

Community & Senior Center of Colebrook



GET IN TOUCH

Community & Senior Center of Colebrook

2 School House Road, P.O. Box 5

Colebrook, CT 06021

Phone: (860) 738-9521 ext. 400

Email: seniordirector@colebrooktownhall.org

Website: colebrookseniorcommunitycenter.weebly.com

Town of Colebrook Website: www.townofcolebrook.org

Facebook: facebook.com/ColebrookSeniorandCommunityCenter/

APRIL 2026 NEWSLETTER

Get to Know Our Center



OUR MISSION

The Mission Statement of the Community & Senior Center of Colebrook is to provide appropriate services as needed to the town, to partner with the community civic activities, to offer nutrition programs to seniors and friends, to be an educational as well as recreational place for all ages, and to be an active participant in the Community.

COLEBROOK ORGANIZATIONS AND CONTACTS

Colebrook Volunteer Fire Department

Fire Chief, Sean Barry

True Emergencies: 911

Forge Fire Station | 860-379-1551

Deputy Chief, Terry Phelan

300 Colebrook River Rd, PO Box 315, Colebrook, CT 06021

Center Fire Station | 860-379-8989

Deputy Chief, Craig Carfiro

31 Bunnell St, PO Box 82, Colebrook, CT 06021

Women's Fire Auxiliary | 860-738-4151

Laura Bartlett

Colebrook Consolidated School | 860-379-2179

www.colebrookschool.org, PO Box 9, Colebrook, CT 06021

Colebrook Consolidated PTO

President, Colette Hiller

Vice President, Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

Camp Jewel YMCA | 860-379-2782

PO Box 8, Colebrook, CT 06021

Colebrook Associates | 860-469-2208

PO Box 118, Colebrook, CT 06021

Northwest Community Co-op | 203-231-7176

Laura Stotler

Colebrook Lions Club | 860-738-4321

Mlazzaro1@hotmail.com

Recreation Board

Katie Martin

PO Box 5, Colebrook, CT 06021

Historical Society | 860-738-8244

Carol Lord

PO Box 85, Colebrook, CT 06021

Colebrook Congregational Church | 860-379-6775

PO Box 14, Colebrook, CT 06021

Colebrook Fair & Holiday Fair | 860-379-3359 x201

PO Box 5, Colebrook, CT 06021

Colebrook Land Conservancy

PO Box 90, Colebrook, CT 06021

info@colebrooklandconservancy.org

USEFUL PHONE NUMBERS

Animal Control, Mike Coleman | 860-806-1983

Colebrook Consolidated School | 860-379-2179

Colebrook Town Garage | 860-379-8306

Colebrook Town Hall | 860-379-3359

Essential Info Line | 211

Farmington Valley Health | 860-352-2333

FEMA Disaster Assistance | 860-621-3362

Fire Marshall | 860-379-3359 x201

Hartford Healthcare (ER, Lab) | 860-738-5900

Helping Hands Home Care | 860-379-4900

Meals on Wheels | 860-482-4151

NW Center for Family Services | 860-482-8561

Northwest Transit | 860-489-2535

NWCC College | 860-738-6300

Regional 7 Middle & High School | 860-379-8525

Poison Control | 800-222-1222

Post Office | 860-379-2834

Salvation Army | 860-379-8444

Suicide and Crisis Lifeline | 988

USA Hauling & Recycling | 860-379-1662

Visiting Nurse & Hospice of Litchfield County | 860-379-8561

Western CT Area Agency on Aging (info on Medigap, Medicare, Medicaid insurance, homecare, senior employment)
800-994-9422

Winsted Health Center | 860-379-0888

State Representative, Jay Case | 860-842-1423

State Senator, Paul Honig | 860-240-0598

US Representative, John Larson | 860-278-8888

US Senator, Richard Blumenthal | 860-258-6940

US Senator, Christopher Murphy | 860-549-8463

A Letter from the Directors

Hello everyone,

Happy April and Happy Spring!

-The Center will be **closed Friday, April 3rd** in observance of Good Friday.

-**Grief Support Group** will meet every other Wednesday. The meetings in April will be April 8th and April 22nd.

-**John Parisi** has been kind enough to once again provide his services in a **NO COST Portrait Session** April 9th from 1pm-3pm. This portrait session is offered to Colebrook seniors to record our history. No sales, just photos. One 8x10 print provided in time for Mother's and Father's Day. Two people max in photo. Call 860-738-9521 ext. 400 or email seniordirector@colebrooktownhall.org to sign up.

-We will have our **Scrapbook/Craft Event** on Saturday, April 11th from 9am to 6pm. The cost is \$10. Come with any craft that you are working on and enjoy great company. There will be continental breakfast served. Feel free to bring lunch/dinner to enjoy.

-**Trip Planning Group** will meet on Thursday, April 16th at 1pm.

-**June Seiser** is offering another one of her amazing **Paint and Sip** Classes on Thursday, April 30th from 6:00pm-9:00pm. Space is limited so call us at 860-738-9521 ext. 400 or seniordirector@colebrooktownhall.org. Bring your own beverage. Coffee and snacks will be provided. Feel free to bring a special snack to share if you'd like. Cost is \$15.00.

-Do you play the piano? Our piano has recently been tuned and is waiting to be played! If you are interested in playing during breakfast on Tuesday mornings or lunch on Thursday, come on in. We would love to hear you play! And don't forget about **Bingo on Tuesdays at 1pm**. Come play Bingo and have some fun!

We hope to see you soon!

~ Serena and Sandy

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



Breakfast, Lunch, and Center Information

BREAKFAST Tuesdays: 8:00am - 9:15am

\$6.00 includes 1 glass of juice. Any additional juice is \$1.00. We will be offering a variety of breakfast items. Come and join us. Eggs, bacon, sausage, hash browns, assorted toast, french toast, pancakes, omelets, coffee, tea, juice, and more. Different items weekly. All are welcome!

LUNCH **Thursdays: 12:00pm - 1:00pm**

\$7.00 for Dine-In. \$7.50 for Take-Out. *Items subject to change
RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by 1pm the Tuesday before please! If you have signed up for lunch and can't make it, please let us know.

04/02/26: Corn Chowder with Bacon Bits, Crescent Rolls, Fruit Cocktail, and Cookies

04/09/26: Penne Pasta with Pink Sauce and Meat, Garlic Knots, Salad, and Italian Ice

04/16/26: Fish and Chips, Broccoli, and Dessert

04/23/26: Birthday Lunch: Turkey Breast, Mashed Potatoes, Peas, Cranberry Sauce, and Birthday Cake

04/30/26: Beef Stew, Bread, and Apple Crisp

05/07/26: Tacos, Salad, and Cantaloupe Slices

COMMUNITY & SENIOR CENTER MEMBERSHIP

A \$5 membership runs January 1, 2026-December 31, 2026. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. Stop by and fill out a membership form.

TRANSIT INFORMATION

If you need medical transportation call 860-738-9521 ext. 400. If it is an emergency, call 860-379-3359 x201 (Town Hall)

CSCC WISH LIST

We are always in need of:
Real Maple Syrup

THANK YOU!!!

COLEBROOK FOOD PANTRY

The Colebrook Associates along with CSCC are working together to provide a food pantry located in the CSCC front foyer. **Hours are Monday-Thursday 8:30am-4:30pm and Fridays 8:30am-12:00pm.** The Food Pantry is for Colebrook Residents and visitors to CSCC only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity. Thank you!

HALL RENTALS

The Community & Senior Center of Colebrook (CSCC) has a fully equipped kitchen. Hall capacity: table seating for 90 persons and auditorium seating for 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call 860-738-9521 or email seniordirector@colebrooktownhall.org for more information or to reserve the hall.

EQUIPMENT AVAILABLE TO USE

We have several items available (walkers, crutches, etc.). If you or someone you know could use these items, please call 860-738-9521 ext. 400.

News from the First Selectman's Office

GOOD FRIDAY

Town offices will be closed on Friday, April 3rd in observance of Good Friday. Trash collection will be on a regular schedule that week.

TAX RELIEF

The Assessor's Office is accepting applications for Tax Relief Programs and Exemptions that may be available to qualified Colebrook residents. For more information, please contact the Assessor's Office at 860-379-3359 ext. 206, or see the Town Website www.townofcolebrook.org under the Assessor tab.

BULK WASTE PICKUP

Bulk waste pickup is available every week for items that will not fit in your bin. Please call **860-379-1662** by Thursday of each week for Friday morning pickup.

COLEBROOK CLEAN UP DAY

The Colebrook Conservation Commission will again be hosting Colebrook Clean Up Day on Saturday April 25th. Trash bags will be available from 9am to noon outside the Town Hall Meeting Room. To sign up in advance for a particular road, or portion of a road, please contact Karen Odell at 860-379-3359 ext. 201 or kodell@colebrooktownhall.org

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201, or email kodell@colebrooktownhall.org.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

Accepted items include:

- Computers/Monitors/Modems/Printers/Keyboards/Mice
- TVs/VCRs/DVD Players/Video Game Players
- Copiers/Scanners/Fax Machines
- iPods/Personal digital assistants
- Stereos
- Telephones/Cell phones
- Tablets/E-readers
- Microwaves
- Other small appliances

Items NOT accepted include:

- Smoke detectors
- Hazardous materials (lighter fluid/liquids/paint/oils)

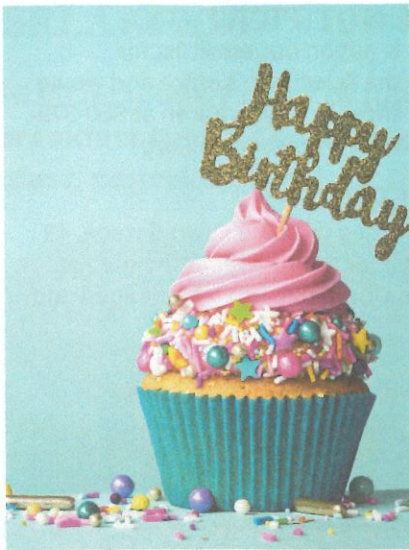
COMMUNITY & SENIOR CENTER OF COLEBROOK TRIPS

Trip	Date	Bus Time	Bus Fee Members	Bus Fee Non- Members	Ticket Fee	RSVP By
Lee Outlets Lunch: Salmon Run Fish House in Lee, MA	Friday 4/10/26	Leaves Center:11am Bus leaves Lee: 4pm	\$5	\$10		4/7/26
Lunch at Red Lion Inn in Stockbridge, MA and Walking/ Shopping on Main Street afterward	Wednesday 4/22/26	Leaves Center:11am Bus leaves Stockbridge: 4pm	\$5	\$10		4/19/26

Trip Policy

It is required that each person pay for the trip immediately when he or she signs up. If there isn't enough interest (6 or more), and the trip doesn't happen because of this, your money will be refunded to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. Please sign up for all trips at the Center. All are welcome. *Trips are subject to change.

April 2026 Calendar



BIRTHDAYS

Pat Marino 4/3
 Lynn Whelchel 4/4
 Nadia Corvo 4/7
 Cynthia Walker 4/10
 George Nelson 4/12
 Mary McDonald 4/15
 Elizabeth Stanley 4/18
 Alissa Bullard 4/19
 Phylis Bernard 4/23
 Lorraine Washington 4/24
 Laurene Wallace 4/28

BIRTHDAY LUNCH CELEBRATION

April 23, 2026 at 12pm
 Birthday attendees receive a free lunch! Please RSVP by April 21, 2026 to book your reservation.

We wish you a very Happy Birthday!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Quilting & Crafts 10-2pm Chair Yoga 11am Passover Begins	2 Lunch 12pm	3 Good Friday Center Closed	4
5 Easter	6	7 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	8 Quilting & Crafts 10-2pm Chair Yoga 11am Grief Support Group 6pm	9 Lunch 12pm John Parisi Portraits 1pm-3pm	10 Lee Outlets and Lunch 11am	11 Scrapbook Event 9am-6pm
12	13 C.U.B.S. 5:30pm	14 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	15 Quilting & Crafts 10-2pm Chair Yoga 11am	16 Lunch 12pm Trip Planning Group 1pm	17	18
19	20	21 Breakfast 8-9:15am BP Clinic Bingo 1pm RSVP for Lunch	22 Quilting & Crafts 10-2pm Chair Yoga 11am Red Lion Inn Lunch and Shopping 11am Grief Support Group 6pm	23 Birthday Lunch 12pm	24	25
26	27 C.U.B.S. 5:30pm	28 Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	29 Quilting & Crafts 10-2pm Chair Yoga 11am	30 Lunch 12pm Paint & Sip 6:00-9:00pm		



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PROGRAMS

Bingo

We are always in need of Bingo Callers. You can call us, email us, or sign up here
<http://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo>

Blood Pressure Clinic

Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am-9:40am, free of charge!

Chair Yoga

Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8

Colebrook Ukulele Beginner's Society (C.U.B.S)

An informal, self-paced practice group for beginner to intermediate level ukulele enthusiasts, with a focus on fun and friendship. Meets alternate Mondays 5:30-7:00 pm. For more information call or email Sue at 860-605-7671 or suluca2@yahoo.com

The Garden Group

Due to lack of attendance, the group will no longer be meeting at this time. We would like to thank Carol Sherwood and Sally Root for taking the time to lead this group for the past several years.

Grief Support Group

Every other Wednesday run by Paula Petty-Barber, RN. Paula is hospice trained. Suggested donation \$20. Call or email to sign up 860-738-9521 or seniordirector@colebrooktownhall.org

Quilting and Crafts

Wednesdays 10am-2pm. Join us for quilting, scrapbooking, coloring, knitting, crocheting, or any craft you enjoy. This group shares coffee and conversation. Feel free to bring your own lunch or snack. For more information, contact Phylis Bernard at 860-480-7210



Scrapbooking and Crafting

Come join in our scrapbooking/crafting event. Everyone is welcome. Work on any project you are interested in. \$10/per person.

Feet First

Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at time the care is given. Locations are now in Winsted and Torrington (not Colebrook). The clinics are open to persons who do not have peripheral vascular disease, diabetes, or extreme foot swelling.

Community Happenings

The Colebrook Historical Society will host its Annual Meeting in the Colebrook Town Hall Meeting Room on Sunday, April 19th at 3:00 PM. After a brief session where business will be taken care of and reports will be made, there will be a special presentation by the Connecticut Museum of Culture and History.

"Revolutionary Connecticut" will draw from the Museum's rich collection of artifacts and documents to tell the revolutionary story through the eyes of ordinary people. It explores the roots of revolutionary sentiment in Connecticut. It tells how people, both Patriot and Loyalist, experienced the traumatic circumstances of war while trying to meet the needs of everyday life.

After the presentation ample refreshments will on hand. All are most welcome. For further information contact Carol Lord at carol.9508@yahoo.com or 860-738-8244.



Colebrook Clean Up Day: The Colebrook Conservation Commission will again be hosting Colebrook Clean Up Day on Saturday April 25th. Trash bags will be available from 9am to noon outside the Town Hall Meeting Room. To sign up in advance for a particular road, or portion of a road, please contact Karen Odell at 860-379-3359 ext. 201 or kodell@colebrooktownhall.org



Colebrook Associates, Inc. is proud to announce the launch of its annual Small Business Start-Up Grant, designed to support graduating high school seniors and local youth ages 17-21 who plan to pursue entrepreneurship after high school. Each year, Colebrook Associates will award one \$2,500 grant to a young Colebrook resident who is launching a small business and does not plan to attend college or university in the fall. The program is intended to encourage business ownership as a primary post-graduation path while supporting creative ideas that contribute to the future and vitality of Colebrook. Applicants must submit a completed application, business plan, high school transcript, and a letter of recommendation. Applications are accepted through April 30, and the grant recipient will be announced by June 30. Before funds are released, the selected recipient must provide proof of official business formation, either through Town registration or formation of an LLC.

Colebrook Associates also has their 2026 Scholarship Application which is available at The Colebrook Town Hall. All applications are due April 30th at 11:59 pm. Please contact colebrookassociates@gmail.com with any questions.
