

# Community & Senior Center of Colebrook



# June



## GET IN TOUCH

### Community & Senior Center of Colebrook

2 School House Road, P.O. Box 5  
Colebrook, CT 06021

Phone: (860) 738-9521 ext. 400

Email: [seniordirector@colebrooktownhall.org](mailto:seniordirector@colebrooktownhall.org)

Website: [colebrookseniorcommunitycenter.weebly.com](http://colebrookseniorcommunitycenter.weebly.com)

Town of Colebrook Website: [www.townofcolebrook.org](http://www.townofcolebrook.org)

Facebook: [facebook.com/ColebrookSeniorandCommunityCenter/](https://facebook.com/ColebrookSeniorandCommunityCenter/)

## JUNE 2026 NEWSLETTER

## Get to Know Our Center



### OUR MISSION

The Mission Statement of the Community & Senior Center of Colebrook is to provide appropriate services as needed to the town, to partner with the community civic activities, to offer nutrition programs to seniors and friends, to be an educational as well as recreational place for all ages, and to be an active participant in the Community.

## COLEBROOK ORGANIZATIONS AND CONTACTS

### **Colebrook Volunteer Fire Department**

Fire Chief, Sean Barry

**True Emergencies: 911**

### **Forge Fire Station | 860-379-1551**

Deputy Chief, Terry Phelan

300 Colebrook River Rd, PO Box 315, Colebrook, CT 06021

### **Center Fire Station | 860-379-8989**

Deputy Chief, Craig Carfiro

31 Bunnell St, PO Box 82, Colebrook, CT 06021

### **Women's Fire Auxillary | 860-738-4151**

Laura Bartlett

### **Colebrook Consolidated School | 860-379-2179**

www.colebrookschool.org, PO Box 9, Colebrook, CT 06021

### **Colebrook Consolidated PTO**

President, Colette Hiller

Vice President, Tiffanie Meehan

PO Box 9, Colebrook, CT 06021

### **Camp Jewel YMCA | 860-379-2782**

PO Box 8, Colebrook, CT 06021

### **Colebrook Associates | 860-469-2208**

PO Box 118, Colebrook, CT 06021

### **Northwest Community Co-op | 203-231-7176**

Laura Stotler

### **Colebrook Lions Club | 860-738-4321**

Mlazzaro1@hotmail.com

### **Recreation Board**

Katie Martin

PO Box 5, Colebrook, CT 06021

### **Historical Society | 860-738-8244**

Carol Lord

PO Box 85, Colebrook, CT 06021

### **Colebrook Congregational Church | 860-379-6775**

PO Box 14, Colebrook, CT 06021

### **Colebrook Fair & Holiday Fair | 860-379-3359 x201**

PO Box 5, Colebrook, CT 06021

### **Colebrook Land Conservancy**

PO Box 90, Colebrook, CT 06021

info@colebrooklandconservancy.org

## USEFUL PHONE NUMBERS

**Animal Control, Mike Coleman | 860-806-1983**

**Colebrook Consolidated School | 860-379-2179**

**Colebrook Town Garage | 860-379-8306**

**Colebrook Town Hall | 860-379-3359**

**Essential Info Line | 211**

**Farmington Valley Health | 860-352-2333**

**FEMA Disaster Assistance | 860-621-3362**

**Fire Marshall | 860-379-3359 x201**

**Hartford Healthcare (ER, Lab) | 860-738-5900**

**Helping Hands Home Care | 860-379-4900**

**Meals on Wheels | 860-482-4151**

**NW Center for Family Services | 860-482-8561**

**Northwest Transit | 860-489-2535**

**NWCC College | 860-738-6300**

**Regional 7 Middle & High School | 860-379-8525**

**Poison Control | 800-222-1222**

**Post Office | 860-379-2834**

**Salvation Army | 860-379-8444**

**Suicide and Crisis Lifeline | 988**

**USA Hauling & Recycling | 860-379-1662**

**Visiting Nurse & Hospice of Litchfield County | 860-379-8561**

**Western CT Area Agency on Aging (info on Medigap, Medicare, Medicaid insurance, homecare, senior employment) 800-994-9422**

**Winsted Health Center | 860-379-0888**

**State Representative, Jay Case | 860-842-1423**

**State Senator, Paul Honig | 860-240-0598**

**US Representative, John Larson | 860-278-8888**

**US Senator, Richard Blumenthal | 860-258-6940**

**US Senator, Christopher Murphy | 860-549-8463**

## A Letter from the Directors

Hello everyone,

Happy Summer! We hope you are enjoying the beautiful weather.

We are looking for additional **volunteers** for breakfast on Tuesday mornings. If you are interested in helping out, even if it isn't every Tuesday, give us a call at 860-738-9521 ext. 400 or email us at [seniordirector@colebrooktownhall.org](mailto:seniordirector@colebrooktownhall.org). We'd love to have you!

**Grief Support Group** will meet every other Wednesday. The meetings in June will be June 3rd and June 17th.

We will have our **Scrapbook/Craft Event** on Saturday, June 20th from 9am to 6pm. The cost is \$10. Come with any craft that you are working on and enjoy great company. There will be continental breakfast served. Feel free to bring lunch/dinner to enjoy.

The Center will be **closed Friday, June 19<sup>th</sup>** in observance of Juneteenth.

And don't forget about **Bingo on Tuesdays at 1pm and lunch on Thursdays at 12pm**. See our menu for more information.

We hope to see you soon!

~ Serena and Sandy

## Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



## Breakfast, Lunch, and Center Information

### **BREAKFAST**    **Tuesdays: 8:00am - 9:15am**

**\$6.00 includes 1 glass of juice. Any additional juice is \$1.00. We will be offering a variety of breakfast items. Come and join us. Eggs, bacon, sausage, hash browns, assorted toast, french toast, pancakes, omelets, coffee, tea, juice, and more. Different items weekly. All are welcome!**

### **LUNCH**    **Thursdays: 12:00pm - 1:00pm**

\$7.00 for Dine-In. \$7.50 for Take-Out. \*Items subject to change

RSVP at 860-738-9521 or [seniordirector@colebrooktownhall.org](mailto:seniordirector@colebrooktownhall.org) by 1pm the Tuesday before please! If you have signed up for lunch and can't make it, please let us know.

**06/04/26: Caesar Wedge Salad with Sliced Turkey, Cheese, and "Fancy" Crackers, and Blueberry Crumb Bars**

**06/11/26: Ham & Brie Sliders, Cucumber Salad, Pineapple Chunks for Dessert**

**06/18/26: Birthday Lunch: BBQ Ribs, Mashed Potatoes, Coleslaw, and Birthday Cake**

**06/25/26: Ground Beef and Zucchini Skillet, Watermelon Slice**

**07/02/26: Cheeseburgers, Baked Beans, Salad, and Patriotic Parfait**

### **COMMUNITY & SENIOR CENTER MEMBERSHIP**

A \$5 membership runs January 1, 2026-December 31, 2026. With your paid membership or donation of at least \$5, you will receive a free birthday lunch (\$7 value) in your birthday month. Stop by and fill out a membership form.

### **TRANSIT INFORMATION**

If you need medical transportation call 860-738-9521 ext. 400. If it is an emergency, call 860-379-3359 x201 (Town Hall)

### **CSCC WISH LIST**

We are always in need of:  
Real Maple Syrup

THANK YOU!!!

### **COLEBROOK FOOD PANTRY**

The Colebrook Associates along with CSCC are working together to provide a food pantry located in the CSCC front foyer. **Hours are Monday-Thursday 8:30am-4:30pm and Fridays 8:30am-12:00pm.** The Food Pantry is for Colebrook Residents and visitors to CSCC only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity. Thank you!

### **HALL RENTALS**

The Community & Senior Center of Colebrook (CSCC) has a fully equipped kitchen. Hall capacity: table seating for 90 persons and auditorium seating for 190 persons. Rates are \$200 for residents. \$300 for non-residents. \$100 cash deposit due at the time of reserving the rental. Please call 860-738-9521 or email [seniordirector@colebrooktownhall.org](mailto:seniordirector@colebrooktownhall.org) for more information or to reserve the hall.

### **EQUIPMENT AVAILABLE TO USE**

We have several items available (walkers, crutches, etc.). If you or someone you know could use these items, please call 860-738-9521 ext. 400.

## News from the First Selectman's Office

### COLEBROOK POND OPENING

The Colebrook Pond will be opening for the season on Saturday, June 20<sup>th</sup>. Lifeguards will be on duty on Saturdays and Sundays. Monday through Friday, the gate will be open from 8:30am to 4:30pm.

### SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201, or email kodell@colebrooktownhall.org.

### JUNE IS DOG LICENSING MONTH

#### A license is a lost dog's ticket home!

Did you know? All dogs over six months must be licensed. All dogs must have a current rabies vaccination, and licenses must be renewed each June. Licensing also provides vaccination and sterilization benefits for pets. The Town Clerk's Office issues new licenses and renews licenses in person, via mail, and for those with current rabies documentation on file with the Town Clerk, online renewals will be available on a temporary basis. Check the town website for more information, or call the Town Clerk at 860-379-3359, Ext. 203.

### BULK TRASH PICKUP

Bulk trash pickup is available every week for items that will not fit in your bin. Please call 860-379-1662 by Thursday of each week for Friday morning pickup.

### ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

### LABOR DAY FAIR

The Colebrook Labor Day Fair will be Saturday, September 5<sup>th</sup>. There are many volunteer opportunities at the Fair. If you are interested in volunteering, please reach out to the Selectman's office, 860-379-3359.

### HOUSEHOLD HAZARDOUS WASTE DAY

There will be a household hazardous waste collection day on Saturday, June 20<sup>th</sup>, at the Falls Village Public Works Garage from 9am-noon. This semi-annual event, organized and run by the Northwest Hills Council of Governments, is moving to online registration this year. Scan the QR code to sign up. For more information, contact Karen at 860-379-3359 ext. 201 or email kodell@colebrooktownhall.org



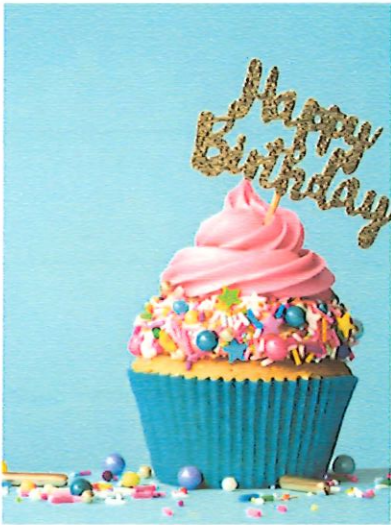
## COMMUNITY & SENIOR CENTER OF COLEBROOK TRIPS

Trip	Date	Bus Time	Bus Fee Members	Bus Fee Non-Members	Ticket Fee	RSVP By
Shopping at Stew Leonards in Newington. Lunch: TBD	Wednesday June 3rd	10 am	\$9	\$14		Monday, June 1st
Flower Power (East Windsor) and Garden Dream. Lunch: Angelina's Restaurant	Friday June 12th	9:30 am	\$9	\$14		Tuesday June 9th

### Trip Policy

It is required that each person pay for the trip immediately when he or she signs up. If there isn't enough interest (6 or more), and the trip doesn't happen because of this, your money will be refunded to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. Please sign up for all trips at the Center. All are welcome. \*Trips are subject to change.

# June 2026 Calendar



## BIRTHDAYS

Laurel Saramak 6/4  
 Robert Cormier 6/7  
 Thomas Corvo 6/12  
 Donald McDonald 6/13  
 Ben Bartlett 6/20  
 Michael Corbin 6/24

## BIRTHDAY LUNCH CELEBRATION

June 18, 2026 at 12pm  
 Birthday attendees receive a  
 free lunch! Please RSVP by  
 June 16, 2026 to book your  
 reservation.

We wish you a very  
 Happy Birthday!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	<b>3</b> Quilting & Crafts 10-2pm <b>NO CHAIR YOGA</b> Grief Support Group 6pm <b>Stew Leonard Trip 10 am</b>	<b>4</b> Lunch 12pm	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	<b>10</b> Quilting & Crafts 10-2pm Chair Yoga 11am	<b>11</b> Lunch 12pm	<b>12</b> <b>Flower Power/Garden Dream Trip 9:30am</b>	<b>13</b>
<b>14</b> Flag Day	<b>15</b>	<b>16</b> Breakfast 8-9:15am BP Clinic Bingo 1pm RSVP for Lunch	<b>17</b> Quilting & Crafts 10-2pm Chair Yoga 11am Grief Support Group 6pm	<b>18</b> Birthday Lunch 12pm	<b>19</b> Juneteenth Center Closed	<b>20</b> Scrapbooking 9am-6pm
<b>21</b> Father's Day  First Day of Summer	<b>22</b>	<b>23</b> Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	<b>24</b> Quilting & Crafts 10-2pm Chair Yoga 11am	<b>25</b> Lunch 12pm	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b> Breakfast 8-9:15am Bingo 1pm RSVP for Lunch				



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860-379-4900  
helpinghandschoreservice.org

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## Visiting Nurse & Hospice of Litchfield County

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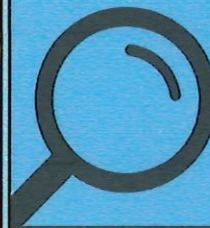
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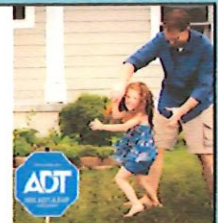
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[hbrisson@4LPi.com](mailto:hbrisson@4LPi.com)

(800) 950-9952 x2034



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## PROGRAMS

### **Bingo**

We are always in need of Bingo Callers. You can call us, email us, or sign up here  
<http://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo>

### **Blood Pressure Clinic**

Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am-9:40am, free of charge!

### **Grief Support Group**

Every other Wednesday run by Paula Petty-Barber, RN. Paula is hospice trained. Suggested donation \$20. Call or email to sign up 860-738-9521 or [seniordirector@colebrooktownhall.org](mailto:seniordirector@colebrooktownhall.org)

### **Chair Yoga**

Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are \$8 **NO CLASS ON JUNE 3RD**

### **Quilting and Crafts**

Wednesdays 10am-2pm. Join us for quilting, scrapbooking, coloring, knitting, crocheting, or any craft you enjoy. This group shares coffee and conversation. Feel free to bring your own lunch or snack. For more information, contact Phylis Bernard at 860-480-7210



### **Scrapbooking and Crafting**

Come join in our scrapbooking/crafting event. Everyone is welcome. Work on any project you are interested in. \$10/per person.

### **Feet First**

Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a \$35 charge collected at time the care is given. Locations are now in Winsted and Torrington (not Colebrook). The clinics are open to persons who do not have peripheral vascular disease, diabetes, or extreme foot swelling.

## COMMUNITY HAPPENINGS

The Colebrook Historical Society will host an Open House on Sunday, June 7<sup>th</sup> from 3:00 to 5:00 PM. It will be held at the home of the CHS, the Seymour Inn. In addition to plenty of refreshments, the 2026 exhibit will be unveiled, celebrating the 250<sup>th</sup> birthday of the USA,

The Veterans of Colebrook will pay tribute to the soldiers and sailors who served in every war since the American Revolution. Their uniforms, medals, swords, all sorts of military regalia, will be on display. A special board will be an honor roll of Colebrook's WWII vets. The exhibit can also be viewed throughout the season on Saturdays and Sundays from 11AM to 1PM.

The Seymour Inn is located in Colebrook Center at the intersection of Routes 183 and 182A. For further information contact Carol Lord at [carol.9508@yahoo.com](mailto:carol.9508@yahoo.com) or 860-738-8244.

**Winsted Lions Club: Give a Lions Share of Life. Serve with Pride.**

**GIVE BLOOD American Red Cross**

June 22, 2026 at 1pm-6pm. Little Red Barn Brewers, 32 Lake St., Winsted, CT 06098. Come to donate and receive a \$15 e-gift card and a chance to win a \$7.5k prize. Lions will be hosting a raffle for 2 Yard Goat Tickets. Schedule your appointment today.

Visit [RedCrossBlood.org](http://RedCrossBlood.org), call 1-800-RED CROSS (1-800-733-2767) or use the Blood Donor App and enter sponsor code: Lions.



**Connecticut Trails Day Walk**

**Beaver Pond Walk in Colebrook sponsored by the Colebrook Conservation Commission and the US Army Corps of Engineers.**

Saturday, June 6 10:00 am - 11:30 am (Rain date Sunday, June 7)

Enjoy a guided 1-mile walk around the Beaver Pond trail at the scenic 388-acre Colebrook River Lake property owned and maintained by the US Army Corps of Engineers. The area encompasses plants of woodlands, wet meadows, ponds and pond edges, plus remnants of roads and properties that were there before the reservoir was built.

Location: 426A Colebrook River Road, Colebrook CT 06021

Link for 426A Colebrook River Road, Colebrook CT 06021

<https://link.edgепilot.com/x/R0S6PEvokwN4RIQVR8pjqsu?u=https://maps.app.goo.gl/Y3GjsAUx4mUwM7zW9>

Directions: From Rt. 8, turn into the entrance to US Army Corps (gate will be open) and drive a short distance to the Administration Building on the left and park in its parking lot. Note: the boat launch area for the reservoir is farther up on Rt. 8 and is NOT where we will meet.

Link for US Army Corps of Engineers, New England District, Colebrook River Lake

<https://link.edgепilot.com/x/jsyokKsg4tFeA3tWEVkpjM?>

[u=https://www.nae.usace.army.mil/Missions/Recreation/Colebrook-River-Lake/](https://www.nae.usace.army.mil/Missions/Recreation/Colebrook-River-Lake/)