone,

Happy December!

On December 13th we will be holding our Holiday Fair from 9-3pm. We still have some Vendor spots available. If you are interested, please email colebrookholidayfair@gmail.com. The Holiday Café will be open with some delicious options. We are looking for food donations for the Holiday Café, as well as, donations for our Bake Sale Table (No cookies please. We will save the cookies for cookie land). We have sign up sheets at the Center or you can give us a call at 860 738-9521 ext. 400 or email us at seniordirector@colebrooktownhall.org. We thank you in advance for your continued generosity, and we hope you can stop by to enjoy the many wonderful things that the Fair has to offer.

Greenwoods Counseling and Referral Community Outreach will be providing us with a FREE presentation on Opioids and Older Adults after lunch on December 18th at 1pm. You will learn signs of opioid use disorder, preventing accidental overdoses in your adult kids or grandkids, and how to properly dispose of medication. They will also have free Narcan kits available. To sign up for the presentation, please call 860 738-9521 ext. 400 or email us at seniordirector@colebrooktownhall.org.

We will be having a Holiday Party with a Yankee Gift Swap on Monday, December 15th at 10:30am. If you would like to participate, just bring a gift that costs no more than \$10. Come and enjoy some coffee, treats, Holiday music, and fun! Give us a call if you would like to participate: 860 738-9521 ext. 400 or email us at seniordirector@colebrooktownhall.org.

We will not have Scrapbooking in December. Keep watch for a date in January.

We hope to see you soon! Happy and Healthy Holidays to you all!

~ Serena & Kate

NEVER MISS OUR NEWSLETTER!

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Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM

Breakfast, Lunch, and Center Information

BREAKFAST **Tuesdays: 8:00am - 9:15am**

\$6.00 includes 1 glass of juice. Any additional juice is \$1.00. We will be offering a variety of breakfast items. Come and join us. Eggs, bacon, sausage, hash browns, assorted toast, french toast, pancakes, omelets, coffee, tea, juice, and more. Different items weekly. All are welcome!

LUNCH **Thursdays: 12:00pm - 1:00pm**

\$7.00 for Dine-In. \$7.50 for Take-Out. *Items subject to change

RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday before please! If you have signed up for lunch and can't make it, please let us know.

12/04/25: Meat Lasagna, Salad, Garlic Bread, and Bread Pudding

12/11/25: NO LUNCH. HOLIDAY FAIR SET UP

12/18/25: Birthday Lunch: Ham Dinner with Baked Potato, Carrots, Roll, and Cake

12/25/25: NO LUNCH. MERRY CHRISTMAS!

01/01/26: NO LUNCH. HAPPY NEW YEAR!

01/08/26: Sweet and Sour Pork, Rice, Green Beans, and Dessert

COMMUNITY & SENIOR CENTER MEMBERSHIP

A \$5 membership runs January 1, 2026-December 31, 2026. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. Stop by and fill out a membership form.

TRANSIT INFORMATION

If you need medical transportation call 860-738-9521. If it is an emergency, call 860-379-3359 x201 (Town Hall)

CSCC WISH LIST

Coffee
Real Maple Syrup

THANK YOU!!!

COLEBROOK FOOD PANTRY

The Colebrook Associates along with CSCC are working together to provide a food pantry located in the CSCC front foyer. **Hours are Monday-Thursday 8:30am-4:30pm and Fridays 8:30am-12:00pm.** The Food Pantry is for Colebrook Residents and visitors to CSCC only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity. Thank you!

HALL RENTALS

The Community & Senior Center of Colebrook (CSCC) has a fully equipped kitchen. Hall capacity: table seating for 90 persons and auditorium seating for 190 persons. Rates are \$200 for residents, \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call 860-738-9521 or email seniordirector@colebrooktownhall.org for more information or to reserve the hall.

EQUIPMENT AVAILABLE TO USE

We have several items available (walkers, crutches, etc.). If you or someone you know could use these items, please call 860-738-9521 ext. 400.

News from the First Selectman's Office

CHRISTMAS GIVING PROGRAM

The Town Hall will have the Christmas Giving tree up after Thanksgiving. If you would like to shop for a local family this holiday season, please stop by for a stocking. Contact Karen in the Selectman's office with any questions. 860-379-3359 ext. 201 or email kodell@colebrooktownhall.org

HOLIDAY TRASH PICKUP

Don't forget trash pickup will be delayed by one day the weeks of Christmas and New Year's Day. Thursday pickup will be on Friday and Friday pickup will be on Saturday.

BULK WASTE PICKUP

Bulk trash pickup is available every week for items that will not fit in your bin. You must call **860-379-1662** by Thursday of each week for Friday morning pickup.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

ENERGY ASSISTANCE APPLICATIONS BEING ACCEPTED

The Selectman's Office is still making appointments for energy assistance applications. Please contact Karen to set an appointment, or if you have any questions call 860-379-3359 ext. 201 or email kodell@colebrooktownhall.org

HAPPY HOLIDAYS

The Town of Colebrook employees would like to wish everyone a Happy and Healthy Holiday season!

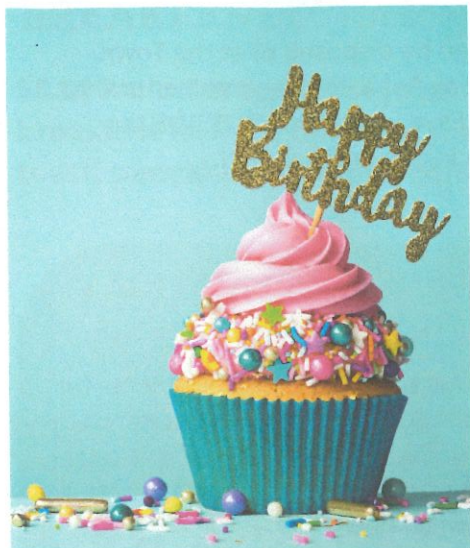
COMMUNITY & SENIOR CENTER OF COLEBROOK TRIPS

Trip	Date	Bus Time	Bus Fee Members	Bus Fee Non-Members	Ticket Fee	RSVP By
Gallery of Trees, Collinsville Lunch: Crown & Hammer Collinsville	Friday 12/5/25	11 am	\$4	\$9		12/2/25
Shakespeare's Gardens in Brookfield. Lunch: The White Horse Tavern, New Preston	Wednesday 12/10/25	10 am	\$8	\$13		12/07/25

Trip Policy

It is required that each person pay for the trip immediately when he or she signs up. If there isn't enough interest (6 or more), and the trip doesn't happen because of this, your money will be refunded to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. Please sign up for all trips at the Center. All are welcome. *Trips are subject to change.

December 2025 Calendar



BIRTHDAYS

Ross Rodes McClave-December
 Steve Rubenstein 12/1
 Joyce Millard 12/4
 Chris Johnstone 12/5
 Robert Carfiro 12/6
 Sandra Benge 12/9
 Mary Ann Kos 12/12
 Colleen Coleman 12/24
 Ann Marie Chauvin 12/26
 Sandra Jasmin 12/27
 Jake Thompson 12/27
 Harry White 12/29
 Bob Davidson 12/30
 John Wallace 12/30

BIRTHDAY LUNCH CELEBRATION

December 18, 2025 @ 12:00pm
 Birthday attendees receive a free lunch! Please RSVP by December 16, 2025 to book your reservation.

We wish you a very
 Happy Birthday!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	3 Quilting & Crafts 10-2pm Chair Yoga 11am	4 Lunch 12pm Grief Support Group 6pm	5 Gallery of Trees 11 am	6
7	8 C.U.B.S. 5:30pm	9 Breakfast 8-9:15am Bingo 1pm No Lunch on Thursday	10 Quilting & Crafts 10-2pm Chair Yoga 11am Shakespeare's Garden 10am	11 No Lunch	12	13 Holiday Fair 9am-3pm
14 Hanukkah Begins at Sundown	15 Holiday Party/Yankee Swap 10:30	16 Breakfast 8-9:15am BP Clinic Bingo 1pm RSVP for Lunch	17 Quilting & Crafts 10-2pm Chair Yoga 11am	18 Birthday Lunch Grief Support Group 6pm	19	20
21 Winter Solstice	22	23 Breakfast 8-9:15am Bingo 1pm No lunch on Thursday	24 CENTER CLOSED Christmas Eve	25 CENTER CLOSED Christmas Day	26 CENTER CLOSED Kwanzaa	27
28	29 CENTER CLOSED	30 CENTER CLOSED	31 CENTER CLOSED New Year's Eve Chair Yoga 11am (In Town Hall)			



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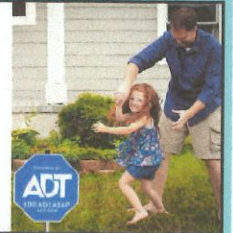
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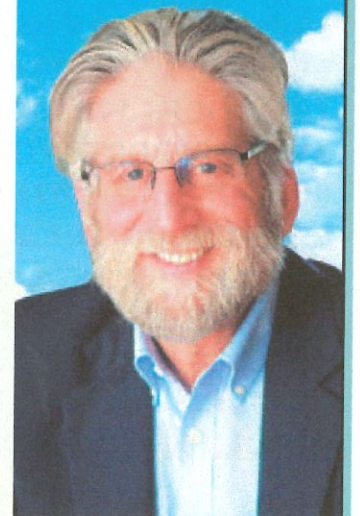
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PROGRAMS

Bingo

We are always in need of Bingo Callers. You can call us, email us, or sign up here
<http://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo>

Blood Pressure Clinic

Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am-9:40am, free of charge!

Chair Yoga

Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8

Colebrook Ukulele Beginner's Society (C.U.B.S)

An informal, self-paced practice group for beginner to intermediate level ukulele enthusiasts, with a focus on fun and friendship. Meets alternate Mondays 5:30-7:00 pm. For more information call or email Sue at 860-605-7671 or suluca2@yahoo.com

The Garden Group

Meets on the 2nd Thursday of the month at 1:30pm, from April to October. If you would like to join us please call 860-738-9521. See you in the Spring!

Grief Support Group

Every other Thursday run by Paula Petty-Barber, RN. Paula is hospice trained. Suggested donation \$20. Call or email to sign up 860-738-9521 or seniordirector@colebrooktownhall.org

Quilting and Crafts

Wednesdays 10am-2pm. Join us for quilting, scrapbooking, coloring, knitting, crocheting, or any craft you enjoy. This group shares coffee and conversation. Feel free to bring your own lunch or snack. For more information, contact Phylis Bernard at 860-480-7210

Scrapbooking and Crafting

Come join in our scrapbooking/crafting event. Everyone is welcome. Work on any project you are interested in. \$10/per person. No Scrapbooking in December.

Feet First

Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at time the care is given. Locations are now in Winsted and Torrington (not Colebrook). The clinics are open to persons who do not have peripheral vascular disease, diabetes, or extreme foot swelling.

COMMUNITY HAPPENINGS

THE COLEBROOK HISTORICAL SOCIETY:

THE COLEBROOK HISTORICAL SOCIETY WILL HOST A HOLIDAY OPEN HOUSE ON SUNDAY, DECEMBER 7TH AT THE HOME OF THE CHS, THE SEYMOUR INN. ALL ARE MOST WELCOME. THE DOORS WILL OPEN AT 3:00 PM WITH PLENTY OF REFRESHMENTS ON HAND AND AMPLE OPPORTUNITY TO MINGLE WITH FRIENDS OLD AND NEW.

ROUNDAABOUT 4:00 PM CHILDREN FROM THE COLEBROOK CONSOLIDATED SCHOOL WILL PERFORM ON THEIR MUSICAL INSTRUMENTS, THEN LEAD THE GATHERING IN HOLIDAY SONGS AND CAROLS. AT 5:00 PM ALL WILL GO OUTDOORS TO SEE THE LIGHTING OF THE TOWN TREES FOR THE HOLIDAY SEASON.

THE CHS IS LOCATED AT THE INTERSECTION OF ROUTES 183 AND 182A IN COLEBROOK CENTER. FOR FURTHER INFORMATION CONTACT CAROL LORD AT CAROL.9508@YAHOO.COM OR 860-738-8244.