

Community & Senior Center of Colebrook



GET IN TOUCH

Community & Senior Center of Colebrook

2 School House Road, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521 ext. 400

Email: seniordirector@colebrooktownhall.org

Website: colebrookseniorcommunitycenter.weebly.com

Town of Colebrook Website: www.townofcolebrook.org

Facebook: facebook.com/ColebrookSeniorandCommunityCenter/

MAY 2026 NEWSLETTER

Get to Know Our Center



OUR MISSION

The Mission Statement of the Community & Senior Center of Colebrook is to provide appropriate services as needed to the town, to partner with the community civic activities, to offer nutrition programs to seniors and friends, to be an educational as well as recreational place for all ages, and to be an active participant in the Community.

COLEBROOK ORGANIZATIONS AND CONTACTS

Colebrook Volunteer Fire Department

Fire Chief, Sean Barry

True Emergencies: 911

Forge Fire Station | 860-379-1551

Deputy Chief, Terry Phelan

300 Colebrook River Rd, PO Box 315, Colebrook, CT 06021

Center Fire Station | 860-379-8989

Deputy Chief, Craig Carfiro

31 Bunnell St, PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary | 860-738-4151

Laura Bartlett

Colebrook Consolidated School | 860-379-2179

www.colebrookschool.org, PO Box 9, Colebrook, CT 06021

Colebrook Consolidated PTO

President, Colette Hiller

Vice President, Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

Camp Jewel YMCA | 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates | 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op | 203-231-7176

Laura Stotler

Colebrook Lions Club | 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Katie Martin

PO Box 5, Colebrook, CT 06021

Historical Society | 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church | 860-379-6775

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair | 860-379-3359 x201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook, CT 06021

info@colebrooklandconservancy.org

USEFUL PHONE NUMBERS

Animal Control, Mike Coleman | 860-806-1983

Colebrook Consolidated School | 860-379-2179

Colebrook Town Garage | 860-379-8306

Colebrook Town Hall | 860-379-3359

Essential Info Line | 211

Farmington Valley Health | 860-352-2333

FEMA Disaster Assistance | 860-621-3362

Fire Marshall | 860-379-3359 x201

Hartford Healthcare (ER, Lab) | 860-738-5900

Helping Hands Home Care | 860-379-4900

Meals on Wheels | 860-482-4151

NW Center for Family Services | 860-482-8561

Northwest Transit | 860-489-2535

NWCC College | 860-738-6300

Regional 7 Middle & High School | 860-379-8525

Poison Control | 800-222-1222

Post Office | 860-379-2834

Salvation Army | 860-379-8444

Suicide and Crisis Lifeline | 988

USA Hauling & Recycling | 860-379-1662

Visiting Nurse & Hospice of Litchfield County | 860-379-8561

Western CT Area Agency on Aging (info on Medigap, Medicare, Medicaid insurance, homecare, senior employment)

800-994-9422

Winsted Health Center | 860-379-0888

State Representative, Jay Case | 860-842-1423

State Senator, Paul Honig | 860-240-0598

US Representative, John Larson | 860-278-8888

US Senator, Richard Blumenthal | 860-258-6940

US Senator, Christopher Murphy | 860-549-8463

A Letter from the Directors

Hello everyone,
Happy May!

-The Center will be **closed Monday, May 25th** in observance of Memorial Day.

-**Grief Support Group** will meet every other Wednesday. The meetings in May will be May 6th and May 20th.

-Unfortunately, due to lack of attendance the Garden Group will no longer be meeting at this time. We would like to thank Carol Sherwood and Sally Root for taking the time to lead this group for the past several years. C.U.B.S. will also no longer be meeting here at the Center, and we thank you Sue for all her years of running this group here at the Center.

-We will be having our **Spring Tea** on Saturday, May 2nd from 9am-11am here at the Center. Please join us for a relaxing morning of delicious tea, sandwiches, and treats. It's Kentucky Derby Day! Wear your favorite hat if you choose to! The Cost is \$15/person. Please rsvp by April 30th at 860-738-9521 ext. 400 or seniordirector@colebrooktownhall.org.

-We will also be having a **Fabric and Craft Supplies Sale** on Saturday, May 9th from 10am-2pm here at the Center. If you would like to purchase a table to sell your fabric/craft supplies please contact us at 860-738-9521 ext. 400 or email seniordirector@colebrooktownhall.org. Tables can be purchased for \$15. We will provide the table. No "finished craft products" please. This is just for selling supplies only. The Quilting Group from the Community and Senior Center of Colebrook will have a **FREE** table with fabric and craft supplies!!!

-We will have our **Scrapbook/Craft Event** on Saturday, May 23rd from 9am to 6pm. The cost is \$10. Come with any craft that you are working on and enjoy great company. There will be continental breakfast served. Feel free to bring lunch/dinner to enjoy.

- And don't forget about **Bingo on Tuesdays at 1pm**. Come play Bingo and have some fun!

We hope to see you soon!

~ Serena and Sandy

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



Breakfast, Lunch, and Center Information

BREAKFAST **Tuesdays: 8:00am - 9:15am**

\$6.00 includes 1 glass of juice. Any additional juice is \$1.00. We will be offering a variety of breakfast items. Come and join us. Eggs, bacon, sausage, hash browns, assorted toast, french toast, pancakes, omelets, coffee, tea, juice, and more. Different items weekly. All are welcome!

LUNCH **Thursdays: 12:00pm - 1:00pm**

\$7.00 for Dine-In. \$7.50 for Take-Out. *Items subject to change

RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday before please! If you have signed up for lunch and can't make it, please let us know.

05/07/26: Tacos, Salad, and Canteloupe Slices

05/14/26: Pork Loin Coins on Stuffing, Asparagus, and Dessert

05/21/26: Birthday Lunch: Boneless Chicken Thigh with Cilantro Lime Garlic Marinade, Basmati Rice, and Birthday Cake

05/28/26: Green Bean Casserole with Orange Glazed Meatballs, and Fresh Fruit Cup

06/04/26: Caesar Wedge Salad with Sliced Turkey, Cheese, and "Fancy" Crackers, and Blueberry Crumb Bars

COMMUNITY & SENIOR CENTER MEMBERSHIP

A \$5 membership runs January 1, 2026-December 31, 2026. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. Stop by and fill out a membership form.

TRANSIT INFORMATION

If you need medical transportation call 860-738-9521 ext. 400. If it is an emergency, call 860-379-3359 x201 (Town Hall)

CSCC WISH LIST

We are always in need of:
Real Maple Syrup

THANK YOU!!!

COLEBROOK FOOD PANTRY

The Colebrook Associates along with CSCC are working together to provide a food pantry located in the CSCC front foyer. **Hours are Monday-Thursday 8:30am-4:30pm and Fridays 8:30am-12:00pm.** The Food Pantry is for Colebrook Residents and visitors to CSCC only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity. Thank you!

HALL RENTALS

The Community & Senior Center of Colebrook (CSCC) has a fully equipped kitchen. Hall capacity: table seating for 90 persons and auditorium seating for 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call 860-738-9521 or email seniordirector@colebrooktownhall.org for more information or to reserve the hall.

EQUIPMENT AVAILABLE TO USE

We have several items available (walkers, crutches, etc.). If you or someone you know could use these items, please call 860-738-9521 ext. 400.

News from the First Selectman's Office

BUDGET REFERENDUM

The budget referendum for the Regional #7 and Town of Colebrook budgets will be held on Tuesday May 5th, 2026, in the Town Hall second floor meeting room from 10am to 8pm. Absentee ballots are available in the Town Clerk's Office. For more information, call 860-379-3359, Ext. 203.

MEMORIAL DAY TRASH PICKUP

Trash pickup will be delayed one day the week of Memorial Day (May 25th). Thursday pickup will be on Friday and Friday pickup will be on Saturday.

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. Please call 860-379-1662 by Thursday of each week for Friday morning pickup.

JUNE IS DOG LICENSING MONTH

A license is a lost dog's ticket home!

Did you know? All dogs over six months must be licensed. All dogs must have a current rabies vaccination, and licenses must be renewed each June. Licensing also provides vaccination and sterilization benefits for pets. The Town Clerk's Office issues new licenses and renews licenses in person, via mail, and for those with current rabies documentation on file with the Town Clerk, online renewals will be available on a temporary basis. Check the town website for more information, or call the Town Clerk at 860-379-3359, Ext. 203.

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201, or email kodell@colebrooktownhall.org.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

Accepted items include:

- Computers/Monitors/Modems/Printers/Keyboards/Mice
- TVs/VCRs/DVD Players/Video Game Players
- Copiers/Scanners/Fax Machines
- iPods/Personal digital assistants
- Stereos
- Telephones/Cell phones
- Tablets/E-readers
- Microwaves
- Other small appliances

Items NOT accepted include:

- Smoke detectors
- Hazardous materials (lighter fluid/liquids/paint/oils)

COMMUNITY & SENIOR CENTER OF COLEBROOK TRIPS

Trip	Date	Bus Time	Bus Fee Members	Bus Fee Non-Members	Ticket Fee	RSVP By
Nursery Tour of several nurseries in the area of Route 57 in Southwick, MA. Lunch: The Crepe House	Friday May 15 th	9am	\$7	\$12		Tuesday, May 12 th
Lunch at Bubble Mug in Westfield, MA. Browse The Mercantile/Terra Americana Shop at Crane Pond	Friday May 29 th	10am	\$6	\$11		Tuesday, May 26 th

Trip Policy

It is required that each person pay for the trip immediately when he or she signs up. If there isn't enough interest (6 or more), and the trip doesn't happen because of this, your money will be refunded to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. Please sign up for all trips at the Center. All are welcome. *Trips are subject to change.

May 2026 Calendar



BIRTHDAYS

Marie Boutin 5/1
 David Boudreau 5/2
 Pat Shelesky 5/2
 Linda Deloy 5/8
 Gloria Wilber 5/11
 Steve Resnick 5/14
 Jeff Thibodeau 5/16
 Scott Patterson 5/23
 Ken Bullard 5/25
 Glen Lovejoy 5/27
 Janet Spencer 5/28
 Ginny Romano 5/31

BIRTHDAY LUNCH CELEBRATION

May 21, 2026 at 12pm
 Birthday attendees receive a free lunch! Please RSVP by May 19, 2026 to book your reservation.

We wish you a very Happy Birthday!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Spring Tea 9-11am
3	4	5 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	6 Quilting & Crafts 10-2pm Chair Yoga 11am Grief Support Group 6pm	7 Lunch 12pm	8	9 Fabric & Craft Supply Sale 10am-2pm
10	11	12 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	13 Quilting & Crafts 10-2pm Chair Yoga 11am	14 Lunch 12pm	15	16
17	18	19 Breakfast 8-9:15am BP Clinic Bingo 1pm RSVP for Lunch	20 Quilting & Crafts 10-2pm Chair Yoga 11am Grief Support Group 6pm	21 Birthday Lunch 12pm	22	23 Scrapbooking 9am-6pm
24	25	26 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	27 Quilting & Crafts 10-2pm Chair Yoga 11am	28 Lunch 12pm	29	30
31						



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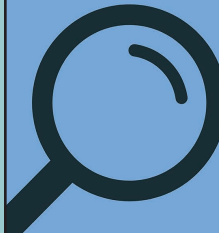
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PROGRAMS

Bingo

We are always in need of Bingo Callers. You can call us, email us, or sign up here
<http://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo>

Blood Pressure Clinic

Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am-9:40am, free of charge!

Chair Yoga

Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8

Colebrook Ukulele Beginner's Society (C.U.B.S)

C.U.B.S. will no longer be meeting at the Center. Thank you Sue for leading this group for many years.

The Garden Group

Due to lack of attendance, the group will no longer be meeting at this time. We would like to thank Carol Sherwood and Sally Root for taking the time to lead this group for the past several years.

Grief Support Group

Every other Wednesday run by Paula Petty-Barber, RN. Paula is hospice trained. Suggested donation \$20. Call or email to sign up 860-738-9521 or seniordirector@colebrooktownhall.org

Quilting and Crafts

Wednesdays 10am-2pm. Join us for quilting, scrapbooking, coloring, knitting, crocheting, or any craft you enjoy. This group shares coffee and conversation. Feel free to bring your own lunch or snack. For more information, contact Phylis Bernard at 860-480-7210



Scrapbooking and Crafting

Come join in our scrapbooking/crafting event. Everyone is welcome. Work on any project you are interested in. \$10/per person.

Feet First

Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at time the care is given. Locations are now in Winsted and Torrington (not Colebrook). The clinics are open to persons who do not have peripheral vascular disease, diabetes, or extreme foot swelling.

Recipe from The Colebrook Cookbook, published by The Colebrook Center Volunteer Fire Department Ladies Auxiliary. Publication date: January 1, 1976.

This one is a favorite of my family. Enjoy! ~Serena

