

Community & Senior Center of Colebrook



GET IN TOUCH

Community & Senior Center of Colebrook

2 School House Road, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521 ext. 400

Email: seniordirector@colebrooktownhall.org

Website: colebrookseniorcommunitycenter.weebly.com

Town of Colebrook Website: www.townofcolebrook.org

Facebook: facebook.com/ColebrookSeniorandCommunityCenter/

JANUARY 2026 NEWSLETTER

Get to Know Our Center



OUR MISSION

The Mission Statement of the Community & Senior Center of Colebrook is to provide appropriate services as needed to the town, to partner with the community civic activities, to offer nutrition programs to seniors and friends, to be an educational as well as recreational place for all ages, and to be an active participant in the Community.

COLEBROOK ORGANIZATIONS AND CONTACTS

Colebrook Volunteer Fire Department

Fire Chief, Sean Barry

True Emergencies: 911

Forge Fire Station | 860-379-1551

Deputy Chief, Terry Phelan

300 Colebrook River Rd, PO Box 315, Colebrook, CT 06021

Center Fire Station | 860-379-8989

Deputy Chief, Craig Carfiro

31 Bunnell St, PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary | 860-738-4151

Laura Bartlett

Colebrook Consolidated School | 860-379-2179

www.colebrookschool.org, PO Box 9, Colebrook, CT 06021

Colebrook Consolidated PTO

President, Colette Hiller

Vice President, Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

Camp Jewel YMCA | 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates | 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op | 203-231-7176

Laura Stotler

Colebrook Lions Club | 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Katie Martin

PO Box 5, Colebrook, CT 06021

Historical Society | 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church | 860-379-6775

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair | 860-379-3359 x201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook, CT 06021

info@colebrooklandconservancy.org

USEFUL PHONE NUMBERS

Animal Control, Mike Coleman | 860-806-1983

Colebrook Consolidated School | 860-379-2179

Colebrook Town Garage | 860-379-8306

Colebrook Town Hall | 860-379-3359

Essential Info Line | 211

Farmington Valley Health | 860-352-2333

FEMA Disaster Assistance | 860-621-3362

Fire Marshall | 860-379-3359 x201

Hartford Healthcare (ER, Lab) | 860-738-5900

Helping Hands Home Care | 860-379-4900

Meals on Wheels | 860-482-4151

NW Center for Family Services | 860-482-8561

Northwest Transit | 860-489-2535

NWCC College | 860-738-6300

Regional 7 Middle & High School | 860-379-8525

Poison Control | 800-222-1222

Post Office | 860-379-2834

Salvation Army | 860-379-8444

USA Hauling & Recycling | 860-379-1662

Visiting Nurse & Hospice of Litchfield County | 860-379-8561

Western CT Area Agency on Aging (info on Medigap, Medicare, Medicaid insurance, homecare, senior employment)
800-994-9422

Winsted Health Center | 860-379-0888

State Representative, Jay Case | 860-842-1423

State Senator, Paul Honig | 860-240-0598

US Representative, John Larson | 860-278-8888

US Senator, Richard Blumenthal | 860-258-6940

US Senator, Christopher Murphy | 860-549-8463

A Letter from the Directors

Hello everyone,

Happy January!

We would like to thank everyone for supporting our Holiday Fair. Through your generous food donations, bake sale donations, and attending the Holiday Fair, you have all helped in making our Fair a wonderful event. We would like to thank our incredible volunteers as well for all they do. We couldn't do it without all of you! Thank you so very much!

We will be having our first **Trip Planning Group** on Thursday, January 8th at 1pm. If you have any ideas or suggestions for trips, we welcome you to attend to help us plan future trips.

We will have our **Scrapbook Event** on Saturday, January 10 from 9am to 6pm. The cost is \$10. Come with any craft that you are working on and enjoy great company. There will be continental breakfast served. Feel free to bring lunch/dinner to enjoy.

Saturday, January 24th, Tyler Rae will be hosting another **Karaoke** night from 6:30-8:30pm. Enjoy a night out! Come have fun and sing some songs! Original music is welcome as well. This is a free event. Call or email to let us know if you will be attending. 860 738-9521 ext. 400 seniordirector@colebrooktownhall.org.

We will be closed Thursday, January 1st in observance of New Year's Day, as well as, Monday, January 19th in observance of Martin Luther King, Jr. Day. And just a reminder that if schools are closed due to the weather, then the Center will be closed as well.

Don't forget to get your Membership Forms in for 2026.

We hope to see you soon!

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM

Breakfast, Lunch, and Center Information

BREAKFAST **Tuesdays: 8:00am - 9:15am**

\$6.00 includes 1 glass of juice. Any additional juice is \$1.00. We will be offering a variety of breakfast items. Come and join us. Eggs, bacon, sausage, hash browns, assorted toast, french toast, pancakes, omelets, coffee, tea, juice, and more. Different items weekly. All are welcome!

LUNCH **Thursdays: 12:00pm - 1:00pm**

\$7.00 for Dine-In. \$7.50 for Take-Out. *Items subject to change

RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday before please! If you have signed up for lunch and can't make it, please let us know.

01/01/26: NO LUNCH. HAPPY NEW YEAR!

01/08/26: Meatloaf, Mashed Potatoes, Veggie, and Dessert

01/15/26: NO LUNCH. OUT TO LUNCH TRIP

01/22/26: Birthday Lunch: Spaghetti, Salad, Roll, and Birthday Cake

01/29/26: All American Cheeseburger on Brioche Roll, Chips, Pickle, and Dessert

02/05/26: Baked Chicken Thigh, Rice, Broccoli and Cheese, and Dessert

COMMUNITY & SENIOR CENTER MEMBERSHIP

A \$5 membership runs January 1, 2026-December 31, 2026. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. Stop by and fill out a membership form.

TRANSIT INFORMATION

If you need medical transportation call 860-738-9521 ext. 400. If it is an emergency, call 860-379-3359 x201 (Town Hall)

CSCC WISH LIST

Coffee
Real Maple Syrup

THANK YOU!!!

COLEBROOK FOOD PANTRY

The Colebrook Associates along with CSCC are working together to provide a food pantry located in the CSCC front foyer. **Hours are Monday-Thursday 8:30am-4:30pm and Fridays 8:30am-12:00pm.** The Food Pantry is for Colebrook Residents and visitors to CSCC only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity. Thank you!

HALL RENTALS

The Community & Senior Center of Colebrook (CSCC) has a fully equipped kitchen. Hall capacity: table seating for 90 persons and auditorium seating for 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call 860-738-9521 or email seniordirector@colebrooktownhall.org for more information or to reserve the hall.

EQUIPMENT AVAILABLE TO USE

We have several items available (walkers, crutches, etc.). If you or someone you know could use these items, please call 860-738-9521 ext. 400.

News from the First Selectman's Office

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. You must call [860-379-1662](tel:860-379-1662) by Thursday of each week for Friday morning pickup.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

TAXES DUE

The second installment for taxes is due January 1, 2026. To avoid penalty, payment must be received or postmarked by February 2, 2026. Payments can be made online at townofcolebrook.org. A nominal fee is applied for online payments. Or mail to the attention of the Tax Collector, PO Box 5, Colebrook, CT 06021. Please contact Laura Bartlett, Tax Collector with any questions, 860-379-3359 ext. 204 or lbartlett@colebrooktownhall.org.

WINTER SAND

Sand mix is available for COLEBROOK RESIDENTS ONLY by hand bucket at the Town Garage, 43 Sandy Brook Road. Limit 2 hand buckets per resident per storm event. Any questions call the Town Garage 860-379-8306.

ENERGY ASSISTANCE APPLICATIONS BEING ACCEPTED

The Selectman's Office is still making appointments for energy assistance applications. Please contact Karen to set an appointment, or if you have any questions call 860-379-3359 ext. 201 or email kodell@colebrooktownhall.org

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201 or email kodell@colebrooktownhall.org.

COMMUNITY & SENIOR CENTER OF COLEBROOK TRIPS

Trip	Date	Bus Time	Bus Fee Members	Bus Fee Non-Members	Ticket Fee	RSVP By
Out to Lunch: The Barn Restaurant in Granby	Thursday 1/15/26	11:00 am	\$4	\$9		1/12/26

Trip Policy

It is required that each person pay for the trip immediately when he or she signs up. If there isn't enough interest (6 or more), and the trip doesn't happen because of this, your money will be refunded to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. Please sign up for all trips at the Center. All are welcome. *Trips are subject to change.

January 2026 Calendar



BIRTHDAYS

- Kate Kennedy 1/6

Diane Lytwyn 1/10

Brian Smith 1/10

Penny White 1/10

Janet Fredsall 1/11

Susan Jabs 1/11

Edward Lord 1/11

Carolyn Campbell 1/12

David Colucci 1/12

Kathy Riiska Lovejoy 1/13
- Bill Eckert 1/15

Virginia Eckert 1/16

Sally Coleman 1/17

Eileen Fortier 1/18

Cyril Kenney Sr. 1/19

Phillip Bainbridge 1/21

Jeanne Jones 1/22

Joe Polidoro 1/26

Paul Lytwyn 1/27

BIRTHDAY LUNCH CELEBRATION

January 22, 2026 @ 12:00pm
Birthday attendees receive a free lunch! Please RSVP by January 20, 2026 to book your reservation.

We wish you a very Happy Birthday!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Year's Day Center Closed	2	3
4	5 C.U.B.S. 5:30pm	6 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	7 Quilting & Crafts 10-2pm Chair Yoga 11am	8 Lunch 12pm Grief Support Group 6pm Trip Planning Group 1pm	9	10 Scrapbook Event 9am-6pm
11	12	13 Breakfast 8-9:15am Bingo 1pm No Lunch on Thursday	14 Quilting & Crafts 10-2pm Chair Yoga 11am	15 Out to Lunch Trip 11:00am No Lunch at Center	16	17
18	19 Martin Luther King Jr. Day Center Closed except for: C.U.B.S. 5:30pm	20 Breakfast 8-9:15am BP Clinic Bingo 1pm RSVP for Lunch	21 Quilting & Crafts 10-2pm Chair Yoga 11am	22 Birthday Lunch 12pm Grief Support Group 6pm	23	24 Karaoke 6:30pm-8:30pm
25	26	27 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	28 Quilting & Crafts 10-2pm Chair Yoga 11am	29 Lunch 12pm	30	31



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PROGRAMS

Bingo

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<http://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo>

Blood Pressure Clinic

Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am-9:40am, free of charge!

Chair Yoga

Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8

Colebrook Ukulele Beginner's Society (C.U.B.S)

An informal, self-paced practice group for beginner to intermediate level ukulele enthusiasts, with a focus on fun and friendship. Meets alternate Mondays 5:30-7:00 pm. For more information call or email Sue at 860-605-7671 or suluca2@yahoo.com

The Garden Group

Meets on the 2nd Thursday of the month at 1:30pm, from April to October. If you would like to join us please call 860-738-9521. See you in the Spring!

Grief Support Group

Every other Thursday run by Paula Petty-Barber, RN. Paula is hospice trained. Suggested donation \$20. Call or email to sign up 860-738-9521 or seniordirector@colebrooktownhall.org

Quilting and Crafts

Wednesdays 10am-2pm. Join us for quilting, scrapbooking, coloring, knitting, crocheting, or any craft you enjoy. This group shares coffee and conversation. Feel free to bring your own lunch or snack. For more information, contact Phylis Bernard at 860-480-7210

Scrapbooking and Crafting

Come join in our scrapbooking/crafting event. Everyone is welcome. Work on any project you are interested in. \$10/per person. No Scrapbooking in December.

Feet First

Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at time the care is given. Locations are now in Winsted and Torrington (not Colebrook). The clinics are open to persons who do not have peripheral vascular disease, diabetes, or extreme foot swelling.

