Community & Senior Center of Colebrook





GET IN TOUCH

Community & Senior Center of Colebrook
2 School House Road, P.O. Box 5
Colebrook, CT 06021
Phone: (860) 738-9521 ext. 400
Email: seniordirector@colebrooktownhall.org
Website: colebrookseniorcommunitycenter.weebly.com
Town of Colebrook Website: www.townofcolebrook.org
Facebook: facebook.com/ColebrookSeniorandCommunityCenter/

NOVEMBER 2026 NEWSLETTER

Get to Know Our Center



OUR MISSION

The Mission Statement of the Community & Senior Center of Colebrook is to provide appropriate services as needed to the town, to partner with the community civic activities, to offer nutrition programs to seniors and friends, to be an educational as well as recreational place for all ages, and to be an active participant in the Community.

COLEBROOK ORGANIZATIONS AND CONTACTS

Colebrook Volunteer Fire Department
Fire Chief, Sean Barry
True Emergencies: 911
Forge Fire Station | 860-379-1551
Deputy Chief, Terry Phelan
300 Colebrook River Rd, PO Box 315, Colebrook, CT 06021
Center Fire Station | 860-379-8989
Deputy Chief, Craig Carfiro
31 Bunnell St, PO Box 82, Colebrook, CT 06021
Women's Fire Auxiliary | 860-738-4151
Laura Bartlett
Colebrook Consolidated School | 860-379-2179
www.colebrookschool.org, PO Box 9, Colebrook, CT 06021
Colebrook Consolidated PTO
President, Colette Hiller
Vice President, Tiffanie Meehan
PO Box 9, Colebrook, CT 06021
Camp Jewel YMCA | 860-379-2782
PO Box 8, Colebrook, CT 06021

Colebrook Associates | 860-469-2208
PO Box 118, Colebrook, CT 06021
Northwest Community Co-op | 203-231-7176
Laura Stotler
Colebrook Lions Club | 860-738-4321
Mlazzaro1@hotmail.com
Recreation Board
Katie Martin
PO Box 5, Colebrook, CT 06021
Historical Society | 860-738-8244
Carol Lord
PO Box 85, Colebrook, CT 06021
Colebrook Congregational Church | 860-379-6775
PO Box 14, Colebrook, CT 06021
Colebrook Fair & Holiday Fair | 860-379-3359 x201
PO Box 5, Colebrook, CT 06021
Colebrook Land Conservancy
PO Box 90, Colebrook, CT 06021
info@colebrooklandconservancy.org

USEFUL PHONE NUMBERS

Animal Control, Mike Coleman | 860-806-1983
Colebrook Consolidated School | 860-379-2179
Colebrook Town Garage | 860-379-8306
Colebrook Town Hall | 860-379-3359
Essential Info Line | 211
Farmington Valley Health | 860-352-2333
FEMA Disaster Assistance | 860-621-3362
Fire Marshall | 860-379-3359 x201
Hartford Healthcare (ER, Lab) | 860-738-5900
Helping Hands Home Care | 860-379-4900
Meals on Wheels | 860-482-4151
NW Center for Family Services | 860-482-8561
Northwest Transit | 860-489-2535
NWCC College | 860-738-6300
Regional 7 Middle & High School | 860-379-8525
Poison Control | 800-222-1222

Post Office | 860-379-2834
Salvation Army | 860-379-8444
Suicide and Crisis Lifeline | 988
USA Hauling & Recycling | 860-379-1662
Visiting Nurse & Hospice of Litchfield County | 860-379-8561
Western CT Area Agency on Aging (info on Medigap, Medicare, Medicaid insurance, homecare, senior employment)
800-994-9422
Hartford Healthcare Emergency Room | 860-738-5900

State Representative, Jay Case | 860-842-1423
State Senator, Paul Honig | 860-240-0598
US Representative, John Larson | 860-278-8888
US Senator, Richard Blumenthal | 860-258-6940
US Senator, Christopher Murphy | 860-549-8463

A Letter from the Directors

Happy November!

- Our **Scrapbook** event will be on Saturday, November 21st. See the program section for more information.
- We would like to **thank the 4th grade class from Colebrook Consolidated School for donating beautifully painted pumpkins**. They bring a fun, festive feel and add happiness to our Center.
- We have many wonderful events in November. Our **Veterans Lunch is 11/12/26 at 11:30am**. All are welcome to attend. Lunch is **FREE** for all Colebrook Veterans as a small token of our gratitude for their service. Please RSVP by 11/9/26.
- We also have another **cookie decorating class provided by Make It Sweet Bakery on 11/13/26 from 6-8pm**. It is $40/person, and you receive 4 cookies, 3-4 bags of frosting, sprinkles, scribe tool, and a take home box/bag. Please RSVP by 11/6/26.
- **GEER will be here after our birthday lunch on 11/19/26 to provide a presentation on FIVE WISHES** which is an advanced care planning program and living will created by the non-profit organization, Aging with Dignity. Please call or email us to sign up for this event. Call 860-738-9521 x400 or email seniordirector@colebrooktownhall.org to sign up/RSVP for any of these events.
- Our **Holiday Fair this year is on 12/12/26**. Below is a sign up for food donations and baked goods. We also have a sign up at the Center. As always, we are so grateful for your generosity and support in helping make our fair a success. https://www.signupgenius.com/go/4090A49A8A928AAFD0-67024365-holiday
- Please note that the **deadline to sign up for lunch is now 5pm on the Monday prior to lunch**. This helps with shopping and ensures that we have enough for everyone. Thank you for your understanding and for helping us plan ahead.
- We are always looking for volunteers for breakfasts, even if it is as a fill in.
- See if you can find all 7 turkeys throughout the newsletter. ☺



We hope to see you soon!
~ Serena and Regina

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



LPi Call 800.950.9952

Breakfast, Lunch, and Center Information

BREAKFAST Tuesdays: 8:00am - 9:15am

$6.00 includes 1 glass of juice. Any additional juice is $1.00. We will be offering a variety of breakfast items. Come and join us. Eggs, bacon, sausage, hash browns, assorted toast, french toast, pancakes, omelets, coffee, tea, juice, and more. Different items weekly. All are welcome!

LUNCH Thursdays: 12:00pm - 1:00pm

$7.00 for Dine-In. $7.50 for Take-Out. *Items subject to change
RSVP at 860-738-9521 or seniordirector@colebrooktownhall.org by **5pm the Monday before please**! If you have signed up for lunch and can't make it, please let us know.

11/05/26: Chili, Cornbread, and Dessert
11/12/26: Veterans Day Lunch: Creamy Tuscan Chicken, Pasta, Salad and Cake (VETERANS DAY LUNCH BEGINS AT 11:30)
11/19/26: Birthday Lunch: Stuffed Shells, Salad, and Birthday Cake
11/26/26: HAPPY THANKSGIVING!!! No lunch at the Center
12/03/26: Tomato Soup, Grilled Cheese, and Dessert



COMMUNITY & SENIOR CENTER MEMBERSHIP

A $5 membership runs January 1, 2026-December 31, 2026. With your paid membership or donation of at least $5, you will receive a free birthday lunch ($7 value) in your birthday month. Stop by and fill out a membership form.

TRANSIT INFORMAITON

If you need medical transportation call 860-738-9521 ext. 400. If it is an emergency, call 860-379-3359 x201 (Town Hall)

CSCC WISH LIST

New 8" Frying Pans. Nonstick, PFAS/PFOA Free
We are always in need of:
Real Maple Syrup
THANK YOU!!!

COLEBROOK FOOD PANTRY

The Colebrook Associates along with CSCC are working together to provide a food pantry located in the CSCC front foyer. **Hours are Monday-Thursday 8:30am-4:30pm and Fridays 8:30am-12:00pm.** The Food Pantry is for Colebrook Residents and visitors to CSCC only. All donations can be kindly left by the pantry or in the box at the Post Office. We appreciate your kindness and generosity. Thank you! **Items needed: Baking mixes, coffee, tea, canned fruits and vegetables (except corn), pasta sauce, and rice.**

HALL RENTALS

The Community & Senior Center of Colebrook (CSCC) has a fully equipped kitchen. Hall capacity: table seating for 90 persons and auditorium seating for 190 persons. Rates are $200 for residents. $300 for non-residents. $100 cash deposit due at the time of reserving the rental. Please call 860-738-9521 or email seniordirector@colebrooktownhall.org for more information or to reserve the hall.

EQUIPMENT AVAILABLE TO USE

We have several items available (walkers, crutches, etc.). If you or someone you know could use these items, please call 860-738-9521 ext. 400.

News from the First Selectman's Office

ENERGY ASSISTANCE APPLICATIONS BEING ACCEPTED

The Selectman's Office is making appointments for energy assistance applications. Please contact Karen to set an appointment, or if you have any questions, 860-379-3359 ext.201 or email kodell@colebrooktownhall.org.

SAVE THE DATE

The Annual Holiday Fair will be held Saturday, December 12th, 2026. Come join us for a day of holiday activities.

VETERANS DAY TRASH PICKUP

Trash pickup will be on a regular schedule the week of Veterans Day.

ELECTION DAY

Election Day is Tuesday, November 3rd, 2026. The polls are open from 6 a.m. to 8 p.m. in the Colebrook Town Hall 2nd Floor Meeting Room.

ELECTRONIC RECYCLING

Electronic recycling can be disposed of at the Town Garage, 43 Sandy Brook Road, in the container to the right of the garage. Leave your items OUTSIDE the storage unit to be packaged and handled.

BULK TRASH PICKUP

Bulk trash pickup is available every week for items that will not fit in your bin. You must call 860-379-1662 by Thursday of each week for Friday morning pickup.

SELECTMAN'S EMAIL NOTIFICATION

Just a reminder that if anyone is not on our email list for community wide notices from the Selectman's office and would like to be added, please let us know by calling Karen at 860-379-3359 ext. 201 or email Karen at kodell@colebrooktownhall.org



COMMUNITY & SENIOR CENTER OF COLEBROOK TRIPS

Trip	Date	Bus Time	Bus Fee Members	Bus Fee Non-Members	Ticket Fee	RSVP By
Out to Lunch: At the Rooftop	Friday November 6th	11:30 am	$4	$9		November 3rd
Gallery of Trees, Collinsville. Lunch: Crown and Hammer	Friday November 20th	11:30 am	$4	$9		November 17th

Trip Policy

It is required that each person pay for the trip immediately when he or she signs up. If there isn't enough interest (6 or more), and the trip doesn't happen because of this, your money will be refunded to you. If you cancel on a pending trip, the Director will have the discretion to decide if a refund is warranted. Please sign up for all trips at the Center. All are welcome. *Trips are subject to change.

November 2026 Calendar



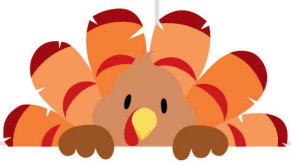
BIRTHDAYS

Cindi Davidson 11/1
Nancy Valickis 11/3
Patricia Whitford 11/13
Shari-Lynn Cormier 11/18
Nora Joyce Nelson 11/21
Scott Norton 11/26
Carol Hiller 11/28
Frankie Polidoro 11/28
Timothy Fletcher 11/30

BIRTHDAY LUNCH CELEBRATION

November 19, 2026 at 12pm Birthday attendees receive a free lunch! Please RSVP by November 16, 2026 to book your reservation.

We wish you a very Happy Birthday!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	**2**	**3** Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	4 Quilting & Crafts 10-2pm Chair Yoga 11am	**5** Lunch 12pm Trip Planning Group 1pm	**6** **Out to Lunch 11:30am**	**7**
8	**9**	**10** Breakfast 8-9:15am Bingo 1pm RSVP for Lunch	**11** Quilting & Crafts 10-2pm Chair Yoga 11am	**12** Veteran's Lunch 11:30am	**13** **Cookie Decorating 6-8pm**	**14**
15	**16**	**17** Breakfast 8-9:15am BP Clinic Bingo 1pm RSVP for Lunch	**18** Quilting & Crafts 10-2pm Chair Yoga 11am	**19** Birthday Lunch 12pm Five Wishes Presentation 1pm	**20** **Gallery of Trees Trip 11:30am**	**21** **Scrapbook Event 9am-6pm**
22	**23**	**24** Breakfast 8-9:15am Bingo 1pm No Lunch at Center Thursday	**25** Quilting & Crafts 10-2pm **NO CHAIR YOGA**	**26** **No Lunch** **CENTER CLOSED** 	**27**	**28**
29	**30**					

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Advertise in Our Newsletter!

Contact Heidi Brisson
hbrisson@4LPi.com
(800) 950-9952 x2034

PROGRAMS

Bingo

We are always in need of Bingo Callers. You can call us, email us, or sign up here http://www.signupgenius.com/go/4090A49A8A928AAFD0-49106486-bingo

Quilting and Crafts

Wednesdays 10am-2pm. Join us for quilting, scrapbooking, coloring, knitting, crocheting, or any craft you enjoy. This group shares coffee and conversation. Feel free to bring your own lunch or snack. For more information, contact Phylis Bernard at 860-480-7210

Scrapbooking and Crafting

Come join in our scrapbooking/crafting event. Everyone is welcome. Work on any project you are interested in. $10/per person. **NOVEMBER 21ST**

Feet First

Foot Clinics by Visiting Nurse and Hospice of Litchfield County. Please call 860-379-8561. There is a $35 charge collected at time the care is given. Locations are now in Winsted and Torrington (not Colebrook). The clinics are open to persons who do not have peripheral vascular disease, diabetes, or extreme foot swelling.

Blood Pressure Clinic

Blood Pressure Clinic by Foothills Visiting Nurse and Hospice of Litchfield County is offered on the third Tuesday of the month from 8:40am-9:40am, free of charge! **NOVEMBER 17**

Chair Yoga

Wednesdays at 11am with Wendy in the Town Meeting Room. Classes are $8 **NO CLASS NOVEMBER 25**

COMMUNITY HAPPENINGS

The Colebrook Lions Club is having their wonderful Poinsettia Sale

Premium quality foil wrapped plants
Colors available: Red and White
Table Top 4.5" - $7.00 each or 3 for $20.00 (3 to 4 blooms)
7.5" - $22.00 each or 2 for $40.00 (6 to 8 blooms)
10" - $36.00 each or 2 for $68.00 (9 to 15 blooms)
Pot size in inches
ORDER BY DATE: Friday, Nov. 20
PICK UP: Tuesday, Dec. 1
Pick up at the Colebrook Town Hall Meeting Room
To order please email: maureenjudge7@gmail.com

HOLIDAY OPEN HOUSE-COLEBROOK HISTORICAL SOCIETY
Sunday, December 6, 2026
3:00-5:00 pm
Holiday Treasures/Silent Auction
If you'd like to contribute a Holiday Treasure to the Auction
please contact Maureen Judge at maureenjudge@gmail.com or 860-379-7791
Final Bidding December 12
9 am-12 pm

