

Community & Senior Center of Colebrook

HAPPY

St. Patrick's
Day



GET IN TOUCH

Community & Senior Center of Colebrook

2 School House Road, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521 ext. 400

Email: seniordirector@colebrooktownhall.org

Website: colebrookseniorcommunitycenter.weebly.com

Town of Colebrook Website: www.townofcolebrook.org

Facebook: facebook.com/ColebrookSeniorandCommunityCenter/

MARCH 2026 NEWSLETTER

Get to Know Our Center



OUR MISSION

The Mission Statement of the Community & Senior Center of Colebrook is to provide appropriate services as needed to the town, to partner with the community civic activities, to offer nutrition programs to seniors and friends, to be an educational as well as recreational place for all ages, and to be an active participant in the Community.

COLEBROOK ORGANIZATIONS AND CONTACTS

Colebrook Volunteer Fire Department

Fire Chief, Sean Barry

True Emergencies: 911

Forge Fire Station | 860-379-1551

Deputy Chief, Terry Phelan

300 Colebrook River Rd, PO Box 315, Colebrook, CT 06021

Center Fire Station | 860-379-8989

Deputy Chief, Craig Carfiro

31 Bunnell St, PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary | 860-738-4151

Laura Bartlett

Colebrook Consolidated School | 860-379-2179

www.colebrookschool.org, PO Box 9, Colebrook, CT 06021

Colebrook Consolidated PTO

President, Colette Hiller

Vice President, Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

Camp Jewel YMCA | 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates | 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op | 203-231-7176

Laura Stotler

Colebrook Lions Club | 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Katie Martin

PO Box 5, Colebrook, CT 06021

Historical Society | 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church | 860-379-6775

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair | 860-379-3359 x201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook, CT 06021

info@colebrooklandconservancy.org

USEFUL PHONE NUMBERS

Animal Control, Mike Coleman | 860-806-1983

Colebrook Consolidated School | 860-379-2179

Colebrook Town Garage | 860-379-8306

Colebrook Town Hall | 860-379-3359

Essential Info Line | 211

Farmington Valley Health | 860-352-2333

FEMA Disaster Assistance | 860-621-3362

Fire Marshall | 860-379-3359 x201

Hartford Healthcare (ER, Lab) | 860-738-5900

Helping Hands Home Care | 860-379-4900

Meals on Wheels | 860-482-4151

NW Center for Family Services | 860-482-8561

Northwest Transit | 860-489-2535

NWCC College | 860-738-6300

Regional 7 Middle & High School | 860-379-8525

Poison Control | 800-222-1222

Post Office | 860-379-2834

Salvation Army | 860-379-8444

Suicide and Crisis Lifeline | 988

USA Hauling & Recycling | 860-379-1662

Visiting Nurse & Hospice of Litchfield County | 860-379-8561

Western CT Area Agency on Aging (info on Medigap, Medicare, Medicaid insurance, homecare, senior employment)

800-994-9422

Winsted Health Center | 860-379-0888

State Representative, Jay Case | 860-842-1423

State Senator, Paul Honig | 860-240-0598

US Representative, John Larson | 860-278-8888

US Senator, Richard Blumenthal | 860-258-6940

US Senator, Christopher Murphy | 860-549-8463

A Letter from the Directors

Hello everyone,

Happy March! We are getting closer to Spring!

We are so excited to announce Sandy Taylor as our new Co-Director. She has already started cooking in the kitchen with our wonderful volunteers. Stop by to say hello and meet Sandy! Let's give her a warm welcome!

Grief Support Group will meet on Wednesdays going forward. The meeting in March will be March 25th only.

We will have our **Scrapbook/Craft Event** on Saturday, March 7th from 9am to 6pm. The cost is \$10. Come with any craft that you are working on and enjoy great company. There will be continental breakfast served. Feel free to bring lunch/dinner to enjoy.

Our next **Karaoke** Night hosted by Tyler Rae will be held on Saturday, March 14th from 6:30pm-8:30pm. Enjoy a night out while listening to some songs or come sing your heart out! Original music is welcome. This is a free event. Come help us wish Tyler much luck and succes in his next chapter!

Do you play the piano? Our piano has recently been tuned and is waiting to be played! If you are interested in playing during breakfast on Tuesday mornings or lunch on Thursday, come on in. We would love to hear you play! And don't foget about Bingo on Tuesdays at 1pm. Come play Bingo and have some fun!

We hope to see you soon!
~ Serena and Sandy

NEVER MISS OUR NEWSLETTER!

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Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM

Breakfast, Lunch, and Center Information

BREAKFAST Tuesdays: 8:00am - 9:15am

\$6.00 includes 1 glass of juice. Any additional juice is \$1.00. We will be offering a variety of breakfast items. Come and join us. Eggs, bacon, sausage, hash browns, assorted toast, french toast, pancakes, omelets, coffee, tea, juice, and more. Different items weekly. All are welcome!

LUNCH Thursdays: 12:00pm - 1:00pm

\$7.00 for Dine-In. \$7.50 for Take-Out. *Items subject to change

RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday before please! If you have signed up for lunch and can't make it, please let us know.

03/05/26: Grilled Cheese Sandwich with Tomato Soup and Dessert

03/12/26: Rubeen Sandwich with Pickle, Chips, and Dessert

03/19/26: Birthday Lunch: Ham Slice with Pineapple Chunks, Mashed Potatoes, Broccoli, and Birthday Cake

03/26/26: Beef Stroganoff on Wavy Noodles, Salad, and Sliced Peaches with Ice Cream

04/02/26: Corn Chowder with Bacon Bits, Crescent Rolls, Fruit Cocktail, and Cookies

COMMUNITY & SENIOR CENTER MEMBERSHIP

A \$5 membership runs January 1, 2026-December 31, 2026. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. Stop by and fill out a membership form.

TRANSIT INFORMATION

If you need medical transportation call 860-738-9521 ext. 400. If it is an emergency, call 860-379-3359 x201 (Town Hall)

CSCC WISH LIST

Real Maple Syrup

THANK YOU!!!

COLEBROOK FOOD PANTRY

The Colebrook Associates along with CSCC are working together to provide a food pantry located in the CSCC front foyer. **Hours are Monday-Thursday 8:30am-4:30pm and Fridays 8:30am-12:00pm.** The Food Pantry is for Colebrook Residents and visitors to CSCC only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity. Thank you!

HALL RENTALS

The Community & Senior Center of Colebrook (CSCC) has a fully equipped kitchen. Hall capacity: table seating for 90 persons and auditorium seating for 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call 860-738-9521 or email seniordirector@colebrooktownhall.org for more information or to reserve the hall.

EQUIPMENT AVAILABLE TO USE

We have several items available (walkers, crutches, etc.). If you or someone you know could use these items, please call 860-738-9521 ext. 400.

News from the First Selectman's Office

ANNUAL BUDGET HEARING

The town will host its annual budget hearing on Thursday, April 9th, at 7 p.m. The referendum on Colebrook and Region 7 budgets will be held on Tuesday, May 5th.

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. You must call **860-379-1662** by Thursday of each week for Friday morning pickup. Electronic items and building materials are not accepted.

TOWN HALL CLOSURE

Town Hall will be closed on Good Friday (April 3rd). Curbside garbage and recycling pickup will be on a normal schedule that week.

ELECTRONIC RECYCLING

Electronic items may be left at the Town Garage, outside of the storage unit which sits to the right of the garage. Accepted items include:

- Computers/Monitors/Modems/Printers/Keyboards/Mice
- TVs/VCRs/DVD Players/Video Game Players
- Copiers/Scanners/Fax Machines
- iPods/Personal digital assistants
- Stereos
- Telephones/Cell phones
- Tablets/E-readers
- Microwaves
- Other small appliances

SELECTMAN'S EMAIL NOTIFICATION

If you'd like to receive our weekly News from Colebrook Town Hall e-newsletter, please drop us a line at bbremer@colebrooktownhall.org.

Items NOT accepted include:

- Smoke detectors
- Hazardous materials (lighter fluid/liquids/paint/oils)

PILOT FOOD SCRAP RECYCLING PROGRAM

The town is conducting a pilot food scrap recycling program, with drop-off stations at Town Hall and the Forge Firehouse. Free starter kits are available. If you'd like to participate, please contact Brad Bremer at bbremer@colebrooktownhall.org.

COMMUNITY & SENIOR CENTER OF COLEBROOK TRIPS

Trip	Date	Bus Time	Bus Fee Members	Bus Fee Non-Members	Ticket Fee	RSVP By
Playhouse on the Park-West Hartford to see The Mountaintop. <i>*See below for synopsis.</i> Lunch: TBD	Friday 3/20/26	9:00 am	\$5	\$10	\$28.50	3/5/26
Little Poland Lunch: TBD	Friday 3/27/26	10:00 am	\$5	\$10		3/24/26

***THE MOUNTAINTOP: IT'S APRIL 3, 1968, AND AN EXHAUSTED DR. KING RETIRES TO HIS ROOM AT THE LORRAINE MOTEL IN MEMPHIS AFTER DELIVERING ONE OF HIS MOST MEMORABLE SPEECHES. WHEN A MYSTERIOUS YOUNG MAID NAMED CAMAE DELIVERS ROOM SERVICE, THE TWO ENGAGE IN HUMOROUS CONVERSATION THAT PROGRESSES INTO A SOUL-SEARCHING DISCUSSION ABOUT THEIR MUTUAL HOPES AND FEARS. WHEN CAMAE REVEALS A SECRET, KING IS FORCED TO CONFRONT HIS DESTINY AND HIS LEGACY. THIS OLIVIER AWARD-WINNING PLAY OFFERS AN INTIMATE AND EMPATHETIC PORTRAIT OF ONE OF HISTORY'S MOST CONSEQUENTIAL LEADERS TOLD BY ONE OF TODAY'S MOST IMPORTANT WRITERS, PULITZER PRIZE WINNER KATORI HALL (THE HOT WING KING).**

Trip Policy

It is required that each person pay for the trip immediately when he or she signs up. If there isn't enough interest (6 or more), and the trip doesn't happen because of this, your money will be refunded to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. Please sign up for all trips at the Center. All are welcome. *Trips are subject to change.

March 2026 Calendar



BIRTHDAYS

Albert Valickis 3/4
 Rev. Lee Gangaware 3/11
 Eric Wanner 3/14
 Linda Johnson 3/21
 Maureen Bascetta 3/28
 Dana Lent 3/29
 Cindy Fixer 3/31
 Paula Welch 3/31

BIRTHDAY LUNCH CELEBRATION

March 19, 2026 at 12pm
 Birthday attendees receive a free lunch! Please RSVP by March 17, 2026 to book your reservation.

We wish you a very Happy Birthday!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 C.U.B.S. 5:30pm	3 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	4 Quilting & Crafts 10-2pm Chair Yoga 11am	5 Lunch 12pm	6	7 Scrapbook Event 9am-6pm
8 Daylight Saving Time Begins	9	10 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	11 Quilting & Crafts 10-2pm Chair Yoga 11am	12 Lunch 12pm	13 FFA Pasta Dinner	14 Karaoke 6:30pm-8:30pm
15	16 C.U.B.S. 5:30pm	17 Breakfast 8-9:15am BP Clinic Bingo 1pm RSVP for Lunch St. Patrick's Day	18 Quilting & Crafts 10-2pm Chair Yoga 11am	19 Birthday Lunch 12pm	20 First Day of Spring Playhouse on the Park Trip 9am	21
22	23	24 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	25 Quilting & Crafts 10-2pm Chair Yoga 11am Grief Support Group 6pm	26 Lunch 12pm	27 Little Poland Trip 10am	28
29	30 C.U.B.S. 5:30pm	31 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch				



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PROGRAMS

Bingo

We are always in need of Bingo Callers. You can call us, email us, or sign up here
<http://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo>

Blood Pressure Clinic

Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am-9:40am, free of charge!

Chair Yoga

Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8

Colebrook Ukulele Beginner's Society (C.U.B.S)

An informal, self-paced practice group for beginner to intermediate level ukulele enthusiasts, with a focus on fun and friendship. Meets alternate Mondays 5:30-7:00 pm. For more information call or email Sue at 860-605-7671 or suluca2@yahoo.com

The Garden Group

Due to lack of attendance, the group will no longer be meeting at this time. We would like to thank Carol Sherwood and Sally Root for taking the time to lead this group for the past several years.

Grief Support Group

Every other Wednesday run by Paula Petty-Barber, RN. Paula is hospice trained. Suggested donation \$20. Call or email to sign up 860-738-9521 or seniordirector@colebrooktownhall.org

Quilting and Crafts

Wednesdays 10am-2pm. Join us for quilting, scrapbooking, coloring, knitting, crocheting, or any craft you enjoy. This group shares coffee and conversation. Feel free to bring your own lunch or snack. For more information, contact Phylis Bernard at 860-480-7210



Scrapbooking and Crafting

Come join in our scrapbooking/crafting event. Everyone is welcome. Work on any project you are interested in. \$10/per person.

Feet First

Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at time the care is given. Locations are now in Winsted and Torrington (not Colebrook). The clinics are open to persons who do not have peripheral vascular disease, diabetes, or extreme foot swelling.

WE WOULD LIKE TO TAKE THIS TIME TO HONOR AND CELEBRATE BETTY FOGLIA. BETTY WAS ONE OF OUR BELOVED VOLUNTEERS AND A DEAR FRIEND HERE AT THE CENTER FOR MANY YEARS.

WE ARE SO GRATEFUL FOR THE TIMELESS HOURS THAT BETTY DEDICATED TO THE CENTER. SHE WILL BE GREATLY MISSED BY ALL WHO HAD THE PRIVILEGE OF KNOWING HER. WE EXTEND OUR SINCERE CONDOLENCES TO HER FAMILY.

